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# Leader's Guide

with 22 Themed Meeting Plans

# Busy Bee Leader's Guide

## with 22 Themed Meeting Plans

*The Busy Bee Leader's Guide was developed with oversight by the Adventurer Committee of the North American Division.*

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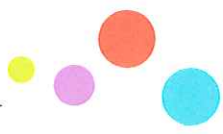
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# What You'll Find Inside



**INTRODUCTION** ..... iii

**SECTION 1**

The Busy Bee Level .....1

**SECTION 2**

Characteristics of Busy Bees .....9

**SECTION 3**

Busy Bees with Disabilities .....15

**SECTION 4**

Busy Bee Meetings .....19

Scope and Sequence .....22

Meeting 1 God's Plan to Save Me .....29

Meeting 2 God's Message to Me .....33

Meeting 3 The World of Animals .....37

Meeting 4 I Am Special .....41

Meeting 5 God's Power in My Life .....45

Meeting 6 Butterflies .....49

Meeting 7 My Feelings .....53

Meeting 8 I Can Care for My Body .....57

Meeting 9 Buttons .....61

Meeting 10 I Have a Family .....65

Meeting 11 Family Members Care for Each Other .....69

Meeting 12 Fish .....73

Meeting 13 Fire Safety .....77

Meeting 14 Be a Good Friend .....81

Meeting 15 Church Workers .....85

Meeting 16 Helping at Home .....89

Meeting 17 Making Music .....93

Meeting 18 I'm an Artist .....97

Meeting 19 Flowers .....101

Meeting 20 Mapping .....105

Meeting 21 Christmas .....109

Meeting 22 Bike Rodeo .....113

**RESOURCES**

God's Plan Coloring Sheets .....118

Photocopy Masters .....123

Award Requirements .....125

Adventurer Song Sheet Music .....137

Record Chart .....138

Contacts .....139



# Introduction



Jesus said, “Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.”

This passage from Matthew 19:14 (NIV) is often illustrated with a group of angelic children sitting attentively at Jesus’ feet. Perhaps this was the first picture that popped into your mind when you agreed to lead out with Busy Bees. However, now that you’ve had time to think about it, the picture may have quickly changed to a group of active first graders running around the room while you stand helplessly in their midst. Hopefully the reality will be somewhere in between these two pictures!

This guide was developed to assist parents and Busy Bee level leaders who want to work with children as they develop physically and spiritually. The Busy Bee curriculum can be used as part of the Adventurer Club in your church or by a group of parents who want to use a curriculum to assist them in teaching their children skills and values.

All Busy Bee activities should be fun and kid-centered. Remember that children of this age look to adults to set the pace of the meetings and model how they should respond to situations. So . . . take a deep breath, say a prayer, and keep your sense of humor. Your adventures with Busy Bees are about to begin!

# Section

# 1

## The Busy Bee Level

This section contains an overview of the Busy Bee level. You'll get a quick look at where Busy Bees fit into the Adventurer Club, the goals, Pledge, Law, song, and more!



Busy Bees are part of the Adventurer Club which is for children from pre-kindergarten to fourth grade. Adventurers can be found worldwide with a membership of more than 2 million boys and girls.



## ADVENTURER LEVELS



Pre-kindergarten



Kindergarten



First Grade



Second Grade



Third Grade



Fourth Grade

## ADVENTURER CLUB LOGO

The logo is a visual reminder of what the Adventurer Club is all about. The Adventurer Club is a ministry for families that is supported by a strong biblical foundation. All club activities are focused on connecting children and their parents/caregivers to Jesus.

Focused on Jesus

Family-centered

Bible-based





# Busy Bee Goals

- 1 Demonstrate God's love for children.
- 2 Promote the values expressed in the Adventurer Pledge and Law.
- 3 Create an environment where all children can contribute.
- 4 Encourage children to have fun.



## Busy Bee Logo



### ADVENTURER PLEDGE

Because Jesus loves me,  
I will always do my best.

### ADVENTURER LAW

Jesus can help me to:

- Be obedient
- Be pure
- Be true
- Be kind
- Be respectful
- Be attentive
- Be helpful
- Be cheerful
- Be thoughtful
- Be reverent

### ADVENTURER SONG

We are Adventurers  
 At home, at school, at play  
 We are Adventurers  
 We're learning every day  
 To be honest, kind, and true  
 To be like Jesus through and through  
 We are Adventurers!





## The Busy Bee Curriculum

One of your responsibilities as Adventurer parents and staff is to encourage the physical, mental, and spiritual development of each child. The Adventurer curriculum levels were created to assist you with this responsibility. The Busy Bee requirements are organized into five areas: Basic, My God, My Self, My Family, and My World. Additionally, children can earn lots of fun and educational awards.

Most children will complete the program requirements, except for the Busy Bee Reading award\*, as part of the Busy Bee meetings (pp. 29-116). The completion of each requirement will be noted in the lesson so you can put a star or sticker by the child's name on the Busy Bee chart and/or card. At the end of the Adventurer year, each child completing all the requirements will receive the Busy Bee pin during the Investiture Service.

It is important for Adventurer staff to understand that not all Busy Bees will be at the same developmental level or have the same physical abilities, so you'll need to be flexible in how the children complete these requirements. It is up to you to interpret how the children fulfill these requirements. For example, not all children will be able to memorize or read Bible verses. Instead, you can explain the verse to the child and then have the child draw a picture illustrating the verse. A child who might not be able to grip a paintbrush could instead dip a large sponge into paint and decorate a sheet of paper. Again, flexibility and creativity are the keys to ensuring the success of each Busy Bee.



\*The Busy Bee Reading award is usually done outside of meeting time with a parent or guardian. (requirements on p. 7)

Find lots of activity ideas & resources at [Pinterest.com/AdventSource](https://www.pinterest.com/AdventSource)







# Busy Bee Investiture Requirements

## BASIC

- I. Recite and accept the Adventurer Pledge.
- II. Complete the Busy Bee Reading award.



See p. 7 for Busy Bee Reading award requirements.

## MY GOD

- I. **God's Plan to Save Me**
  - A. Create a story chart or lapbook showing the order in which these events took place:
    - Creation
    - The first sin
    - Jesus cares for me today
    - Jesus comes again
    - HeavenOR the Bible stories you are studying in school or Sabbath School. (See pp. 118-122 for coloring sheets.)
  - B. Use your story chart or lapbook to show someone how much Jesus cares for you.
- II. **God's Message to Me**

Complete the Bible I award.
- III. **God's Power in My Life**
  - A. Spend regular quiet time with Jesus to talk with Him and learn about Him.
  - B. Ask three people why they pray.



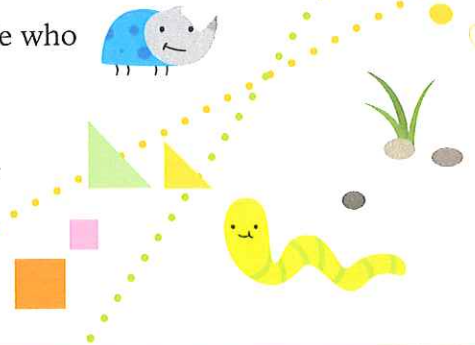
## MY SELF

- I. **I Am Special**

Participate in an activity or make a craft showing different people who care for you.
- II. **I Can Make Wise Choices**

Name at least four different feelings. Participate in an activity or make a craft showing different feelings.
- III. **I Can Care for My Body**

Complete the Health Specialist award.





## MY FAMILY

### I. I Have a Family

Show or explain what you like about each family member.

### II. Family Members Care for Each Other

**A.** Discover what the fifth commandment (Exodus 20:12) tells you about families.

**B.** Act out three ways you can honor your family.

### III. My Family Helps Me Care for Myself

Complete the Safety Specialist award.



## MY WORLD

### I. The World of Friends

Tell how you can be a good friend. Use:

- Puppets
- Role playing
- Your choice

### II. The World of Other People

**A.** Discuss the work people do for your church.

**B.** Learn about one job by helping the person do it.

### III. The World of Nature

Complete the Friend of Animals award.



## Adventurer Awards

Busy Bee patches are called awards. There are lots of awards and each one is designed to encourage your Busy Bees to explore, learn, and play. Once a Busy Bee has completed all the required activities for an individual award he or she can receive that patch.

Many awards are completed as part of the Busy Bee curriculum but your club will probably set aside time just for awards.

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It is important to note that the awards have levels that correspond with the Adventurer levels. When you are selecting an award to complete, make sure that you choose age-appropriate awards.

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When working on awards it is up to the leader to adapt the requirements to the club and children's needs. For example, an award may require the child to play an action game using a community helper's skills. As parent or leader you might choose to watch a video or visit a community helper.

It is also up to you to decide when a child has met the intent of the award. Remember that not all children will be capable of completing all award requirements as written. It is more important that the children try new things and have fun than compete with each other to receive the most awards or become frustrated by requirements that are beyond their abilities. Flexibility on your part will make the experience more enjoyable and positive for both children and parents!

Children of this age need immediate rewards so you will want to consider giving Busy Bees their patch for completing the award right away to put on their sash. You can also put a star or sticker by each child's name on the record chart when the requirements for an award are completed (see p. 138 or print a PDF from the Resource USB Flash Drive).



### BUSY BEE READING AWARD

Awarded to Adventurers who listen while someone else reads:

1. Genesis 1:1 through 2:3 or Revelation 21:1 through 22:5 from a simple, modern translation of the Bible
2. A Bible story or book about Jesus
3. A book on health or safety
4. A book on family, friends, or feelings
5. A book on history or missions
6. A book on nature

Visit [adventsource.org](http://adventsource.org) for age-appropriate books for the Reading award.



## WHERE DO I FIND THE AWARD REQUIREMENTS?

The Resource USB Flash Drive available from [adventsource.org](http://adventsource.org) includes requirements for all Adventurer awards as of publication date. New patches are being created every year so check [Adventurer-Club.org](http://Adventurer-Club.org) for all the new patch requirements and helps.



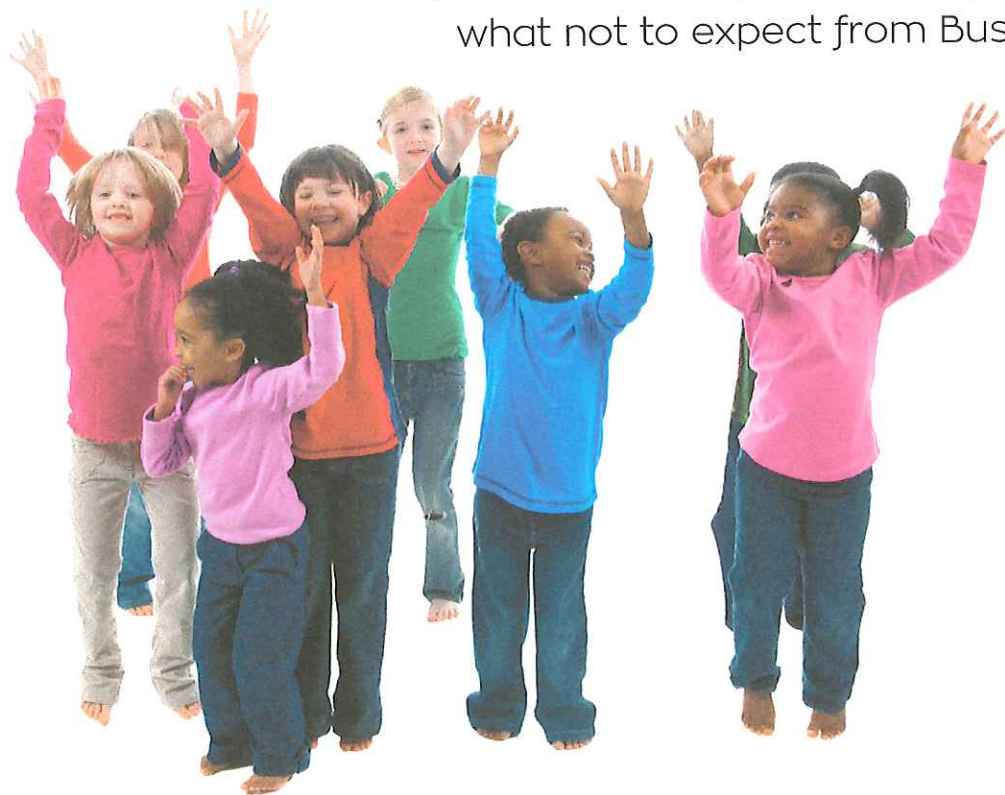
Leaders should think ahead about how they are going to recognize their Busy Bees during the Investiture program at the end of the year. One idea is to cut a length of ribbon for each Busy Bee and attach the child's name to the top. Throughout the year, add pictures of all the awards that the child received. Give each child their ribbon when they receive their Busy Bee pin during the Investiture Service.



# Section 2

## Characteristics of Busy Bees

This section gives you and your staff a quick overview of what to expect and what not to expect from Busy Bees.





## What You Need to Know About Busy Bees

In the book *Child Guidance* (Review and Herald, 1954), Ellen White encourages parents to understand the developmental needs of their children. This section helps you with just that—understanding the physical, cognitive, and social characteristics of Busy Bees. Remember that children develop at their own pace, so some children in your club may not have reached these markers, and others will have passed them. Also, abilities that children don't have at the beginning of the Adventurer year, they may obtain later in the year. Busy Bees are quickly growing and learning. Make sure you focus on the specific needs of each child and not the stages.





## Physical Characteristics

- Are beginning to develop fine motor skills.
- Are learning to copy shapes.
- Enjoy testing muscle strength and skills.
- Are sloppy and in a rush.
- Are learning to tell left from right.
- Tire easily.
- Have improved balance.



## Cognitive Characteristics

- Have a short attention span.
- May reverse letters.
- Like real-life activities.
- Are increasing their vocabulary.
- Are beginning to understand time and the days of the week.
- Think things are right or wrong, no middle ground.



## Social Characteristics

- Are learning how others see them; are self-conscious.
- Want to make friends but may be bossy.
- Are competitive, which may lead to cheating.
- Are sensitive to criticism.
- Are rules oriented and want to do the right thing.
- Have a strong need for love and attention from parents and other adults.
- Replace home with school and the Adventurer Club as the most significant influence.
- Squirm while sitting, run instead of walk, skip, tumble, and throw.
- Enjoy learning through active discovery.
- Can catch a ball, tie shoes, manage buttons, and stand on one leg.
- Might have tantrums, tease, be bossy, tattle, or complain if they are tired or think someone is doing something wrong.
- Ask a lot of questions.
- Are noisy.
- Need positive attention and praise from adults.



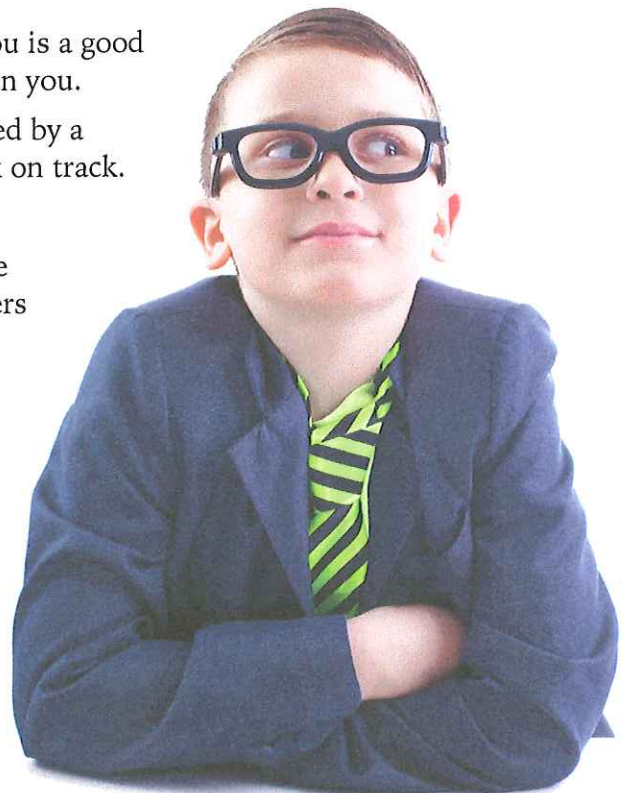


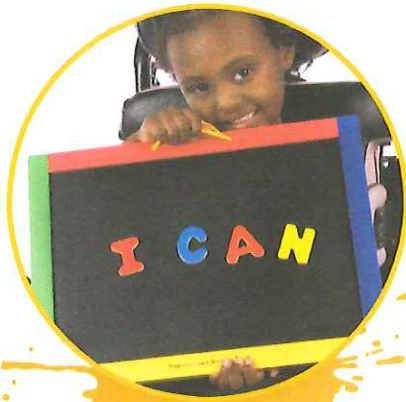
## Do's and Don'ts of Discipline

One of the best ways to prevent disciplinary problems is to keep Adventurers busy and on task. The following strategies will help you manage your Adventurers. And remember, you're there to help the children and their families learn to love Jesus; therefore, it is important that you model love, patience, and a cheerful attitude. You want the Adventurer Club to be a fun experience for everyone, so try to keep your sense of humor and compassion even when an Adventurer's behavior is a problem.

### DO

- Have a few short, simple rules and post them. Sample rules: Be kind to others. Use good manners. Listen quietly to others. Follow directions. Be positive.
- Use signals to let the children know when you want their attention. Signals can be just about anything such as quickly turning a light on and off, turning a flashlight on and off, raising your hand, or using a clicker.
- Use silence. Stop what you are doing and stay quiet until their focus is back on you.
- Make eye contact. Often getting a child to look at you is a good way to get her to stop what she is doing and focus on you.
- Use names. If you say an Adventurer's name followed by a question or directions, you can usually get him back on track.
- Stand near an Adventurer to get her back on task.
- Ask adults to interact with the children. If adults are happily participating in the activities, the Adventurers are more likely to model the adults' behavior. Additionally, having adults involved can prevent misbehavior from escalating.





## DON'T

- Embarrass or shame a child in front of others or privately
- Overreact
- Lose your temper—no screaming, using threats or nagging
- Hit or spank
- Insult a child by saying “you’re stupid,” “you’re useless,” “you’re a klutz”
- Use sarcasm
- Compare children
- Label children
- Demand respect—respect is earned
- Expect children to behave as adults



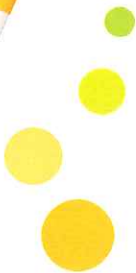
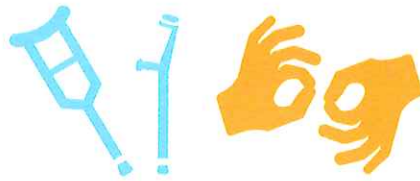
# Section

# 3

## Busy Bees with Disabilities

Learn how every Busy Bee can fully participate in your club by understanding each child and knowing how to plan inclusive activities.



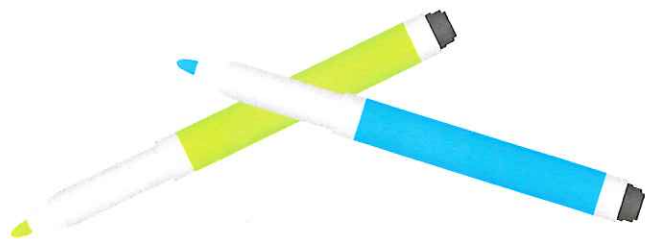


## Including Busy Bees with Disabilities

When you learn that a child with a disability will be a member of your club, you might initially feel overwhelmed. Don't worry. Often simple changes to an activity or requirement are all that is needed. Kids this age with disabilities can generally tell you when they require assistance and if they can't their parents or guardians can. Remember that parents or guardians are not looking to you to discredit a diagnosis or to offer a "cure" for a condition; rather they are looking to you to welcome and include their child. Additionally, the other children and adults look to you to see how to act, so make sure you treat the child with a disability with the same openness and ease that you show all of the children.

### DO'S

- Speak directly to the child, not to the adult.
- Recognize that a child's physical disabilities don't indicate mental disabilities.
- Ask about the child's medical or special equipment needs.
- Explain special equipment to all children to alleviate fears.
- Take extra care in planning for the safety of the child with special needs.
- Ensure the meeting facility is handicapped accessible.
- Ask the child how they would prefer to complete a task.
- Foster independence.
- Focus on all children's strengths.
- Expect reasonable behavior from all children.
- Be flexible.





## Planning Inclusive Activities

At times you will need to substitute or change program requirements in order for children with disabilities to participate. However, this may require some creative thinking on your part. Remember that the point is for the activity to be fun and meaningful for the child. Here are some ideas to get you started.

- Instead of requiring the child with a learning disability to memorize Bible verses, let her draw pictures of the themes of verses: Jesus cares for me today, Jesus comes again, and Jesus will take me to Heaven.
- For the autistic child over-stimulated by others and noise, let him sort colored buttons instead of playing a button game with other children.
- If a child has a balance problem, provide a bike with training wheels for the bike rodeo.
- Instead of making a creation story chart, a blind child can make a creation collage using small plastic animals and other tactile objects.
- A child with cerebral palsy and poor fine motor skills may not enjoy coloring. Try enlarging the coloring sheet and taping it to the table so it won't slip. Large crayons might be easier for her to use than small crayons.
- Teach all children to use sign language for the Adventurer Pledge. This will allow a deaf child or a child with a speech impairment to participate.
- A child with Down syndrome who exhibits delayed speech can act out feelings and have an adult take a picture. Then the child can glue the picture onto construction paper with the help of an adult.





## Resources

Check out these websites or search the Internet to find information about specific disabilities:

- [disabilityresources.org](http://disabilityresources.org)
- [canchild.ca](http://canchild.ca)

## ADDITIONAL IDEAS

- Invite a special education teacher to talk to the Adventurer staff.
- Visit your local library for books about children with disabilities.



# Section 4

## Busy Bee Meetings

Busy Bees love to buzz around and be active! These lessons let your Busy Bees have fun exploring their world and growing closer to Jesus.





## Busy Bee Meetings

The Busy Bee program includes 22 meetings. The meetings are the core of your program—this is where things really happen! Each meeting includes the following:

- Theme
- Resources
- Crafts, games, projects, and songs
- List of materials

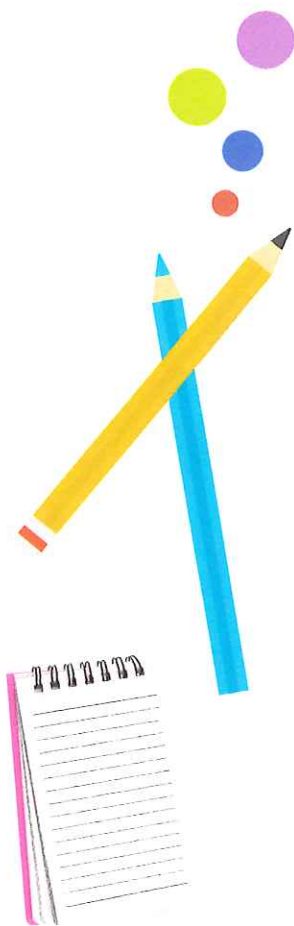
➔ Only 12 meetings are required for Investiture. See pp. 22–27.

## Activity Tips

Busy Bee meetings should be designed to meet your church’s mission, your goals, and, most importantly, the children’s needs. With this in mind, the activities in this section are designed to be flexible. Don’t feel as if you must replicate each of them, although you can. Instead, adapt the meeting themes and activities to best suit your club by changing the order of the meetings; combining, deleting, and adding activities; or by using them as inspiration for creating your own activities.

While all of the activities in this section are designed to maximize fun, they also lead the children to Jesus and enable them to learn about their world, their families, and themselves. You can intentionally assist the children in recognizing these connections to Jesus and their world by specifically stating the purpose of the meeting, connecting the activities to the meeting theme, and asking the children questions that encourage them to summarize the themes in their own words.

Each meeting fulfills a program requirement or the requirements for an award. At times, the activities may vary from the actual program or award requirements. However, all suggested activities honor the intent of the requirements. It’s up to you as the leader to decide how and if requirements are met.



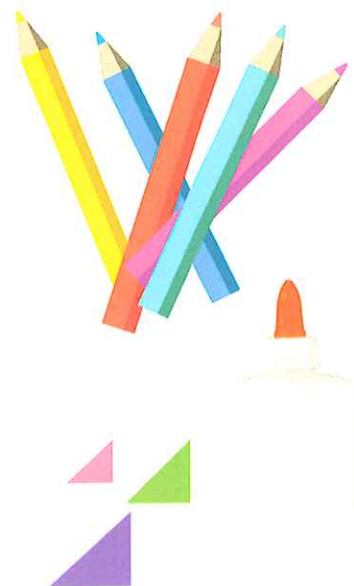
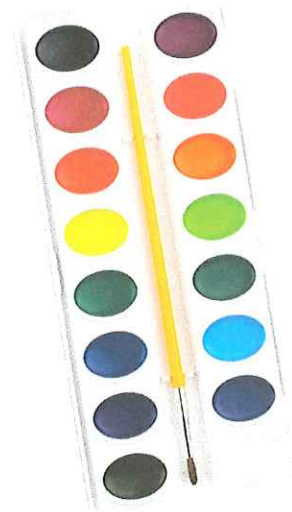
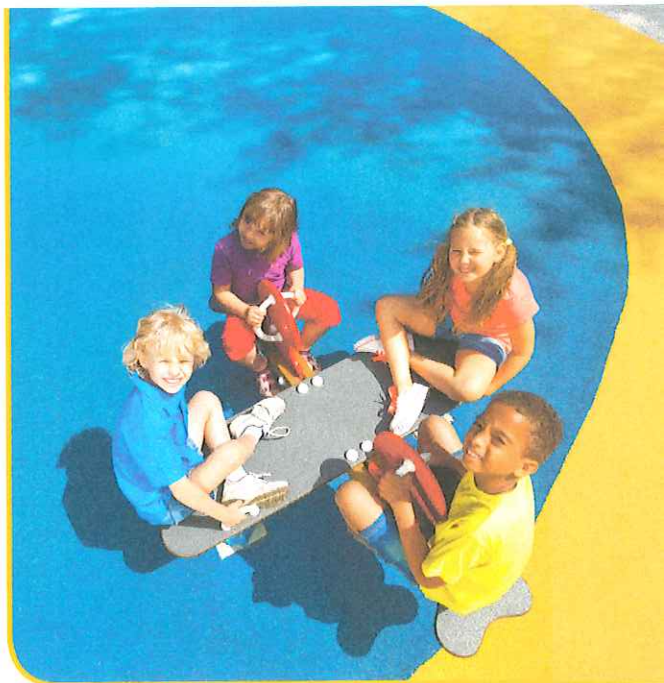


# ••• ABC

Whatever themes and activities you select, consider using the same organizational structure for each meeting, since children this age benefit from consistency. Make sure the children know what to do while waiting for instruction, rules for behavior during activities, and clean-up procedures. This structure helps the children know what to expect and how to act throughout the meeting.




Also, be aware that the pace of activities will differ from club to club and meeting to meeting. Sometimes the children will quickly complete everything you planned. It's good to have a back-up game or activity for when this happens. Other times, the children may really enjoy an activity and not want to stop. It's okay to omit activities that you've planned and continue with something that everyone is enjoying. And if something isn't going smoothly, you can stop the activity and redirect the children to something new.

Finally, flexibility and enthusiasm are the keys to conducting successful Busy Bee meetings!



# Busy Bee Scope and Sequence



	REQUIRED FOR INVESTITURE	REQUIRED FOR INVESTITURE	REQUIRED FOR INVESTITURE	REQUIRED FOR INVESTITURE
<b>Themes</b>	<b>MEETING 1</b> My God God's Plan to Save Me	<b>MEETING 2</b> My God God's Message to Me	<b>MEETING 3</b> My World The World of Animals	<b>MEETING 4</b> My Self I Am Special
<b>Activities</b>	God's Plan Wheel Free Gift Sing-along	Bible Bookmarks Bible Books Hopscotch Bible Characters Photo Op	Animal Neighbors Animal Masks Caring for Pets	Caring People Dress-up Paper Plate Mask Caregiver Collage
<b>Requirements Completed</b> 	<b>My God I: God's Plan to Save Me</b>	<b>My God II: God's Message to Me</b> Complete the Bible I award.	<b>My World III: The World of Nature</b> Complete the Friend of Animals award.	<b>My Self I: I Am Special</b>
<b>Awards*</b>		Bible I 	Friend of Animals 	

\*Check the requirements for each patch and add additional activities as needed.

REQUIRED FOR  
INVESTITURE

REQUIRED FOR  
INVESTITURE

REQUIRED FOR  
INVESTITURE

### MEETING 5 My God

### MEETING 6 My World

### MEETING 7 My Self

### MEETING 8 My Self

#### Themes

God's Power  
in My Life

Butterflies

My Feelings

I Can Care  
for My Body

#### Activities

Prayer Bag

Butterfly Life Cycle

Feeling Faces

Proper Diet

Rainbow Thank You  
Scavenger Hunt

Caterpillar Fun

Painted Rocks

Fresh Air

Thank You  
Charades

Born Again

I Use My Words

Water

#### Requirements Completed

My God III: God's  
Power in My Life

My Self II:  
I Can Make  
Wise Choices

My Self III:  
I Can Care  
for My Body  
Complete the  
Health Specialist  
award.



#### Awards\*

**Optional:** Add  
activities to  
complete the Friend  
of Jesus award.

Butterfly



Health Specialist



\*Check the requirements for each patch and add additional activities as needed.

REQUIRED FOR INVESTITURE

REQUIRED FOR INVESTITURE

	<b>MEETING 9</b> My World	<b>MEETING 10</b> My Family	<b>MEETING 11</b> My Family	<b>MEETING 12</b> My World
<b>Themes</b>	Buttons	I Have a Family	Family Members Care for Each Other	Fish
<b>Activities</b>	Hide the Button Sharing My Own Button Box	Family Thumbprint Portrait Family Chain Dress-up Charades	Honoring My Parents Respect and Honor Role Play Honor by Obeying	Fish Portrait Fishers of People Fish Relay Fish Tag
<b>Requirements Completed</b>		<b>My Family I: I Have a Family</b>	<b>My Family II: Family Members Care for Each Other</b>	
<b>Awards*</b>	Buttons 		<b>Optional:</b> Add activities to complete the Spotter award.	Fish 



\*Check the requirements for each patch and add additional activities as needed.

REQUIRED FOR  
INVESTITURE

REQUIRED FOR  
INVESTITURE

REQUIRED FOR  
INVESTITURE

### MEETING 13 My Family

### MEETING 14 My World

### MEETING 15 My World

### MEETING 16 My Self

#### Themes

Fire Safety

Be a Good Friend

Church Workers

Helping at Home

#### Activities

Fire Safety Games

Cooperation Tulips

Appreciation/Thank  
You Paper Cards

Puppet Duster

Safety Poster

Playing Together

Job Shadowing

Household Helpers

Safety Detective

Alike and Different:  
It's All Good

Prayer Picture

Cleaning Is Helping

#### Requirements Completed



**My Family III: My  
Family Helps Me  
Care for Myself**  
Complete the  
Safety Specialist  
award.

**My World I: The  
World of Friends**

**My World II:  
The World of  
Other People**

#### Awards\*

Safety Specialist



**Optional:** Add  
activities to  
complete the  
Cooperation award.


Home Helper

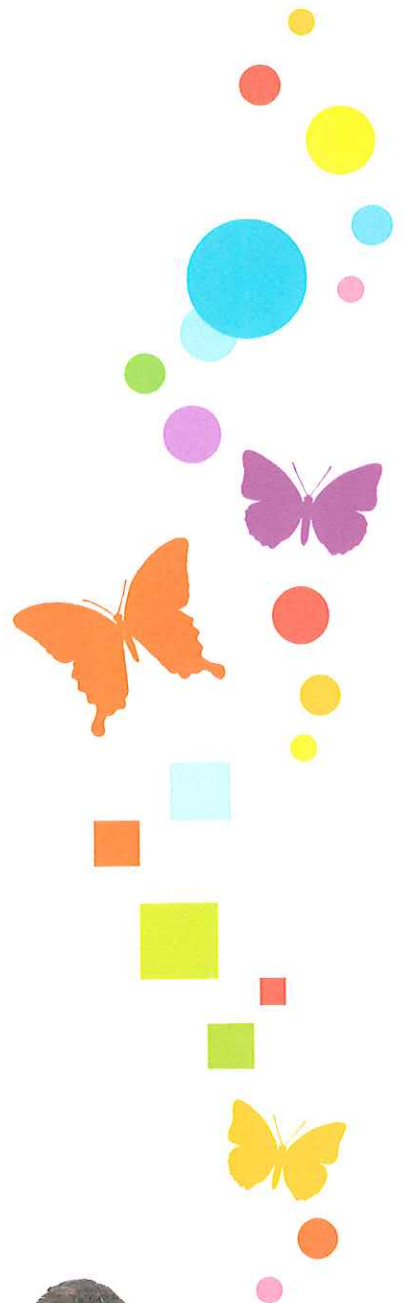


\*Check the requirements for each patch and add additional activities as needed.

	<b>MEETING 17</b> My World	<b>MEETING 18</b> My Self	<b>MEETING 19</b> My World	<b>MEETING 20</b> My World
<b>Themes</b>	Making Music	I'm an Artist	Flowers	Mapping
<b>Activities</b>	Make Your Own Instrument Rhythm Musical Maker	Fold and Mix Paintings Shapes and Textures Decorative Tiles	Paint with Flowers Bees Seeds	Maze Excuse Me, I Need Directions My Map
<b>Requirements Completed</b>				
<b>Awards*</b>	Music Maker 	Artist 	Flowers 	Guide 

\*Check the requirements for each patch and add additional activities as needed.

	<b>MEETING 21</b> My World	<b>MEETING 22</b> My World
<b>Themes</b>	Christmas	Bike Rodeo
<b>Activities</b>	The Star Gifts with Handmade Wrapping Paper Trees	Bike Rodeo Activities
<b>Requirements Completed</b>		
		
<b>Awards*</b>		



\*Check the requirements for each patch and add additional activities as needed.



Whoohoo! Time to start the fun!

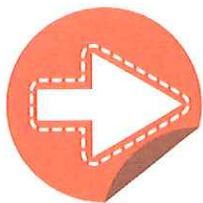




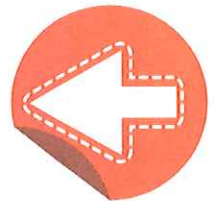


# Meeting 1

God's Plan  
to Save Me



Here are three fun ways that you can teach Busy Bees about God's plan to save them. Adapt these ideas to meet the needs of your Busy Bees or use your own activities.





The following activities fulfill the requirements for My God I: God's Plan to Save Me. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

# God's Plan Wheel

15  
MINUTES

### MATERIALS NEEDED

- 12 in (30.5 cm) circle cut from corrugated cardboard, one per child
- 12 in (30.5 cm) circle cut from lightweight cardboard, one per child
- Metal paper fasteners, one per child
- Rulers
- Pencils
- Markers
- Children's Bible story book showing pictures of creation

### WHAT YOU DO

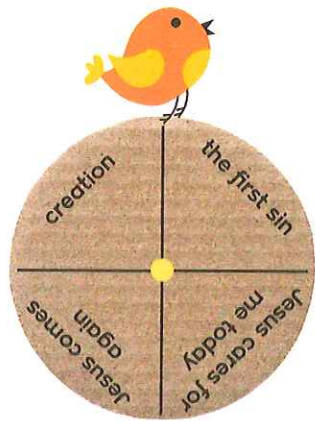
Begin by asking the children to tell you what they know about creation. Show them pictures of creation from a children's Bible story book. Then talk to them about how God felt when Adam and Eve disobeyed Him. Explain how God cared for them and had a plan for them. Ask the children how they know God cares for them today. (This is a great time for the parent/guardian of each child to talk with the child and help him or her to answer this question.) Conclude by explaining that God's plan includes coming again to take them to heaven. This should be brief and told simply.

Now show them a sample God's plan wheel you've completed. Then give each Busy Bee a 12 in (30.5 cm) circle cut from corrugated cardboard. Next, have an adult help the Busy Bee draw lines to divide the circle into four equal parts. Remind the Busy Bees that God's plan to save them has four parts: creation, the first sin, Jesus cares for me today, and Jesus comes again.

Direct the Busy Bees to draw a picture in each section of the circle to represent a different part of God's plan. (This is another great time for parents/guardians to assist the children with ideas.) When the Busy Bee is done drawing in each section, have him or her cut a wedge from the lightweight cardboard circle. The wedge should be slightly smaller than one of the sections on the corrugated cardboard circle. The children will need adult assistance with this step. Then have the Busy Bee place the lightweight cardboard circle on top of the corrugated cardboard circle with the drawing facing up. Now have an adult poke the paper fastener through the center of both circles.

Ask each Busy Bee to turn the top circle to show a different part of God's plan to save her or him and to explain the picture either to a parent/guardian or the entire group.

Finally, have each Busy Bee explain in their own words how much Jesus cares for us.



### Alternate Investiture Activity

Create a story chart or lapbook using the Busy Bee Activity Book or coloring sheets on pp. 120-124. Have the Busy Bees use their story chart or lapbook to show someone how much Jesus cares for them.

# Free Gift

20  
MINUTES

## WHAT YOU DO

Ahead of time: Prepare a gift for each Busy Bee by placing a printout of John 3:16 and some stickers inside a small box and then wrapping it.

Begin by giving each Busy Bee a gift. Stress that the gift is free and given because you love each of them. After they open their gift, have each Busy Bee (with a parent/guardian) look up the text, read, and discuss. Explain that God's love and His plan for salvation is a free gift to each of them.

Now it's their turn to make gifts for others. Explain that they can make a gift for anyone they want. Ask each Busy Bee to draw a picture for someone they love. (The picture can be of anything they want.) Then have them place the picture in a large box along with another printout of the text John 3:16. Now, with the help of a parent/guardian, have the Busy Bee wrap the gift.

2

## ACTIVITY

### MATERIALS NEEDED

- Small gift boxes, one per child
- Large gift boxes, one per child
- Printouts of John 3:16
- Wrapping paper
- Safety scissors
- Stickers of Jesus or the cross
- Tape
- Construction paper
- Crayons



## ACTIVITY

# 3

## Sing-along

10  
MINUTES

### WHAT YOU DO

Read Psalm 106:1 (NIV): “Praise the Lord. Give thanks to the Lord, for he is good; his love endures forever.” Explain that this means that God has promised to love each of them forever and that God keeps His promises.

Now teach the Busy Bees a new song about God’s love and promises.  
Suggested song: “Every Promise He Makes.”

### MATERIALS NEEDED

- “Every Promise He Makes” or a song of your choice. The words and lyrics to “Every Promise He Makes” can be found at [kidspraise.info](http://kidspraise.info). This site has free songs to use in children’s ministry. Click on “listen” to hear the song.

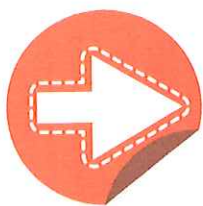


**Requirements:** My God I, A and B

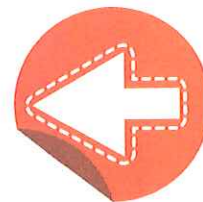


# Meeting 2

God's Message  
to Me



Here are three fun ways for Busy Bees to learn about God's message while completing the Bible I award. Adapt them to meet the needs of your Busy Bees or use your own activities.





The following activities partially fulfill the requirement for My God II: God's Message to Me, which is to complete the Bible I award. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

# Bible Bookmarks

10  
MINUTES

### MATERIALS NEEDED

- Paint sample strips, two per child
- Hole punch
- Yarn in a variety of colors, cut into 6 in (15 cm) lengths
- Decorative stickers or stamps and ink
- Markers
- Bibles, one per child

### WHAT YOU DO

Begin by passing out the Bibles and asking the Busy Bees the names of the first and last books of the Bible. With the help of an adult, if needed, have each Busy Bee find Genesis and Revelation.

Show the Busy Bees two bookmarks you've completed. Let each Busy Bee select two sample paint strips and yarn. Next have each Busy Bee punch a hole in the top of each paint strip. Now have an adult write "Genesis" below the hole of one paint strip and "Revelation" below the hole of the other paint strip. An adult should do this because Busy Bees may not be able to write small enough to print the chapters across the paint strips. Then have the Busy Bees decorate each paint strip with stickers or ink stamps. Once they have decorated the paint strips, have them (with the help of an adult) put four pieces of yarn through the hole of each paint strip and tie a slip knot. Encourage the Busy Bees to use their bookmarks in their Bibles.



# Bible Books Hopscotch

## WHAT YOU DO

For this game the Busy Bees will play on a hopscotch court that contains the names of books of the Bible. The books will be written in the order that they appear in the Bible. As the children hop into a hopscotch square, they say the name of the Bible book that is in the square. To keep all of the children engaged, have them holler out the book even if it isn't their turn. This is also a good way to help children who don't read or can't remember the Bible books.

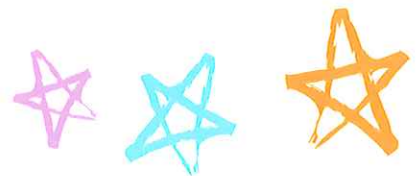
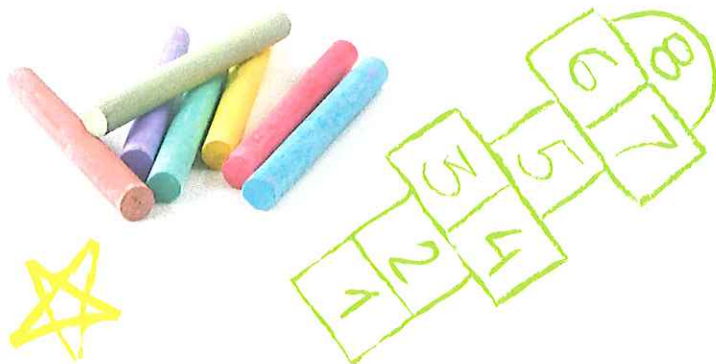
If your Busy Bees don't know the books of the Bible, start simple. With sidewalk chalk or painter's masking tape, create a simple hopscotch pattern that contains just a few books of the Bible. In the first four boxes (or whatever shape you draw), write the names of the first four books of the Bible. For example, in box one write "Genesis," in box two write "Exodus," in box three write "Leviticus," and in box four write "Numbers." Then repeat the same books until you've filled up all of the hopscotch boxes.

To make this more challenging for children who know the books of the Bible, you can make a really large hopscotch court and fill it with more Bible books—but keep them in order. Hopscotch can use a variety of shapes, so don't be afraid to get creative.

Before the Busy Bees start playing, have a couple of parents/guardians model how to play.

### TIP

Never played hopscotch or want ideas of how to make hopscotch more challenging? Go to [wikihow.com/Play-Hopscotch](http://wikihow.com/Play-Hopscotch) to learn how.



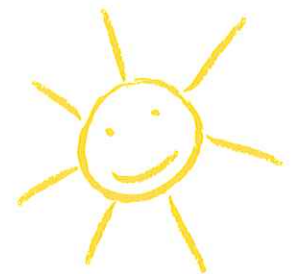
10  
MINUTES

2

ACTIVITY

### MATERIALS NEEDED

- Sidewalk chalk or painter's masking tape
- Small rocks



## ACTIVITY

# 3

# Bible Characters Photo Op

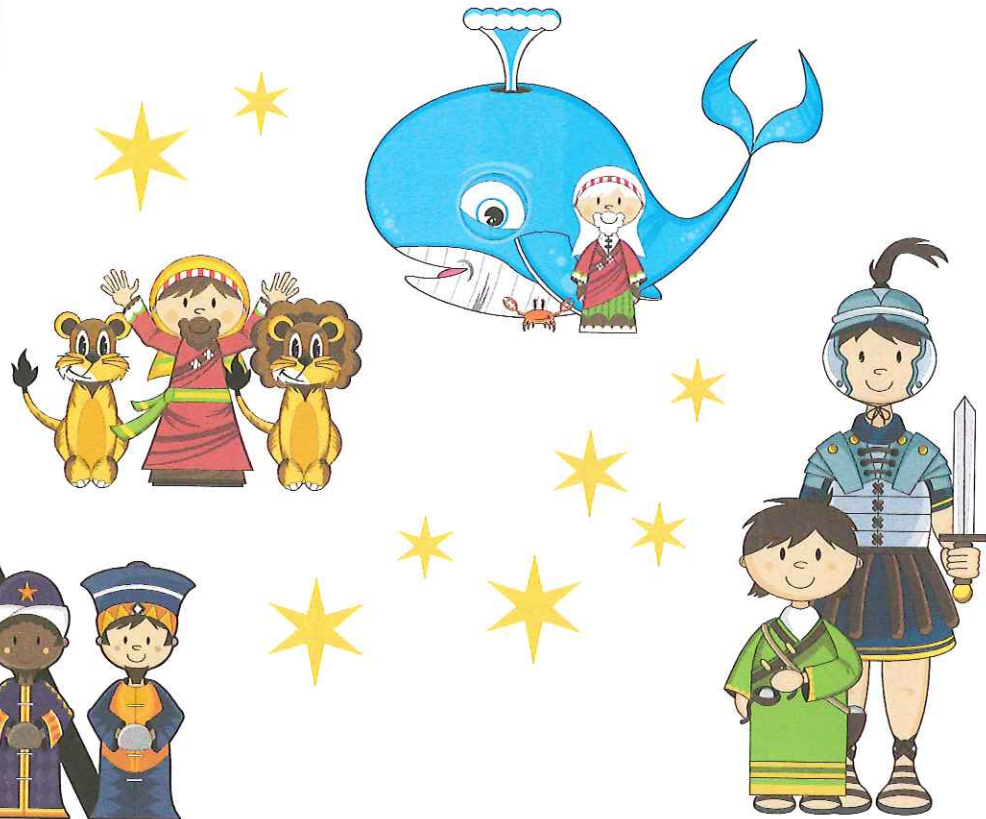
10  
MINUTES

## MATERIALS NEEDED

- A variety of Bible dress-up props. You'll need sizes that fit adults and Busy Bees. Suggestions: robes; oversize t-shirts, towels or fabric squares (for head scarves); ties or ribbon for belts; paper crowns; angel wings (cut from cardboard), cardboard or plastic swords; beards (glue cotton balls or yarn onto cardboard to create a half mask).
- Camera

## WHAT YOU DO

Have each Busy Bee and his or her parent/guardian decide what Bible character they want to dress up as. Then let the Busy Bee dress up the adult and him or herself. Once they are in costume, have them strike fun poses and have their picture taken. If there is time you can let them dress as more than one Bible character. Send the photos electronically to the Busy Bees' parents/guardians or print the pictures to give to the children at the next meeting.



## Award: Bible I

To complete this award, check the requirements on p. 125 and add activities as needed.



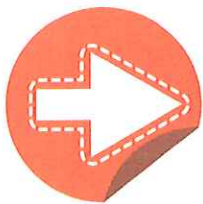
**Requirement:** My God II



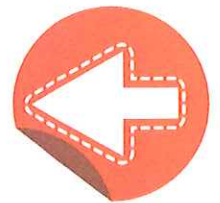


# Meeting 3

## The World of Animals



Here are three fun ways to teach Busy Bees about the animals God made for us to enjoy. Adapt the activities to meet the needs of your Busy Bees or use your own activities.





The following activities partially fulfill the requirement for My World III: The World of Nature, which is to complete the Friend of Animals award. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

# Animal Neighbors

15  
MINUTES

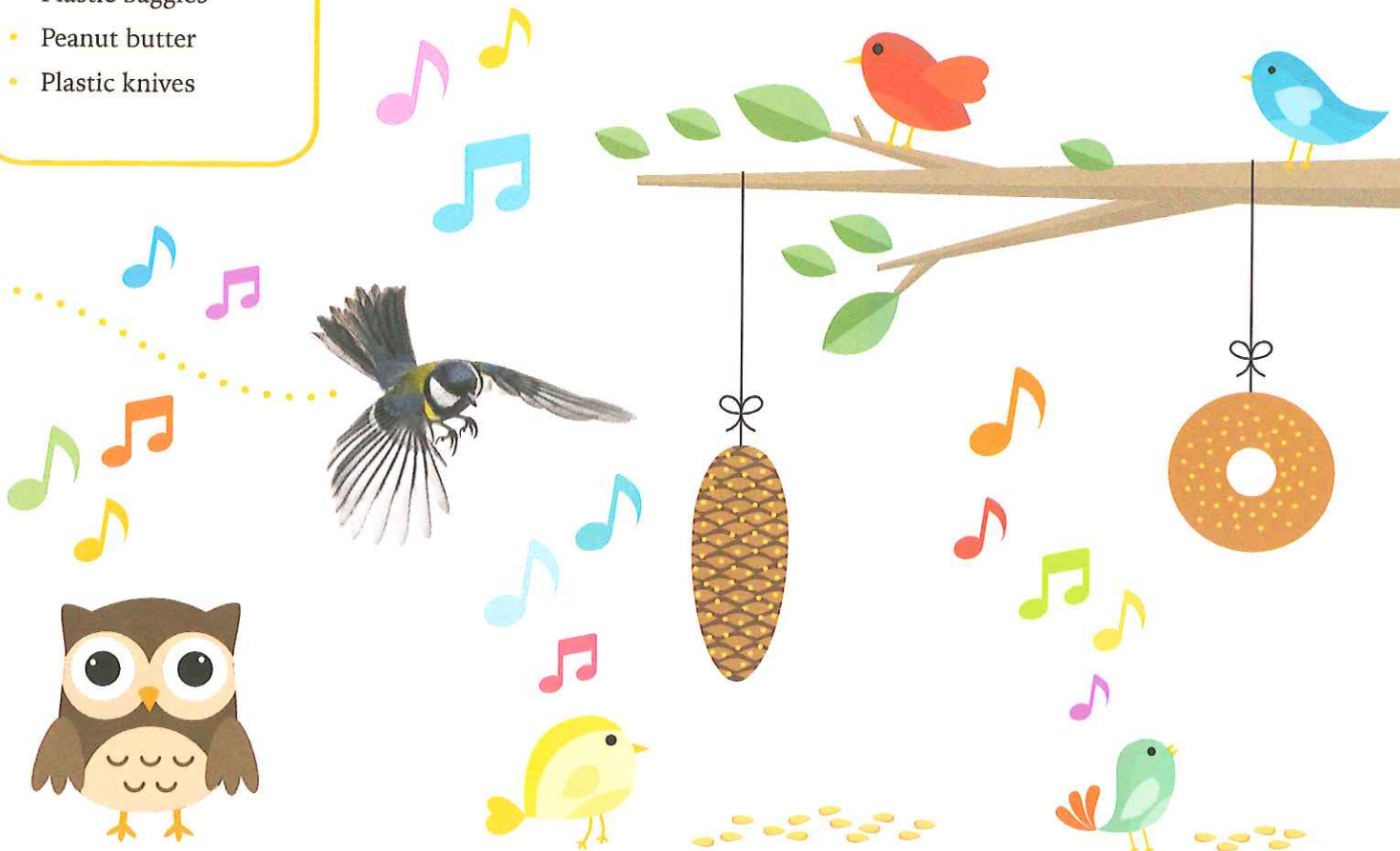
## WHAT YOU DO

Ahead of time: Tie pieces of string or jute to bagels/pine cones.

Show the Busy Bees pictures of birds that are common in their neighborhoods and play the sounds they make. See if the children can imitate the sounds they hear. Talk to your Busy Bees about bird watching and how to set up a feeder at their home in order to see what kinds of birds are in their neighborhood. Give each child the bagel or pine cone with string tied to it. (For children living in apartments or areas with no yards, they can make feeders to take to nursing homes, schools, or the church.) Have the children coat the bagel or pine cone with peanut butter. Make sure that none of your Adventures are allergic to peanuts. If they are, substitute with a different nut butter or shortening. Then have the children roll the bagel/pine cone in bird seed. Place the bird feeder in a plastic baggie to take home. The coated bagel/pine cone can then be hung anywhere the Busy Bee can safely watch.

## MATERIALS NEEDED

- Pictures of birds that live in your region
- Bird sounds: check out Cornell University's resources at [birds.cornell.edu/AllAboutBirds/studying/birdsongs/](http://birds.cornell.edu/AllAboutBirds/studying/birdsongs/)
- Bagels or pine cones
- Bird seeds
- Jute or string
- Plastic baggies
- Peanut butter
- Plastic knives



# Animal Masks

## WHAT YOU DO

Begin by showing the Busy Bees pictures of animal homes (i.e. insect, anteater, dog, bear, beaver, etc.). Ask the Busy Bees to identify the animal that lives there by acting out the animal. Then have each child make a half mask of an animal using felt. For safety purposes have an adult cut out the holes for the eyes and assist with hole punching the sides and tying the elastic or ribbon. The Busy Bee can glue on a pom pom for the nose and use extra felt for spots, a long nose, or pointy ears. This is a great project for creativity.

15

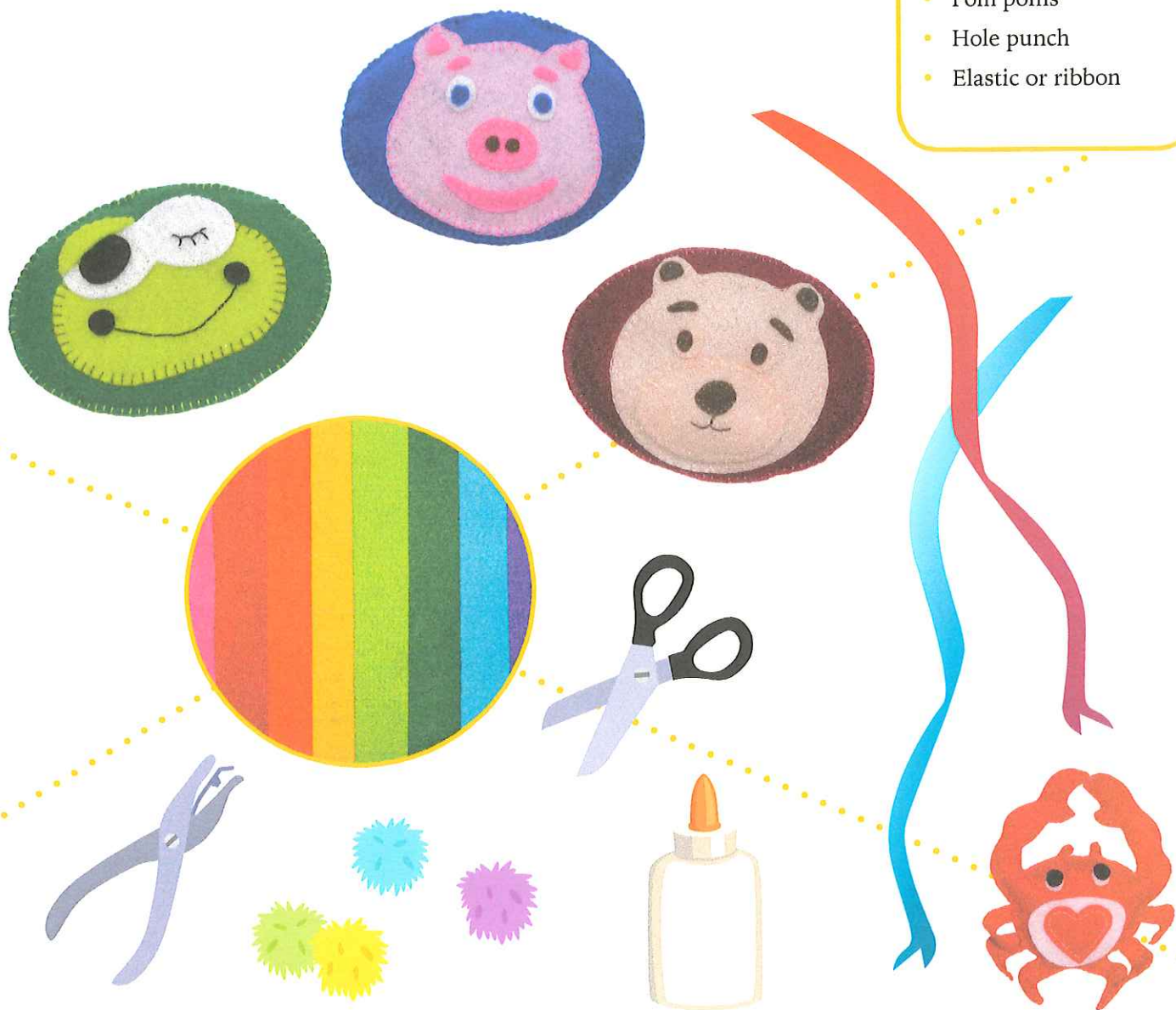
MINUTES

2

ACTIVITY

### MATERIALS NEEDED

- Felt (colors of animals)
- Fabric glue
- Scissors
- Pom poms
- Hole punch
- Elastic or ribbon





## ACTIVITY

# 3

# Caring for Pets

# 15

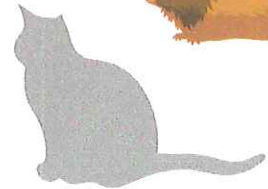
MINUTES

## WHAT YOU DO

Begin by reading a story about how to take care of a pet. Then ask each Busy Bee to choose an animal they would like to make out of clay. Have them keep their animal between 2 and 4 in tall or long (5 × 10 cm). Then have them make the items they would need if they were caring for the animal, such as food dish, water dish, bottle, leash, brush, and toys.

### MATERIALS NEEDED

- Air-drying clay or Play-Doh in a variety of colors
- Googly eyes



**Award:** Friend of Animals

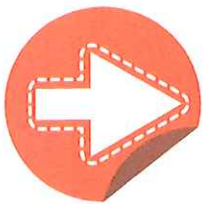
To complete this award, check the requirements on p. 134 and add activities as needed.



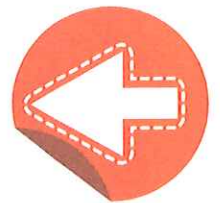
**Requirement:** My World III



# Meeting 4 I Am Special



Here are three fun ways that you can teach Busy Bees about people who care for them. Adapt these activities to meet the needs of your Busy Bees or use your own activities.





The following activities fulfill the requirement for My Self I: I Am Special. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

## Caring People Dress-up

20  
MINUTES

### WHAT YOU DO

Begin by reading a story about adults who care for people. Then show the Busy Bees pictures of adults who care for them. Ask them if they can think of any other people who care for them.

Now let the Busy Bees dress up like different adults who care for them. Place the pictures with the dress up props and clothes so the children have an idea about what props to select. Have the children pose as they try on different costumes and take their picture with a camera. Email the pictures to the Busy Bees' parents/guardians or print the pictures and give them to the Busy Bees at the next meeting.

### MATERIALS NEEDED

- A book about an adult whose job it is to care about others, such as *A Day in a Life of a Firefighter* or *A Day in the Life of a Police Officer* by Linda Hayward (DK Children, 2001). Suggestions for book topics: firefighters, police officers, teachers, doctors, nurses.
- Dress-up props: hats, coats, lab coats, badges, firefighter hats, police officer hats, etc. The props should represent a variety of adults who care for children, including moms, dads, grandparents, and pastors.
- Pictures of adults who care for children. The pictures should match the dress up props you select.
- Camera



# Paper Plate Mask

## WHAT YOU DO

15  
MINUTES

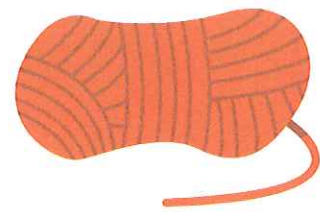
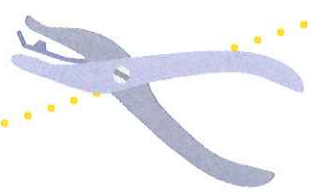
## 2 ACTIVITY

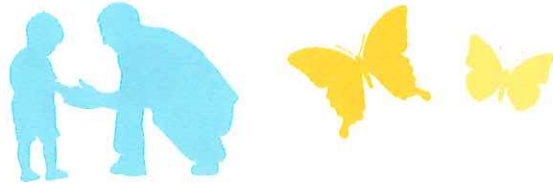
Ahead of time: Use a hole punch to make a hole in each side of the paper plate (about ear level). This is where the yarn will go to tie the mask onto the children's heads. Also, cut out two large holes for the eyes. Talk to the Busy Bees about people who care for them. Have them tell you who cares for them and what these people do to care for them.

Show the children a mask you've made of someone who cares for you. Now tell the children that they are going to make a mask of someone who cares for them. Give them each a paper plate with the pre-made holes. The children will use the crayons to draw the nose and mouth and will glue on yarn for the hair. With the help of an adult, they will tie a 10 in (25 cm) piece of string to each side of the paper plate mask.

### MATERIALS NEEDED

- 6 in (15 cm) plain white paper plates, one per child
- Hole punch
- Safety scissors
- Crayons
- Yarn in several "hair" colors, cut into 5 in (13 cm) pieces. You might want to bring some uncut yarn in case some of the children want to add long hair to their masks.
- Yarn cut into 10 in (25 cm) pieces
- All purpose (fast drying) glue





## ACTIVITY

# 3

# Caregiver Collage

10  
MINUTES

## WHAT YOU DO

Begin by showing the Busy Bees a collage that you made and talk to them about the different people in your collage and how they care for you. Then show the children how to cut out pictures of people who care for them and how to glue them to the construction paper. Model overlapping the pictures so the children know that it is okay to do this. Then have each Busy Bee make a collage by selecting from the pictures that you provide.

## MATERIALS NEEDED

- Tubs filled with pictures of people caring for others, especially caring for children.
- Safety scissors
- Glue sticks
- Construction paper, 12 × 18 in (30.5 × 46 cm)

## TIP

The pictures you use can be pages torn from magazines or photos you've taken with your camera. You can also include pictures of people the Busy Bees know.



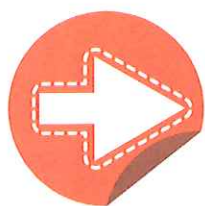
**Requirement:** My Self I



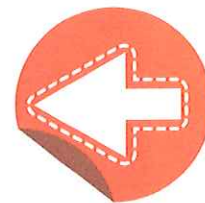


# Meeting 5

God's Power  
in My Life



Here are three fun ways for teaching Busy Bees about spending time with Jesus through prayer. Adapt them to meet the needs of your Busy Bees or use your own activities.





The following activities fulfill the requirements for My God III: God's Power In My Life. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

## Prayer Bag

15  
MINUTES

### WHAT YOU DO

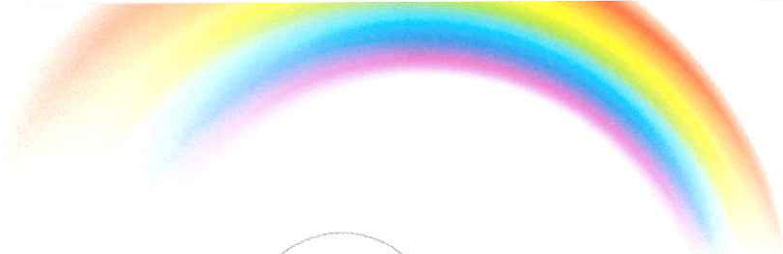
Ahead of time: Fold the top 2 in (5 cm) of the paper bag over. Punch two holes in the top of the bag in the center of the folded flap. Cut the yarn into strips. Complete one bag to use as an example.

Show the children your prayer bag. Let each child pull an item out of your bag. Discuss what each item represents and how it could remind them to pray for a person or situation. Then pair each child with an adult or another child and have them say a prayer for a person who reminds them of the object they drew. Next, have each child decorate their own prayer bag. They can color the bag, place stickers on it, apply glitter glue, or use a combination of decorations. Then have the children thread the yarn through the holes in the top of the paper bag to tie the bag shut. Have the children draw pictures or write words to represent what they want to pray for in the following week(s). When the children are done, have them place objects into their prayer bags and tie them shut. Encourage them to take out an object from their prayer bag each day and use it in their prayers.

Finally, have the Busy Bees ask three other people why they pray. They can ask parents, leaders, and other Busy Bees.

*This activity was adapted from 100 Creative Prayer Ideas for Kids by Karen Holford (Pacific Press, 2003).*





# Rainbow Thank You Scavenger Hunt

15  
MINUTES

## 2 ACTIVITY

### WHAT YOU DO

Share Genesis 9:16 (NIV): “Whenever a rainbow appears in the clouds, I will see it and remember the everlasting covenant between God and all living creatures of every kind on the earth.” Explain that when they see a rainbow it is a reminder that Jesus will always love them. Next, give each child a set of rainbow colored crayons and a sheet of paper. Tell them to fill their sheets of paper with drawings of things they are thankful for that represent all the colors of the rainbow. (Examples: purple grapes, green grass, etc.). You can let them look through books and magazines for inspiration, bring in lots of photos, or take them outside. Don’t be too rigid about using all of the colors. The purpose is to draw what they are thankful for!

### MATERIALS NEEDED

- Crayons (all the colors of the rainbow)
- Construction paper, 14 × 17 in (35.5 × 43 cm)
- Children’s books
- Nature magazines

Close the activity by pairing two children together or matching them with an adult to say a thank you prayer for something they drew.

*This activity was adapted from 100 Creative Prayer Ideas for Kids by Karen Holford (Pacific Press, 2003).*





## ACTIVITY

# 3

# Thank You Charades

15  
MINUTES

## WHAT YOU DO

### MATERIALS NEEDED

- A pillow case or bag filled with objects or pictures of objects that children might be thankful for

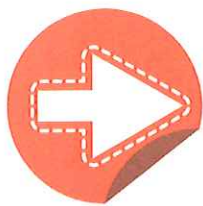
Begin by sharing Psalm 106:1 (NIV): “Give thanks to the Lord, for he is good.” Tell the children that one way to spend time with Jesus is to pray and thank Him for things and people in their lives. Now step behind a door or a screen so the children can’t see what you are doing and pull out an object from the bag—but don’t let the children see it. Then act out the object and have the children guess what object you pulled out of the bag. Let each child have a turn or turns drawing an object and acting out a charade. If you have a large group, divide them into smaller groups of five or six. End the activity by pairing the children with another child or an adult and have them say a prayer to thank God for one of the wonderful things He has given to us.



**Requirements:** My God III, A and B



# Meeting 6 Butterflies



Here are three fun ways to earn the Butterfly award and show the kids what it means to be born again. Adapt the activities to meet the needs of your Busy Bees or use your own activities.





The following activities partially fulfill the requirements for the Butterfly award.

## ACTIVITY

# 1

# Butterfly Life Cycle

# 15

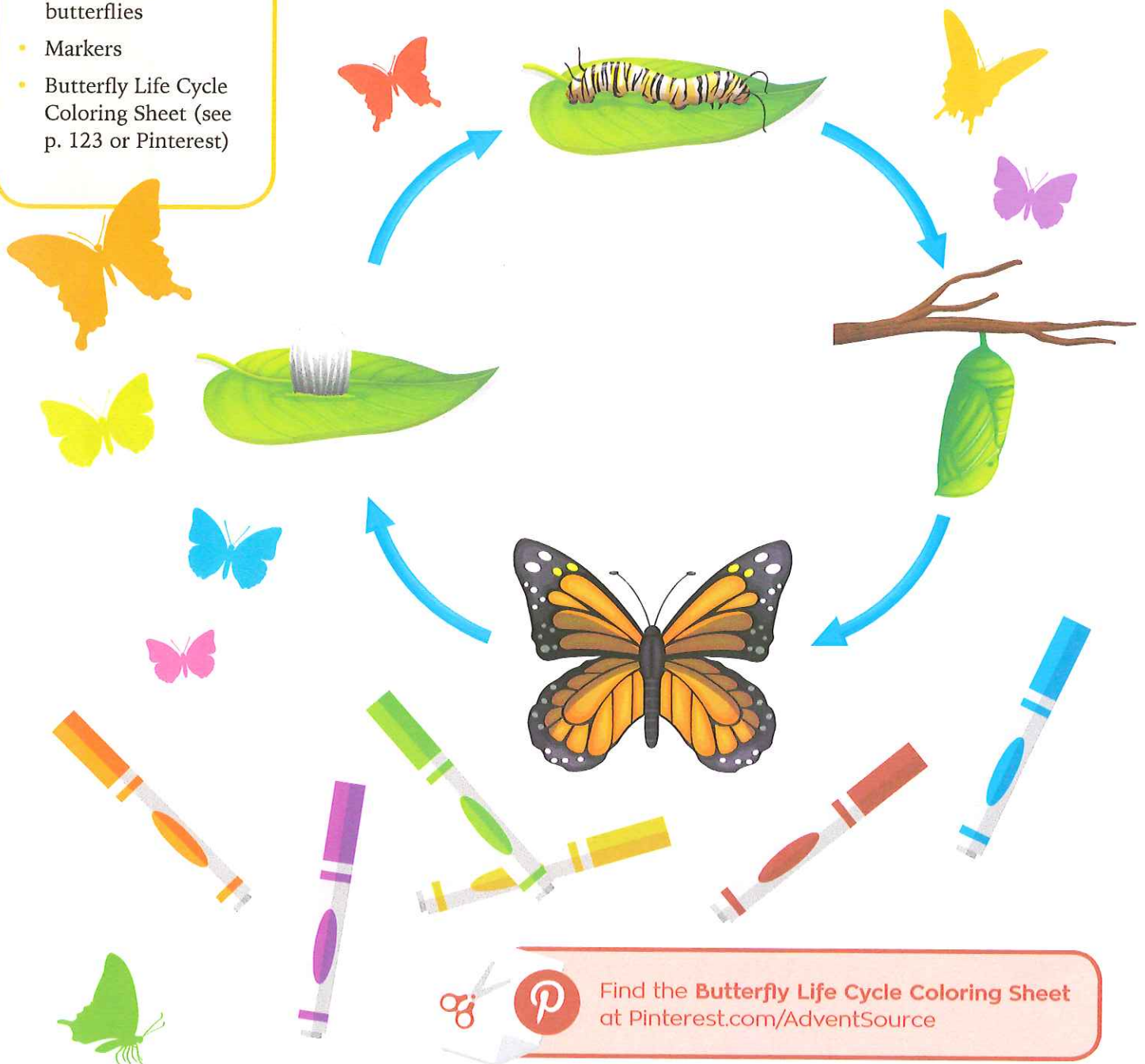
MINUTES

### MATERIALS NEEDED

- Book about butterflies
- Markers
- Butterfly Life Cycle Coloring Sheet (see p. 123 or Pinterest)

### WHAT YOU DO

Begin by reading a book about butterflies. One good book is *Butterfly* by Angela Royston (Heinemann, 2009). Then have each child complete a butterfly life cycle coloring sheet.



Find the **Butterfly Life Cycle Coloring Sheet** at [Pinterest.com/AdventSource](https://www.pinterest.com/AdventSource)

# Caterpillar Fun

## WHAT YOU DO

Begin by reading a story about caterpillars. *The Very Hungry Caterpillar* by Eric Carle (Philomel Books, 1994) is a fun book available in English and Spanish. After reading the story, help each Busy Bee create his or her own caterpillar using large pom poms for the body and mini pom poms for the legs and antennae. Be sure to have a variety of color choices so each child can make a caterpillar that is unique.

15

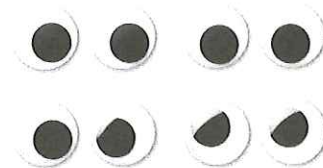
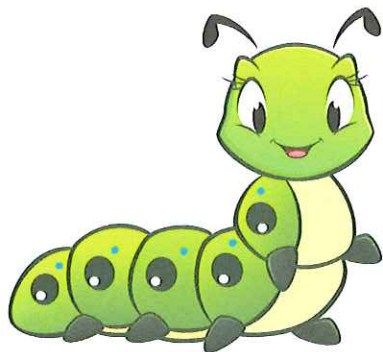
MINUTES

2

ACTIVITY

### MATERIALS NEEDED

- Book about caterpillars
- Pom poms, sizes large and mini
- Glue
- Googly eyes



## ACTIVITY

# 3

## Born Again

15  
MINUTES

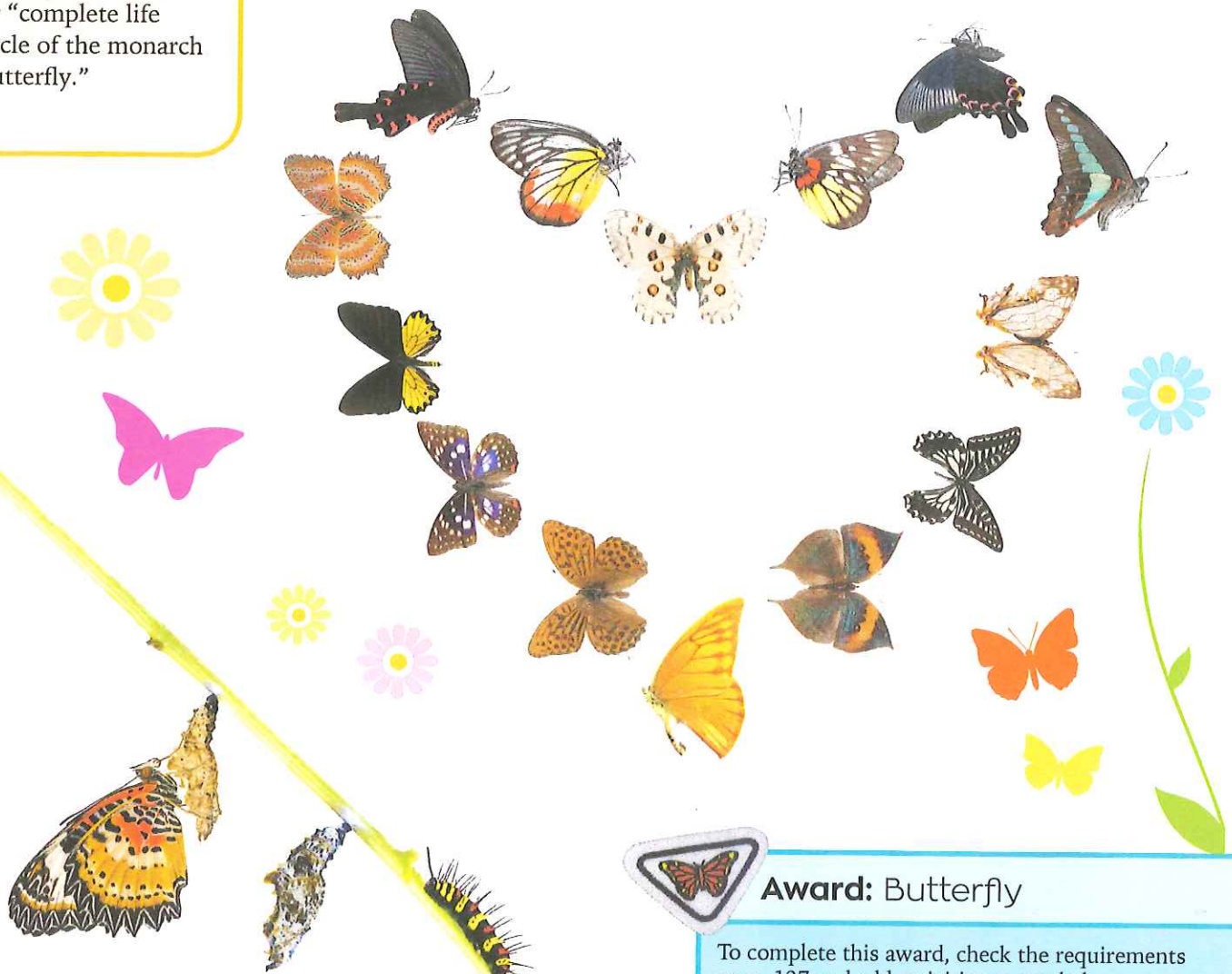


### MATERIALS NEEDED

- A video of a butterfly emerging from its chrysalis. You can search YouTube using the words "butterflies emerging," "caterpillar caper," or "complete life cycle of the monarch butterfly."

### WHAT YOU DO

Begin by reciting John 3:7 (NIV): "...You must be born again." Discuss what it means to be born again and what it means when we invite Jesus to live in our hearts. You can discuss how Jesus can help us to make good choices and help others. Refer to the coloring sheet from Activity 1 and talk about how the caterpillar changes into a butterfly and how our hearts also change when we invite Jesus to live in us. Remember to keep the discussion simple and ask the Busy Bees for their input as well. Recite the Bible verse with them at the end of the discussion. Watch a video clip of a caterpillar changing into a butterfly.



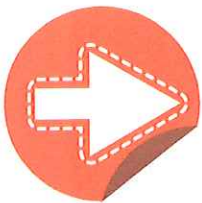
**Award:** Butterfly

To complete this award, check the requirements on p. 127 and add activities as needed.

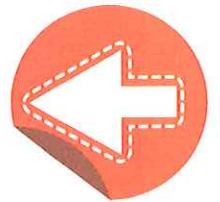




# Meeting 7 My Feelings



Here are three fun ways that you can teach Busy Bees about their feelings. Adapt them to meet the needs of your Busy Bees or use your own activities.





The following activities fulfill the requirement for My Self II: I Can Make Wise Choices. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

# Feeling Faces

# 15

MINUTES

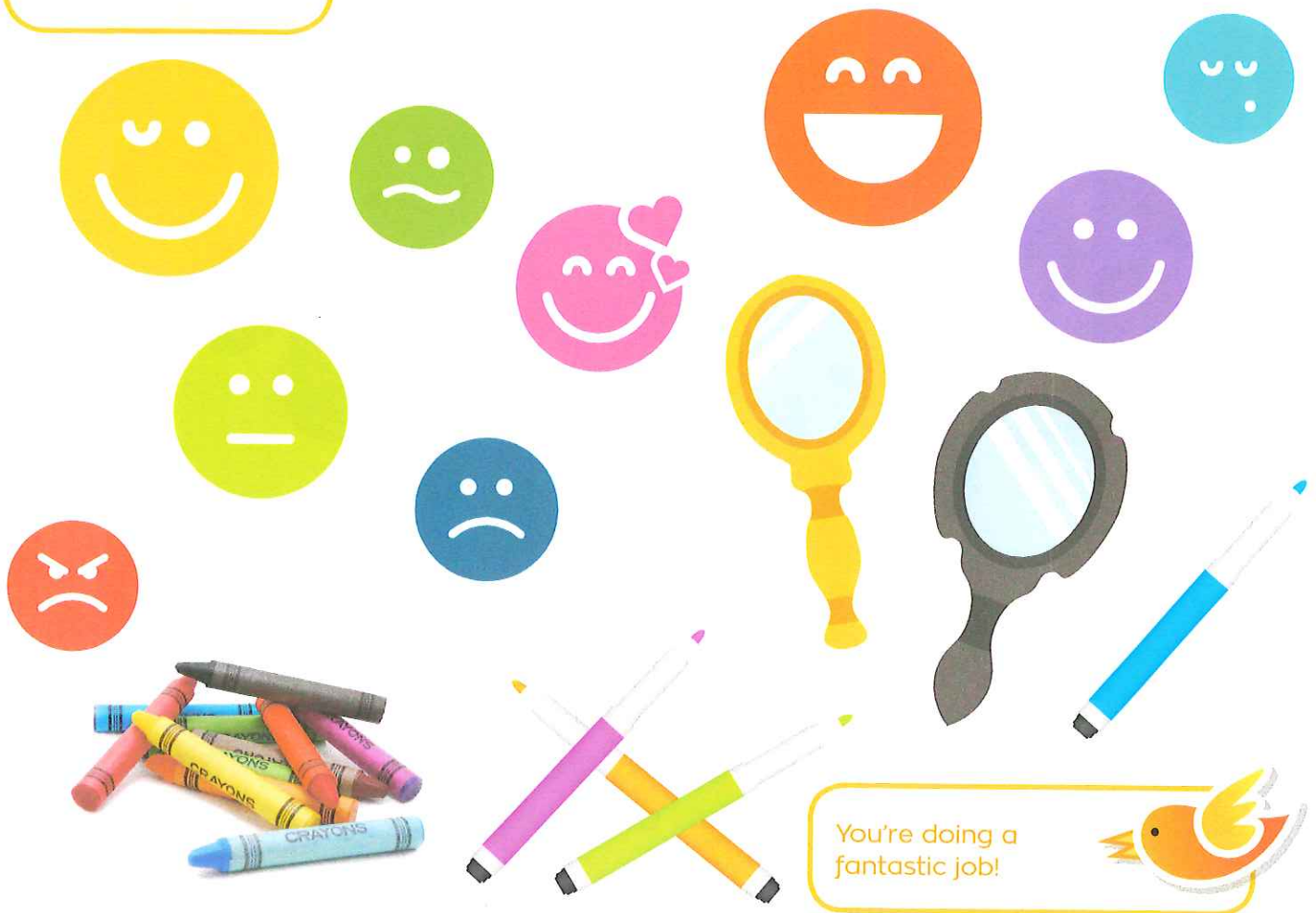
## WHAT YOU DO

### MATERIALS NEEDED

- Paper with pre-drawn face shape
- Mirrors
- Crayons or markers
- *Alexander and the Terrible, Horrible, No Good, Very Bad Day* by Judith Viorst (Atheneum, 1987)

Begin by asking the children to identify at least four feelings. Some may need prompting with questions such as, "How do you feel when your brother/sister/friend doesn't want to share with you?" Discuss with children how they express their feelings through their faces. Ask them to identify happy, sad, mad, and surprised faces on an adult or each other and then look at their own faces in a mirror while expressing those feelings. Ask each of the children to draw their happy, sad, mad, etc., faces.

Now read the story *Alexander and the Terrible, Horrible, No Good, Very Bad Day* and have the children hold up their corresponding feeling face each time Alexander's feelings change.





# Painted Rocks

15  
MINUTES

## WHAT YOU DO

Ahead of time: Cover the work area with newspaper.

Begin by reading and discussing Proverbs 12:25 (NRVS): “Anxiety weighs down the human heart, but a good word cheers it up.” Ask the children what cheers them up when they are sad. Tell the children that they are going to paint rocks to give to friends and family to cheer them up!

Begin by showing them two or three rocks that you have painted. Then have the Busy Bees paint and decorate stones to give to family and friends to help them feel happy when they are having a bad day.

## 2 ACTIVITY

### MATERIALS NEEDED

- Rocks, 2 in (5 cm) wide (clean, smooth, oval rocks work best)
- Acrylic paint
- Paintbrushes in a variety of sizes
- Hair dryer
- Smocks
- Newspaper

**TIP** If you are in a hurry for the rocks to dry, use a hair dryer on them.

*This activity was adapted from Crafting with Kids: Creative Fun for Children Aged 3-10 by Catherine Woram (Ryland Peters & Small, 2006; also available in Spanish).*





## ACTIVITY

# 3

# I Use My Words

## 15

MINUTES

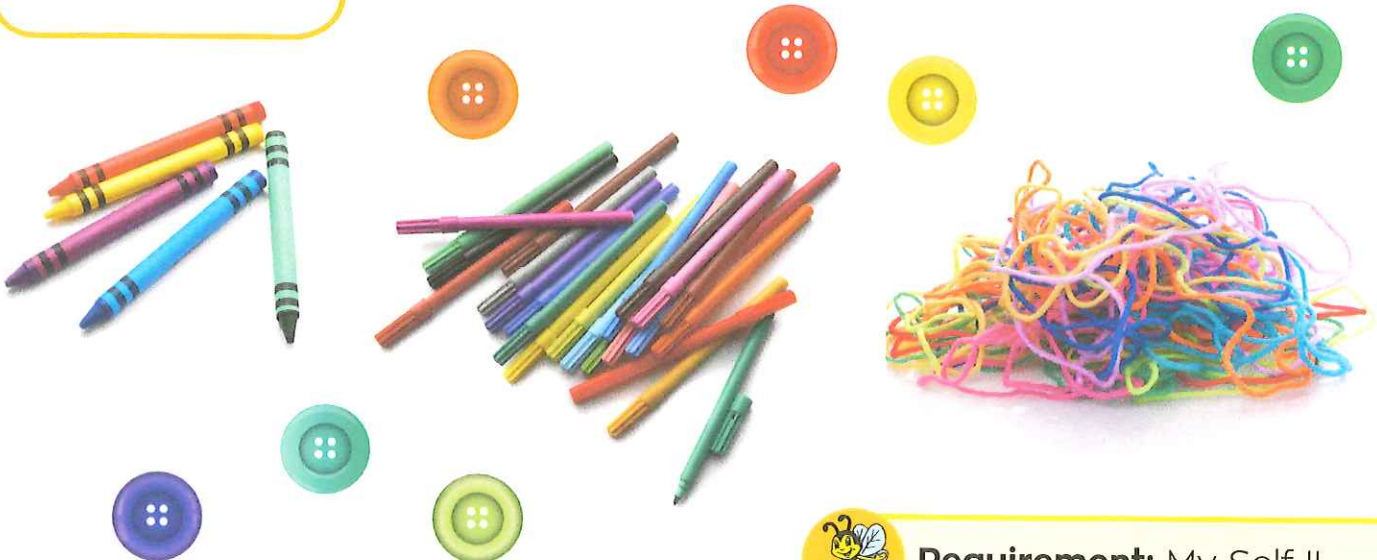
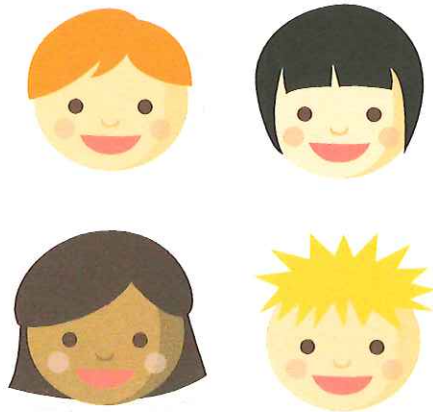
### WHAT YOU DO

Begin by reading and explaining Philippians 4:4 (NRSV): “Rejoice in the Lord always; again I will say, rejoice.” Ask the children in what ways Jesus makes them happy.

Glue the photo of the Busy Bee in the middle of one of the three-hole-punched pieces of paper and have the Busy Bee create a frame around it. They can use the second three-hole-punched piece of paper for pictures that help them feel happy. They can draw pictures or cut them out of magazines and glue them onto the paper. When they are finished, the adult can help them tie their papers together with the 4 in (10 cm) pieces of yarn or jute.

### MATERIALS NEEDED

- Construction paper, 12 × 18 in (30.5 × 46 cm) with three holes punched along each side, two sheets per child
- 4 in (10 cm) pieces of yarn or jute, three per child
- Happy photo of each child
- Scraps of fabric or construction paper
- Crayons or markers
- Magazines with pictures
- Safety scissors
- Craft glue
- Buttons

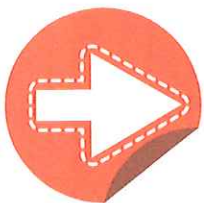


**Requirement:** My Self II

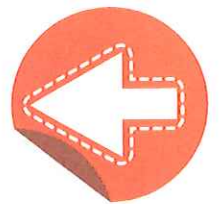


# Meeting 8

I Can Care  
for My Body



Here are three fun ways you can teach Busy Bees about how God wants them to care for their bodies. Adapt them to meet the needs of your Busy Bees or use your own activities.





The following activities partially fulfill the requirement for Myself III: I Can Care For My Body, which is to complete the Health Specialist award. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

## Proper Diet

# 20

MINUTES

### WHAT YOU DO

To make a food guide spinner, divide a round, heavy weight piece of paper or cardboard into pie slices. Label (pictures are helpful for nonreaders) each slice as one of the food groups of healthy eating. For the spinner, draw and cut out an arrow to lay across the middle of the cardboard circle. Poke a hole through the middle of the circle and the arrow, then secure them together with a brass paper fastener.

### MATERIALS NEEDED

- Bananas, sliced
- Frozen berries
- Apple juice
- Index cards
- Pens
- Markers
- Blender
- Heavy weight cardstock or cardboard
- Pictures representing food groups
- Brass paper fastener

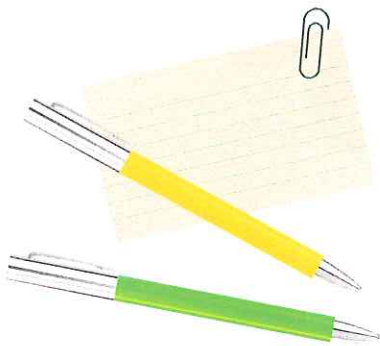
### TIP

Need help with food groups? Try these sites:

- [choosemyplate.gov](http://choosemyplate.gov) (United States)
- [hc-sc.gc.ca](http://hc-sc.gc.ca) (Canada)
- [vegetariannutrition.org/food-pyramid.pdf](http://vegetariannutrition.org/food-pyramid.pdf) (vegetarian)

Ask each child to spin once and discuss the foods in the category they land on and the benefits of the foods. Be aware of food allergies and any special diets of your Busy Bees. Ask the children to identify their favorite foods in each category.

Have each child draw the smoothie ingredients on their index cards. An adult can help them write the names and nutrition information. Have each child make their own smoothie or a healthy snack of your choice.

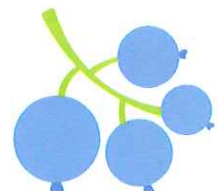
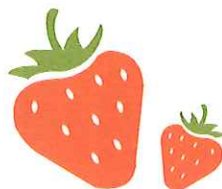


### Sample smoothie recipe

- 1 banana, sliced
- 1 ½ cups (315 g) unsweetened berries, frozen
- 1 cup (229 g) unsweetened apple juice



Combine all ingredients in a blender and process until smooth.



# Fresh Air

15

MINUTES

## WHAT YOU DO

Begin by discussing where air is used in your body and where it goes when you breathe. Ask the children to observe how their bodies move when they breathe. Direct them to place their hands on their diaphragm and feel it move while they breathe in and out. Practice exhaling by seeing how long each child can keep a feather in the air by blowing on it. Practice inhaling by having each child suck on a straw to hold a bead on the end of the straw and move it to a bowl.

Next have the children place several fat drops of paint anywhere on the paper. Then have them blow on each paint drop to move the paint around the page. The paint should run and make designs on the paper as the children blow. If needed, gently dry with a hair dryer.

2

## ACTIVITY

### MATERIALS NEEDED

- Feathers
- Straws
- Large beads (the beads should be large enough that they cannot be sucked into the straw)
- Bowls
- Paper, 12 × 18 in (30.5 × 46 cm)
- Tempera paint, watered down to the consistency of water
- Containers for paint
- Hair dryer





## ACTIVITY

# 3

# Water

10  
MINUTES

## WHAT YOU DO

Ahead of time: Cover the work area with newspaper.

Start by giving the children dry sponges and ask them to wipe the dry table. Did they accomplish anything? Spill water on the table and ask them to try again. Which works better? Explain that their bodies also work better when they drink enough water. Discuss their daily water needs.

Give each child a piece of construction paper, then set plates of paint in the middle of the table for the children to share. Each plate should have one color of paint on it with at least one sponge per color. Have the children place the sponge flat in the paint, then have them press the sponge onto their paper. Repeat until the paper is covered in sponge prints.

## MATERIALS NEEDED

- Sponges
- Water
- Precut sponges in various shapes
- Tempera paint
- Paper plates
- Construction paper, 12 × 18 in (30.5 × 46 cm)
- Smocks
- Hair dryer
- Newspaper



**Award:** Health Specialist

To complete this award, check the requirements on p. 128 and add activities as needed.

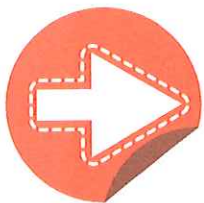


**Requirement:** My Self III

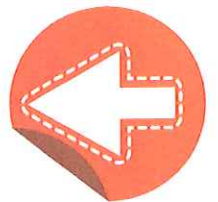




# Meeting 9 Buttons



Here are three fun ways to teach Busy Bees to use buttons and learn to share. Adapt these activities for your Busy Bees or use your own activities.





The following activities partially fulfill the requirements for the Buttons award.

## ACTIVITY

# 1

## Hide the Button

# 15

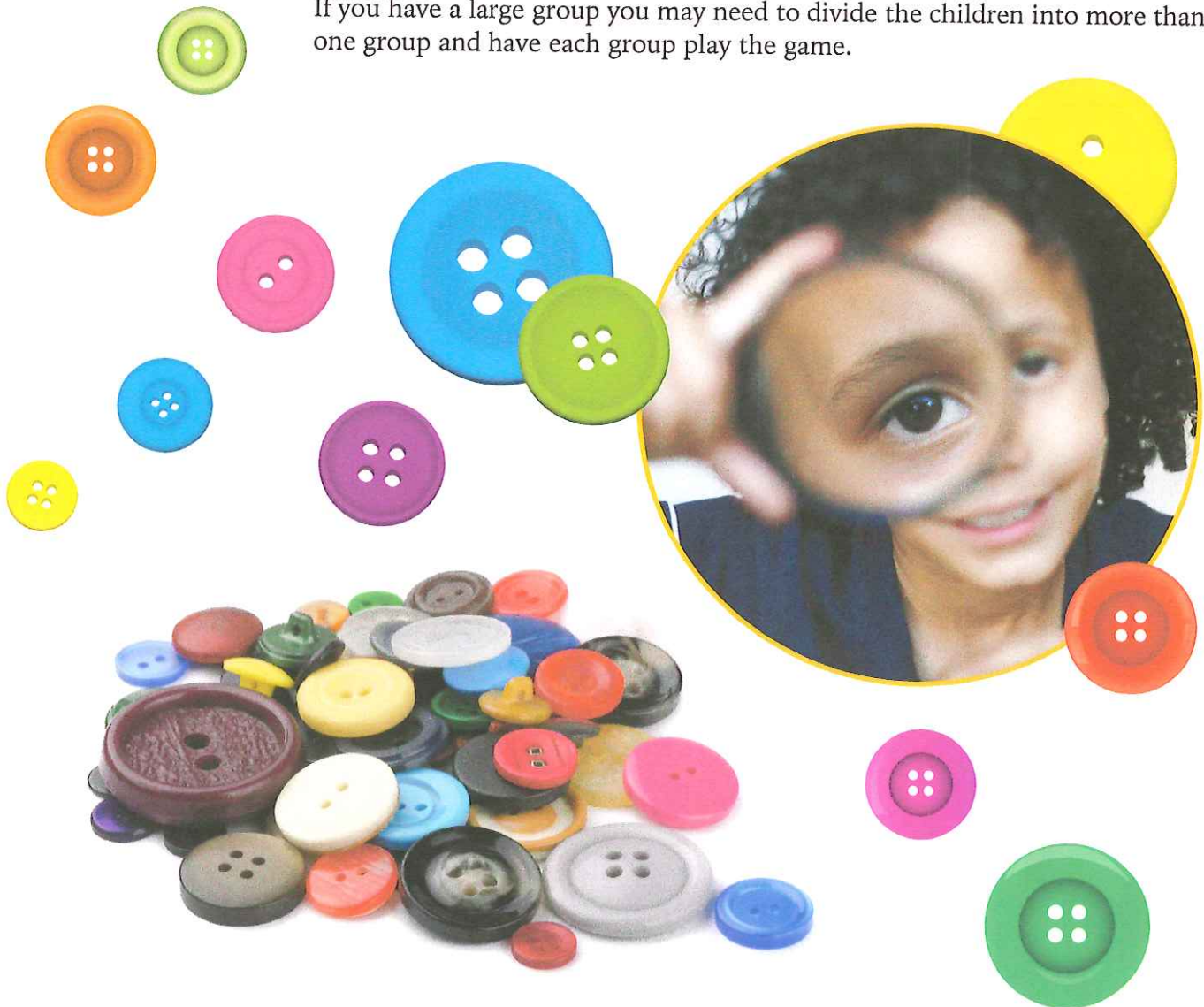
MINUTES

### MATERIALS NEEDED

- One large button

### WHAT YOU DO

Begin by showing the children the button. Then choose a volunteer Busy Bee to be “it” and to find the button. Send the child outside of the room. Choose another Busy Bee to help hide the button. Bring the child who is “it” back into the room and tell him or her to start searching for the button. As the child who is “it” seeks the button have the other children call out “cold” when he or she is far away from the button and “hot” when he or she is close by. When the child who is “it” finds the button, it is his or her turn to hide it while a different child becomes “it.” Make sure each child gets a turn. If you have a large group you may need to divide the children into more than one group and have each group play the game.



# Sharing

## WHAT YOU DO

20  
MINUTES

Begin by reading Hebrews 3:16 (NLV) and asking the Busy Bees to recite it together: "Remember to do good and help each other. Gifts like this please God."

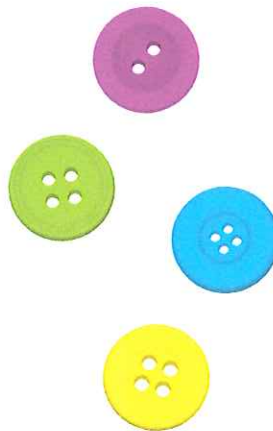
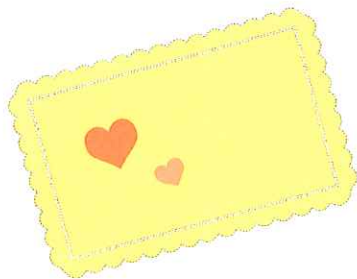
Talk about how important it is to appreciate others and share with them. Ask each Busy Bee to create two cards for someone else. They can decorate them with buttons, ribbons, and any other materials you may have available. You can design this around a community service activity where you deliver the cards to a nursing home, fire station, or police station. You may need to provide sample messages for the children to write inside the cards. Be creative! Recite Hebrews 13:16 at the end of the activity.

2

## ACTIVITY

### MATERIALS NEEDED

- Precut greeting cards
- Markers
- Buttons
- Glue
- Ribbon



## ACTIVITY

# 3

# My Own Button Box

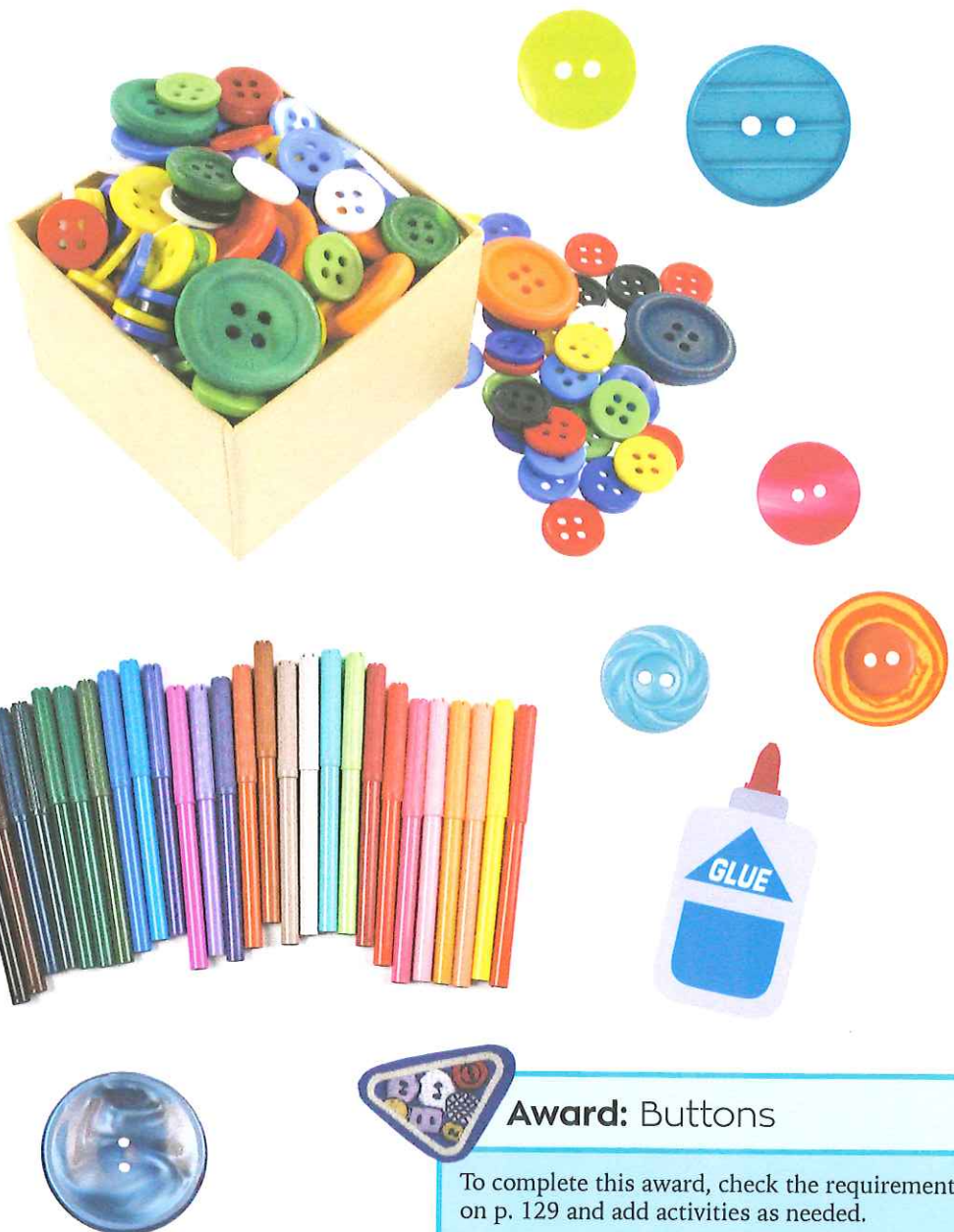
10  
MINUTES

## MATERIALS NEEDED

- Small box with a good closure
- Large number of various buttons (ask church members to donate buttons or check garage sales)
- Glue
- Markers

## WHAT YOU DO

Begin by giving each child his or her own box. Ask each child to write his or her name on the box. An adult may need to help. Set out a variety of buttons the children can glue on the outside of their boxes for decoration. Then allow them to choose a collection of buttons to fill their box to begin their own button collection.



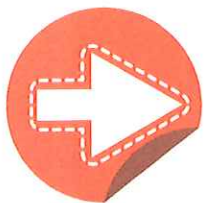
**Award:** Buttons

To complete this award, check the requirements on p. 129 and add activities as needed.

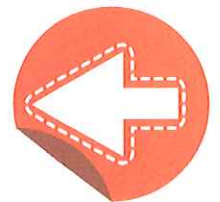


# Meeting 10

I Have a Family



Here are three fun ways to teach Busy Bees about family. Adapt the activities to meet the needs of your Busy Bees or use your own activities.





The following activities fulfill the requirement for My Family I: I Have a Family. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

# Family Thumbprint Portrait

# 15

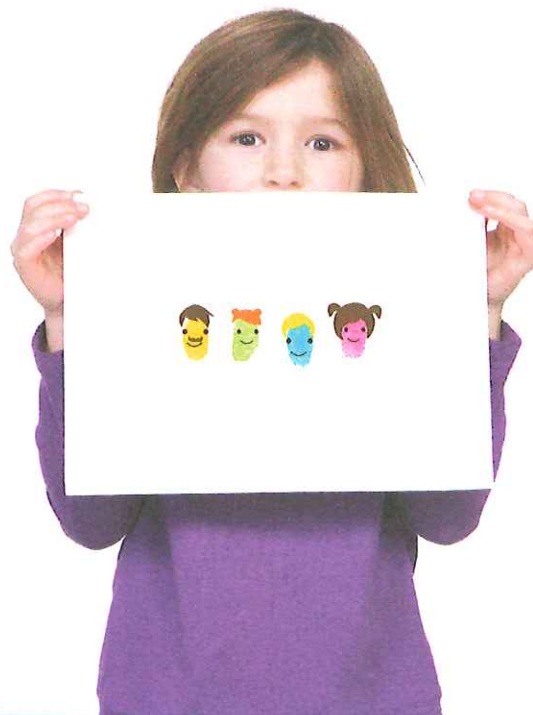
MINUTES

## MATERIALS NEEDED

- Paper, 9 × 12 in (23 × 30.5 cm)
- Ink pad
- Markers

## WHAT YOU DO

Begin by reading “Children’s Stories: Hannah” at [family.adventist.org](http://family.adventist.org). Select the “Individuals” tab and then click on “Children’s Stories” or read a story of your choice that illustrates how we are all part of God’s family. Next, show the children a completed thumbprint family. The Busy Bees will use their thumbprints to create the head for each of their family members or ask the Busy Bees to get each family member’s thumbprint ahead of time. Each Busy Bee can then create their own family portrait by drawing the body of each family member and adding a face and hair to each thumbprint. Be sensitive to each Busy Bee’s family structure and let children include all parents/guardians.



# Family Chain

## WHAT YOU DO

15

MINUTES

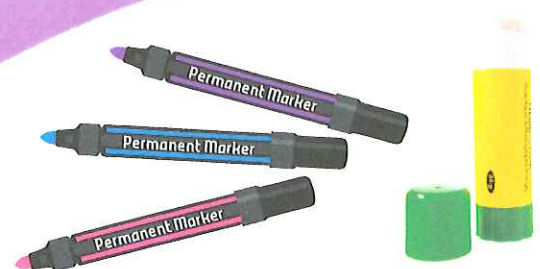
Begin by reading “Children’s Stories: Lahemane Mushe” at [family.adventist.org](http://family.adventist.org). Select the “Individuals” tab and then click on “Children’s Stories” or read a story of your choice about how names are chosen. Show the children a completed example before they begin. Then pass out strips of paper and markers and have the Busy Bees write their names and their family members’ names on separate strips of paper. Then help them write things their family likes or enjoys doing on strips of paper. Help the Busy Bees put her or his strips of paper together to create a paper chain. The more strips, the longer the chain will be. Finish by having each Busy Bee pray for his or her family.

2

ACTIVITY

### MATERIALS NEEDED

- Paper strips, 8 × 2 in (20 × 5 cm)
- Glue stick
- Scissors or paper cutter
- Markers





## ACTIVITY

# 3

# Dress-up Charades

# 15

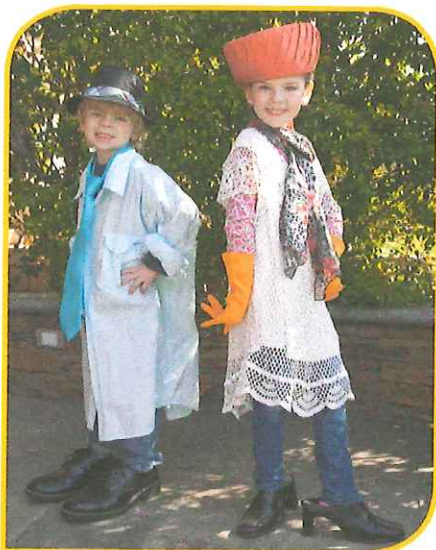
MINUTES

## WHAT YOU DO

Have the children dress up one at a time and act out different family members' roles. Ask those who are not dressed up to guess which family member the child is pretending to be. Keep in mind that families may or may not include dad, mom, brother, sister, grandma, grandpa, pets, etc. Take fun pictures to share with each Busy Bee's family. You can print and mail or email the pictures to the children's parents/guardians. End the activity with the song "My Family Lives in My House" by Mr. Mike, which can be found at [bussongs.com/songs/here-we-go-round-the-mulberry-bush-iph](http://bussongs.com/songs/here-we-go-round-the-mulberry-bush-iph).

## MATERIALS NEEDED

- Dress-up clothes representative of what family members would wear
- Camera

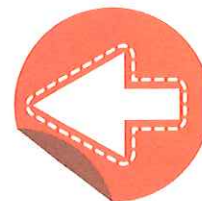
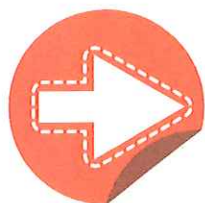


**Requirement:** My Family I





Here are three fun ways to teach Busy Bees about God's plan for families. Adapt the activities to meet the needs of your Busy Bees or use your own activities.





The following activities fulfill the requirements for My Family II: Family Members Care for Each Other. See the Busy Bee Activity Book for accompanying worksheet(s)..

## ACTIVITY

# 1

# Honoring My Parents

# 15

MINUTES

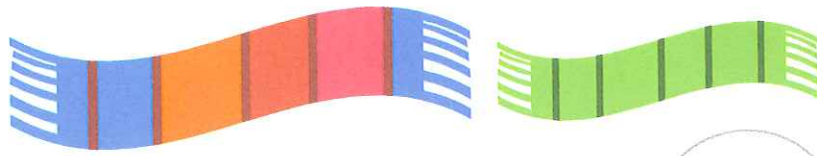
### MATERIALS NEEDED

- Envelopes
- Glue
- Stickers
- Markers
- Shapes cut out of construction paper (triangles, circles, squares)

### WHAT YOU DO

Begin by discussing what it means for the Busy Bees to honor their parents/guardians. Be sensitive to children's families. Some children may not have both parents or may live with other family members or guardians. Talk about honoring parents by showing respect (using manners, being polite, obeying, following directions). Help the children write Exodus 20:12 (NIV): "Honor your father and your mother, so that you may live long in the land the Lord your God is giving you" on their envelope. Ask them to choose three ways they honor their adult guardian and help them write each one on a construction paper shape. Have the children put their shapes in the envelope and decorate their envelope with stickers. Give each child three additional blank shapes to take home and fill out with their family. Also, the parent/guardian can write on them and put them in the child's envelope when they see the child showing them honor or respect.





# Respect and Honor Role Play

15  
MINUTES

## 2 ACTIVITY

### WHAT YOU DO

Read a story in a children's version of the Bible about a child who honored his or her parents/guardians. Break into small groups and act out the story for the other Busy Bees. Stories that might be familiar include: Samuel following his mother's instructions to stay at the temple with Eli and doing his work cheerfully; Daniel and Naaman's servant honoring their parents by continuing to do their work well even during captivity; and Queen Esther honoring her cousin Mordecai by asking the king for her people to be saved.

### MATERIALS NEEDED

- Large pieces of fabric
- Plain colored bathrobes
- Cloth belts
- Bible era props





## ACTIVITY

# 3

## Honor by Obeying

# 15

MINUTES

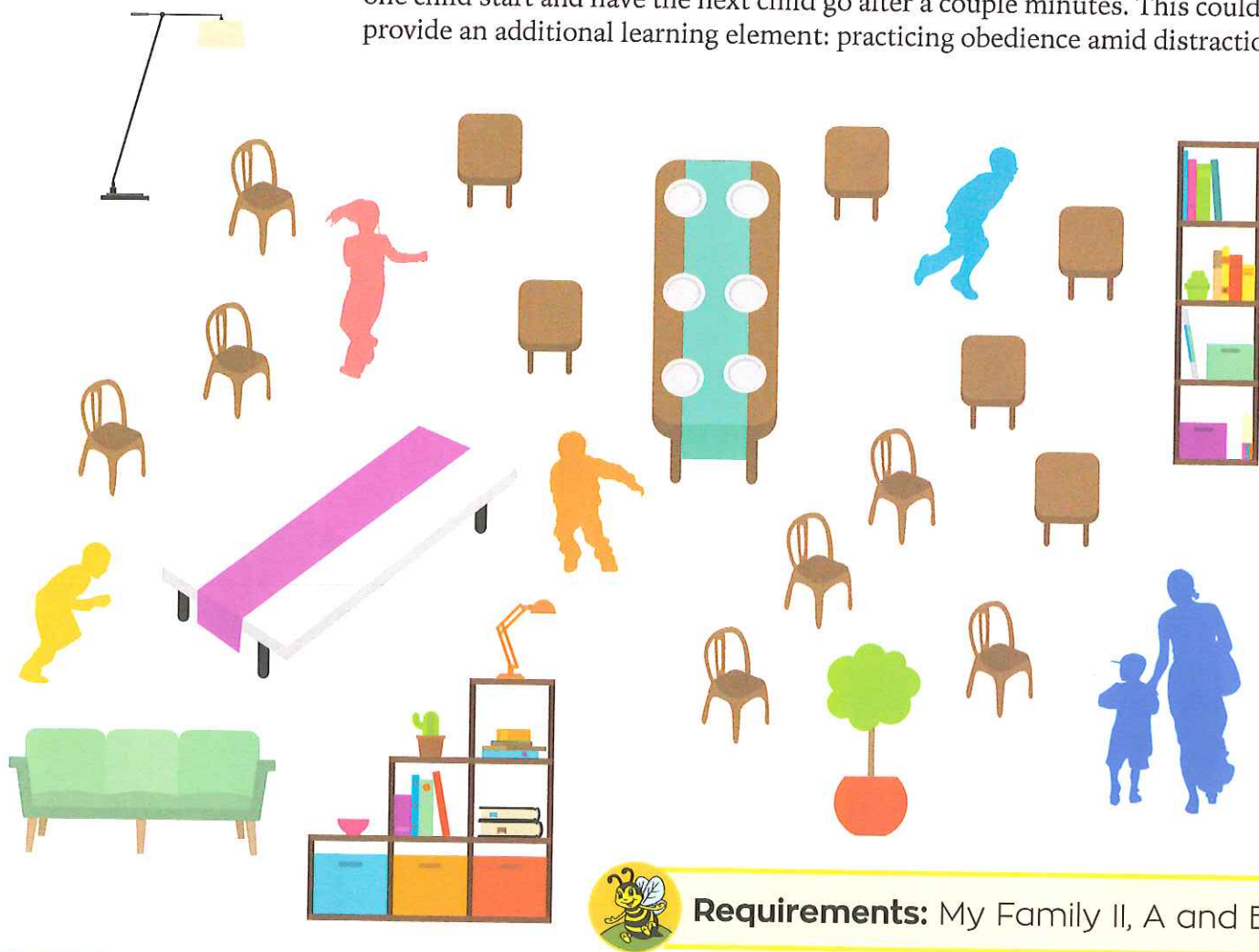
### MATERIALS NEEDED

- Tables
- Chairs
- Easily movable objects already in the room
- Blindfolds

### WHAT YOU DO

Discuss with the Busy Bees the importance of obeying and following directions given by parents/guardians and adults. Then tell them they are going to practice following directions in this fun activity!

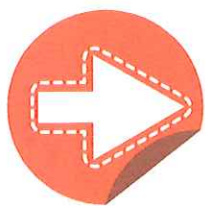
Set up an obstacle course through the room using chairs, tables, and any other items that can be easily moved. It can be fairly simple. Then blindfold the children and have adults lead them through the obstacle course one at a time with verbal directions. Be aware that children this age may have strong fears, and the adult may need to walk next to the child with a hand on his or her shoulder or some similar arrangement to help the child feel more comfortable with this activity. If you have a large group, you may need to let one child start and have the next child go after a couple minutes. This could provide an additional learning element: practicing obedience amid distraction.



**Requirements:** My Family II, A and B



# Meeting 12 Fish



Here are three fun ways to teach Busy Bees about how God made fish. Adapt the activities to meet the needs of your Busy Bees or use your own activities.





The following activities partially fulfill the requirements for the Fish award.

## ACTIVITY

# 1

## Fish Portrait

15  
MINUTES

### WHAT YOU DO

Ahead of time: Cover the work area with newspaper.

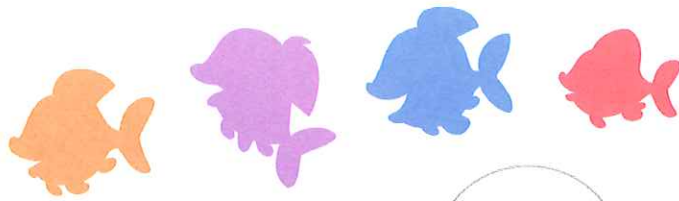
Begin by reading a book about how to take care of a fish. Two good books are *Caring for Your Fish* by Adele Richardson (Capstone, 2006) and *Caring for Your Fish* by Lynn Hamilton (Weigl, 2003). When you have finished reading the book aloud, have the Busy Bees use crayons to draw rocks, plants, and a colorful fish. Then have them paint their entire paper, including what they drew with the crayons, with the blue watercolor paint (the watercolor paint won't stick to the crayon) and help them dry their paper with the hair dryer.

### MATERIALS NEEDED

- Paper, 12 × 18 in (30.5 × 46 cm)
- Blue watercolor paint
- Paintbrushes
- Cups of water
- Crayons
- Hair dryer
- Book about taking care of fish
- Smocks
- Newspaper



Yay! This is so fun!



# Fishers of People Fish Relay

15  
MINUTES

## 2 ACTIVITY

### WHAT YOU DO

Ahead of time: Create two fishing poles by tying one end of each string to one end of each dowel and the other end of each string to a magnet. Attach two or three paper clips to the mouth of each paper fish. Test the strength of the magnets to be sure you can pick up the fish easily. Place the fish in the wading pool or large box.

Begin by discussing with your Busy Bees what Jesus meant when He talked about making His disciples fishers of people. Then split your Busy Bees into two teams. Each team is assigned a fish color. Set the children up at a starting line a little bit away from the pool of fish. The first person from each team runs to the pool and tries to catch one of their fish. If the child catches the other team's fish, they throw it back and take the fishing pole back to the next person. Keep playing until everyone has a turn to catch a fish. Repeat as long as you have time.

### MATERIALS NEEDED

- Two dowels, 2 ft long (0.6 m)
- Two lengths of string, 3 ft long (0.9 m)
- Two strong refrigerator magnets
- Paper clips
- Paper fish in two colors, one color per team, one fish per child
- Wading pool or large box

*This activity was adapted from [dltk-kids.com/crafts/luau/fish.html](http://dltk-kids.com/crafts/luau/fish.html).*



## ACTIVITY

# 3

## Fish Tag

15  
MINUTES

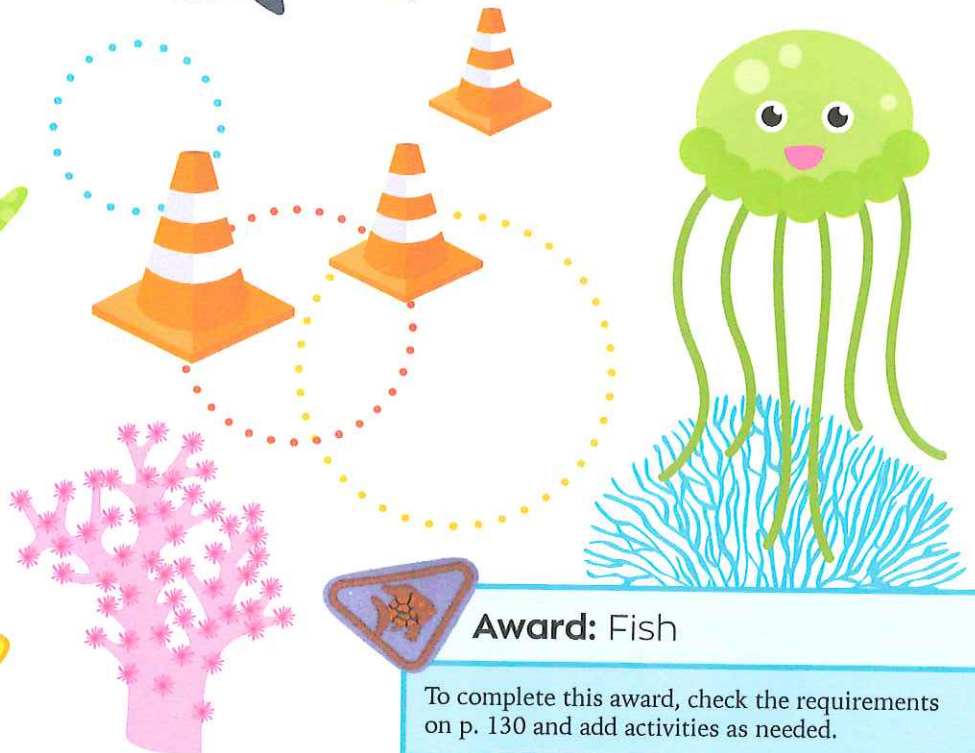
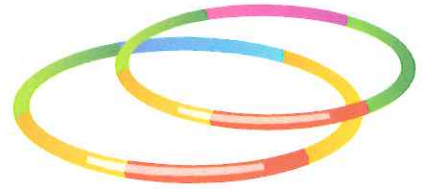
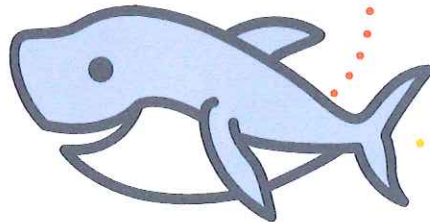
### WHAT YOU DO

First watch a video or read a book about how fish hide from predators in your part of the world. Fish can hide in many places, such as among cattails, under rocks, in tall grass, or under docks. Next, set up “safe zones” in the room. Designate one child as the “predator” and the others as “fish.” The fish are safe on a safe zone for five seconds (have them count out loud) and then they must move. If the predator tags a fish, that fish becomes the new predator.

*This activity was adapted from [projectwild.org/GrowingUpWILD/images/Fishing\\_Fun\\_Sample.pdf](http://projectwild.org/GrowingUpWILD/images/Fishing_Fun_Sample.pdf).*

### MATERIALS NEEDED

- Video clips or books showing how fish in your part of the world protect themselves from predators. Go to [YouTube.com](http://YouTube.com) and search for “fish hiding” to find relevant clips.
- Objects for safe zones (suggestions: carpet squares, hula hoops, safety cones, large boxes)



**Award:** Fish

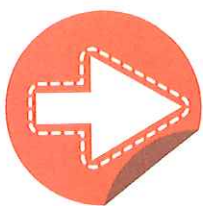
To complete this award, check the requirements on p. 130 and add activities as needed.



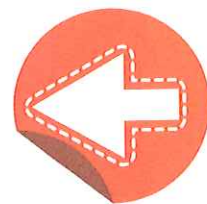


# Meeting 13

## Fire Safety



Here are three fun ways to teach Busy Bees about how to keep themselves safe. Adapt these activities to meet the needs of your Busy Bees or use your own activities.





The following activities partially fulfill the requirement for My Family III: My Family Helps Me Care for Myself, which is to complete the Safety Specialist award. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

## Fire Safety Games

# 15

MINUTES

### MATERIALS NEEDED

- Medium tarp and method for fastening it approximately 18 in (46 cm) above the ground
- Cones or painter's tape

### WHAT YOU DO

Set up three stations and mark them with cones or painter's tape on the carpet. At Station 1 practice stop, drop, and roll. Make sure each child practices rolling completely over at least two times. At Station 2 set up a nonworking phone and have each Busy Bee practice dialing the emergency number for your area and giving the operator the proper information, including address, details about the emergency, and who might be hurt. At Station 3 practice crawling to safety in case of fire. Have each Busy Bee practice crawling under a tarp to safety and going to the safe zone. Encourage them to practice saying, "Get out and stay out."

### TIP

Emergency number for United States, Canada, Bermuda, and Guam: 911



# Safety Poster

15

MINUTES

## WHAT YOU DO

Begin by discussing situations that are dangerous for Busy Bees and their families, such as fires, tornadoes, flooding, etc. Be sure to ask the Busy Bees for their ideas as well, and then talk about ways to stay safe in each of those situations. Pass out poster board and markers and ask each child to choose a dangerous situation and draw it on one half of their poster. Then ask the Busy Bees to draw what they would do to stay safe in that situation on the other half of their poster.

2

ACTIVITY

### MATERIALS NEEDED

- Poster board
- Markers





## ACTIVITY

# 3

# Safety Detective

# 15

MINUTES

## WHAT YOU DO

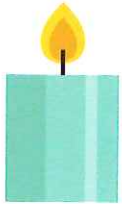
Ask Busy Bees what it means to be a safety detective. Ask them what situations they can think of when they might need to be safe and how they can be safe. Read a book about safety. Practice awareness with your Busy Bees by looking around your meeting area and talking about situations that may or may not be safe. Review with your Busy Bees how they can keep themselves aware and safe in their environment. Review the Home Safety Plan (see p. 124) and answer questions the Busy Bees may have regarding how they can be a safety detective at home. Send a worksheet home with each child and tell them to fill it out with their family.

## MATERIALS NEEDED

- A book on home safety such as *Home Safety* by Peggy Pancella (Heinemann, 2005) or any similar book.
- Home Safety Plan (see p. 124 or Pinterest)



Find the **Home Safety Plan** at [Pinterest.com/AdventSource](https://www.pinterest.com/AdventSource)



**Award:** Safety Specialist

To complete this award, check the requirements on p. 131 and add activities as needed.

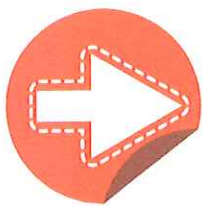


**Requirement:** My Family III

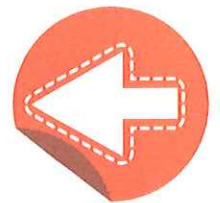


# Meeting 14

Be a Good Friend



Here are three fun ways to teach Busy Bees about ways God wants them to be good friends. Adapt these activities to meet the needs of your Busy Bees or use your own activities.





The following activities fulfill the requirement for My World I: The World of Friends. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

# Cooperation Tulips

# 15

MINUTES

### MATERIALS NEEDED

- Paper, 12 × 18 in (30.5 × 46 cm)
- Pencils
- Tempera paint
- Containers for paint
- Paintbrushes
- Cups of water
- Smocks
- Newspaper

### WHAT YOU DO

Ahead of time: Cover the work area with newspaper.

Begin by reciting Isaiah 41:6 (NIV) together: "They help each other and say to their companions, 'Be strong!'" After the verse, spend a few minutes discussing the meaning of cooperation. Next, show the children a completed tulip handprint and give each child a piece of paper. Place the long side of the paper in front of each child. Begin by having the Busy Bee trace his or her hand onto the paper. This will be the tulip flower. Ask each Busy Bee to help at least one other Busy Bee by tracing his or her hand on another child's picture. Each Busy Bee can sign under their handprints so they can all remember who cooperated with them to create their picture. Make sure each child has three or four tulip tracings on his or her paper. Have them finish their pictures by drawing stems and leaves. Once all the parts of the flower are traced onto the paper, the children can paint their flowers. Recite Isaiah 41:6 at the end of the activity.



# Playing Together

10  
MINUTES

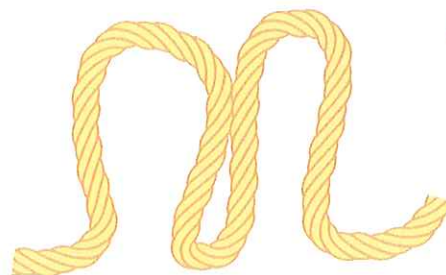
## WHAT YOU DO

Begin by asking your Busy Bees to give you ideas about how they can help each other play nicely, cooperate, and help each other. Make a list of their ideas. Then group the children in twos or threes and gather them inside a hula hoop or loosely tie them together with rope. Create a simple obstacle course of chairs for them to walk through or assign them tasks such as getting a drink of water, untying and tying their shoes, putting on a jacket, etc.

## 2 ACTIVITY

### MATERIALS NEEDED

- Marker or chalkboard
- Large hula hoops or rope
- Chairs or other objects for an obstacle course



## ACTIVITY

# 3

# Alike and Different: It's All Good

20  
MINUTES

## MATERIALS NEEDED

- Butcher paper
- Markers
- Fabric scraps
- Yarn
- Buttons
- Glue
- Magazine pictures
- Camera

## WHAT YOU DO

This activity will help Busy Bees learn that everyone has qualities that are similar and different, and it can be a lot of fun to get to know someone. Spend two or three minutes having adults role play asking questions that help them get to know another person. Then pair off your Busy Bees and have them ask questions to get to know each other. While the children are getting to know each other, roll out a piece of butcher paper large enough for two Busy Bees to lay side by side. When the children have finished getting to know each other, have them stay with the Busy Bee they were partnered with, lay on the paper, and trace an outline of each other (or have an adult trace them). Next, have them color and decorate the other child's outline. They can ask each other what colors to use as well as what type of decorations (such as yarn, ribbon, buttons, magazine pictures) they would like. When they are finished, have each Busy Bee list the things that are alike and different about themselves and their partner. Take a photo for each of them and hang their portrait in a multipurpose room or an area where others can enjoy it.

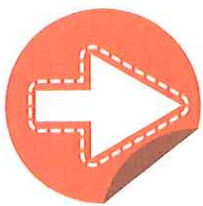


**Requirement:** My World I

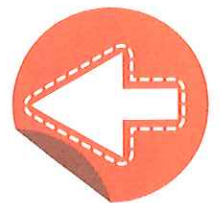




# Meeting 15 Church Workers



Here are three fun ways to teach your Busy Bees about how people serve in the church. Adapt these activities to meet the needs of your Busy Bees or use your own activities.





The following activities fulfill the requirements for My World II: The World of Other People. See the Busy Bee Activity Book for accompanying worksheet(s).

## ACTIVITY

# 1

# Appreciation/Thank You Tissue Paper Cards

15  
MINUTES

## MATERIALS NEEDED

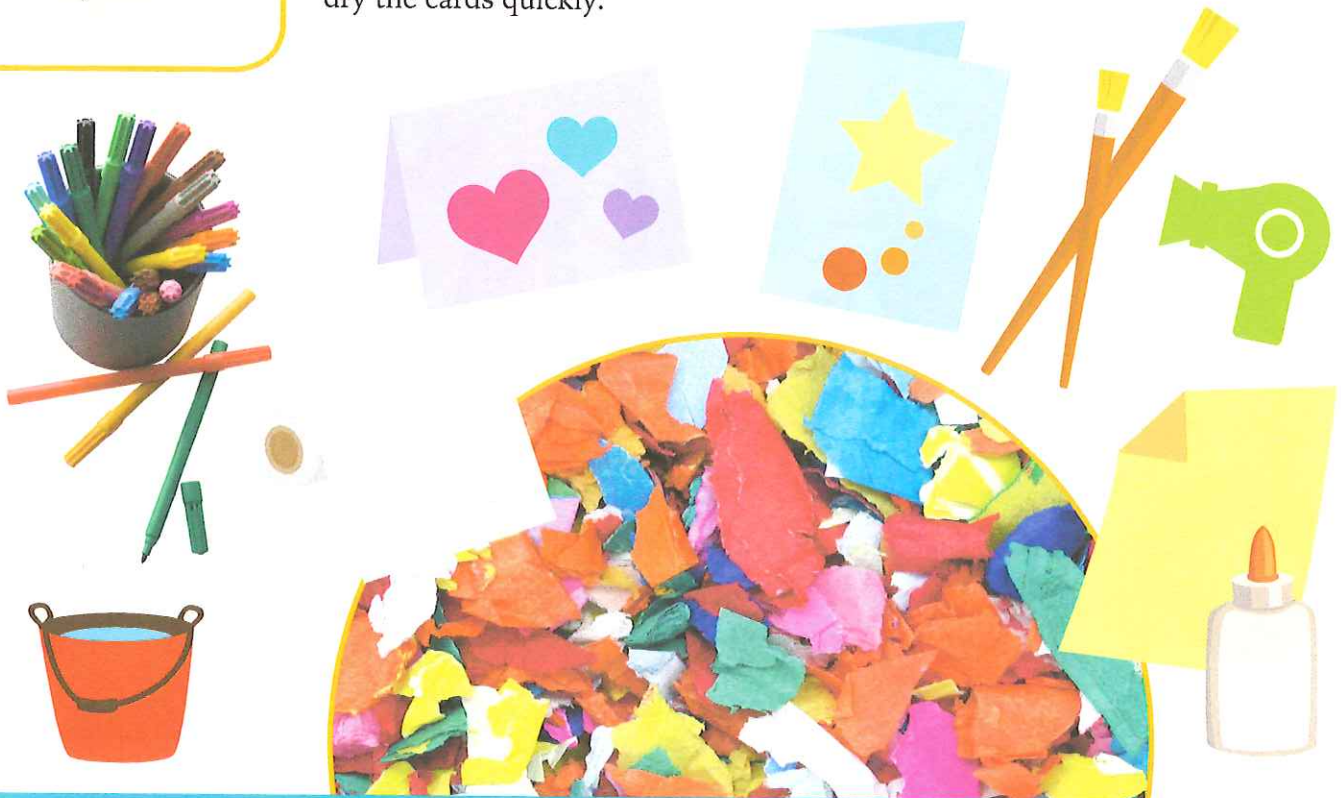
- Church directory or staff and volunteer list
- Construction paper, 8.5 × 11 in (21.5 × 28 cm)
- Markers
- Tissue paper in a variety of colors
- School glue, watered down
- Paintbrushes
- Cups of water
- Paper towels
- Hair dryer

## WHAT YOU DO

Ahead of time: Cover the work area with newspaper.

Begin by reading I Peter 4:10 (NRSV): “Like good stewards of the manifold grace of God, serve each one another with whatever gift each of you has received.” Talk about how people can use their gifts to help the church. Ask the Busy Bees if they know any helpful church members, then go through the church directory or list with the group. Ask your Busy Bees to choose someone from the people you have discussed and make an appreciation card for that person.

Have the child fold a piece of construction paper in half and write a note on the inside of the card. Then have the child close the card so they can decorate the front. Tear the tissue paper into various sizes and shapes or have precut pieces if this works better for your group. Have each child place his or her pieces on the front of the card and then use a paintbrush to lightly paint the glue over the tissue paper. Use a hair dryer on the low setting to dry the cards quickly.





# Job Shadowing

20

MINUTES

## WHAT YOU DO

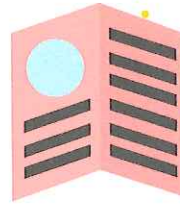
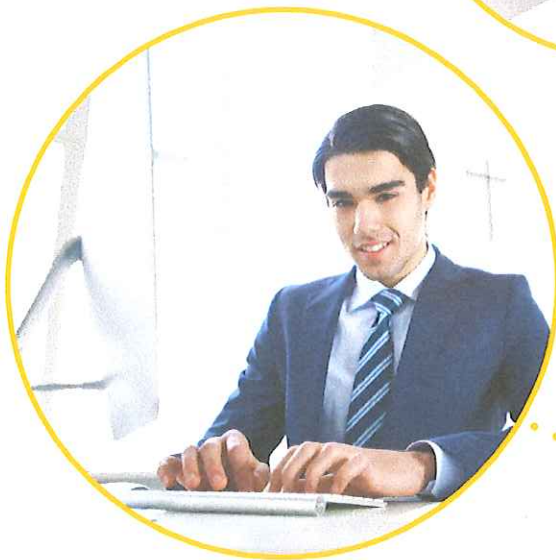
Invite several individuals who work or volunteer for the church and set up a learning station for each one. Have them describe to the Busy Bees what they do each week for the church. Then have the Busy Bees help with that activity at that station. For example: a secretary can fold bulletins, a children's Sabbath School leader can prepare activity boxes, groundskeepers can pick up (pretend) litter, and a director of music can choose music.

2

ACTIVITY

## MATERIALS NEEDED

- Materials for the learning stations (depending on who you invite to speak)





## ACTIVITY

# 3

# Prayer Picture

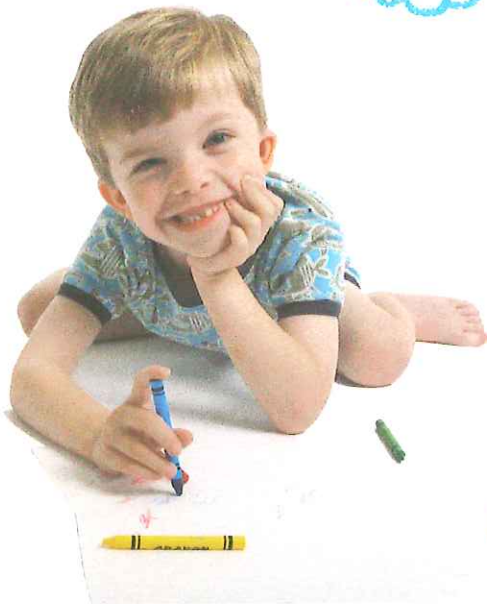
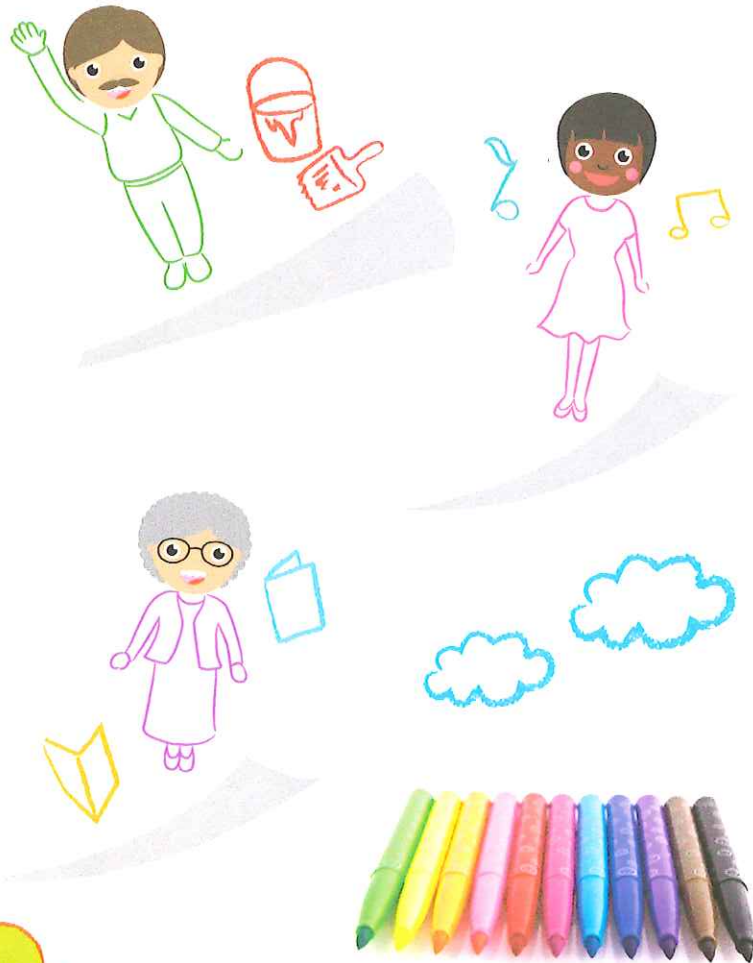
10  
MINUTES

## WHAT YOU DO

Have each Busy Bee choose a picture of a church staff member or volunteer to glue to a piece of paper. Then have the children draw the body of the person and add pictures and words about what that person does each week at the church. Have the Busy Bee pray for this person each day for the next week and make sure this person knows that a Busy Bee is praying for them.

## MATERIALS NEEDED

- White paper, 12 × 18 in (30.5 × 46 cm)
- Staff/volunteer photos (close ups)
- Markers or crayons

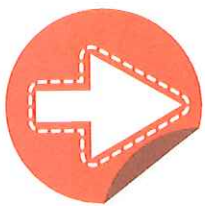


**Requirements:** My World II, A and B



# Meeting 16

## Helping at Home



Here are three fun ways to teach your Busy Bees about helping at home. Adapt these activities for your Busy Bees or use your own activities.





The following activities partially fulfill the requirements for the Home Helper award.

## ACTIVITY

# 1

# Puppet Duster

# 10

MINUTES

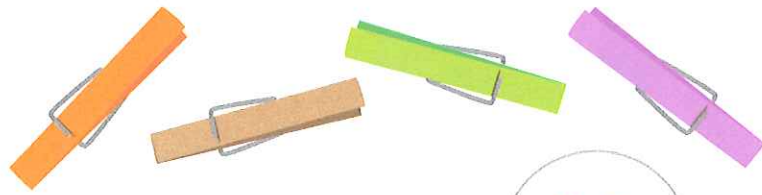
## WHAT YOU DO

Have each Busy Bee glue yarn for hair and pom poms or googly eyes on their sock for a fun puppet duster. The children may need to put their hand in their sock and have help gluing to get the best look for their puppet. While the children are making their puppets, they can sing "Cleanup Song" from *Dora the Explorer*.

### MATERIALS NEEDED

- Socks
- Yarn
- Pom poms or googly eyes
- Fabric glue
- "Cleanup Song" from *We Did It!: Dora's Greatest Hits*





# Household Helpers

20  
MINUTES

## WHAT YOU DO

Set up three game areas in the room. If you have a large group, you may need to have more than one group going at a time and rotate through the games. The games are Sweep the Bean Bag, Water Relay, and Clothespin Tag.

**Sweep the Bean Bag:** Mark a circle on the floor and place all the bean bags in the circle. Give each child a broom and have them sweep the bean bags outside the circle and back in. See how quickly they can accomplish their goal.

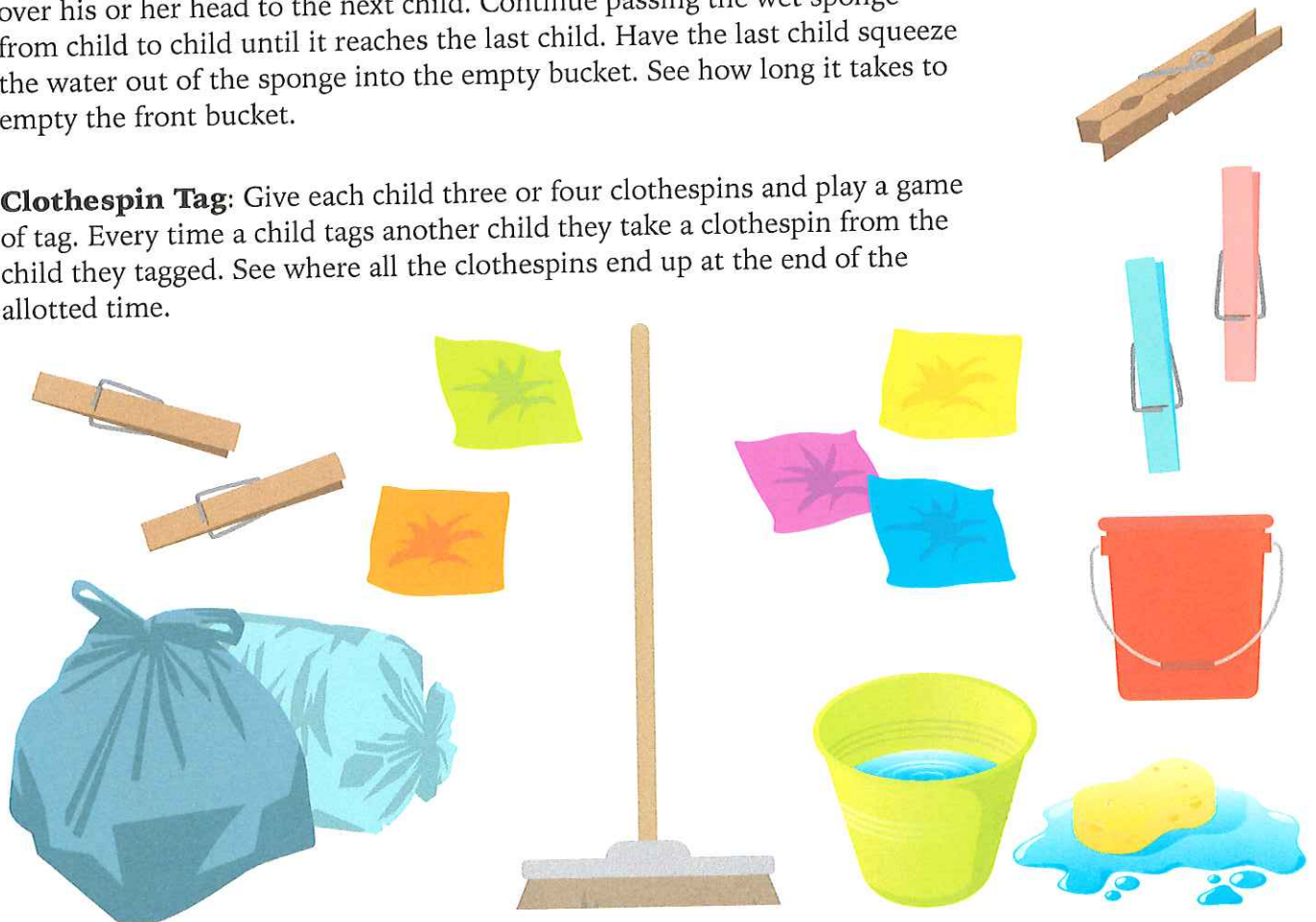
**Water Relay:** Help each child cover up with a garbage bag raincoat and arrange them in a single file line. Place a bucket in front of them with a small amount of water and a sponge and place an empty bucket behind them. Have the first child fill the sponge with water and have him or her pass the sponge over his or her head to the next child. Continue passing the wet sponge from child to child until it reaches the last child. Have the last child squeeze the water out of the sponge into the empty bucket. See how long it takes to empty the front bucket.

**Clothespin Tag:** Give each child three or four clothespins and play a game of tag. Every time a child tags another child they take a clothespin from the child they tagged. See where all the clothespins end up at the end of the allotted time.

## 2 ACTIVITY

### MATERIALS NEEDED

- Brooms
- Bean bags
- Buckets
- Water
- Sponges
- Garbage bags
- Clothespins



## ACTIVITY

# 3

# Cleaning Is Helping

15  
MINUTES

### MATERIALS NEEDED

- White paper, 12 × 18 in (30.5 × 46 cm)
- Old magazines
- White craft glue
- Safety scissors

### WHAT YOU DO

Begin by asking the Busy Bees if they know stories about helpers in the Bible. Tell them a Bible story about helping others. Examples include Samuel helping Eli in the temple or the young maid who helped Naaman. Ask the children what they can do to help out at home. They will have great ideas and many of them probably help at home already. Give them each a piece of paper and old magazines. Have them cut out pictures of how they already help or how they can start helping at home, then have them glue the pictures to their paper to make a collage.



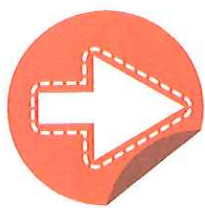
**Award:** Home Helper

To complete this award, check the requirements on p. 132 and add activities as needed.

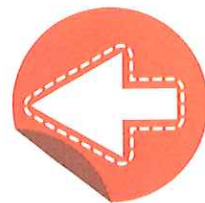




# Meeting 17 Making Music



Here are three fun ways to teach your Busy Bees about music. Adapt these activities to meet the needs of your Busy Bees or use your own activities.





The following activities partially fulfill the requirements for the Music Maker award.

## ACTIVITY

# 1

# Make Your Own Instrument

15  
MINUTES

### MATERIALS NEEDED

- Cardboard craft tubes
- Pieces of paper for covering ends of tubes
- Tape or strong rubber bands
- Rice/lentils/dry beans/dry macaroni
- Paper plates
- Paint
- Paintbrushes
- Pipe cleaners or twist ties, five per child
- Hole punch
- Bells, five per child
- Instruments and/or pictures of instruments from Bible times

### WHAT YOU DO

Begin by talking about how musical instruments were used in the Bible and what types of instruments were used. Show your Busy Bees pictures of what these instruments looked like. Then have each Busy Bee make a shaker or tambourine.

### Biblical instruments

Genesis 31:27

Tambourine/timbrel

Exodus 28:33

Bells

Numbers 10:1-10

Trumpet

I Kings 10:12

Harp

Isaiah 5:12

Clarinet

Isaiah 30:29

Flute

I Chronicles 13:8

Harps, lyres, timbrels, cymbals, and trumpets



**Shaker:** Give the Busy Bee a cardboard craft tube, two pieces of paper, two strong rubber bands or tape, and a small amount of rice (or other dry good). Have the child place one piece of paper over one end of the cardboard craft tube and secure it with tape or a rubber band. Then have the child place a small amount of rice in the tube and secure the other piece of paper on the other end of the tube. You may want to provide multiple fillings and experiment to hear how various materials produce different sounds.

**Tambourine/Timbrel:** Give the Busy Bee a paper plate and help him or her punch five holes as evenly as possible around the edge of the plate. Then have the child use a twist tie or pipe cleaner to secure bells around the edge at each hole. They can then paint a fun design on their tambourine.



# Rhythm

## WHAT YOU DO

15

MINUTES

**Rhythm Sticks:** The leader begins with making a musical rhythm with the sticks. For example: tap sticks together, tap sticks together, tap sticks on floor, tap sticks on floor, tap sticks on shoe, tap sticks on shoe. Then have the children follow along with the rhythms you make.

**Rhythmic Clapping:** Many of us grew up with clapping games and many children enjoy learning them. They are fun and a good way to learn rhythm. They do not have to be complicated. Have your Busy Bees sit in a circle and experiment with clapping their hands together and on the floor and on their knees to create rhythm.

**Rhythmic Speaking:** You may want to use your rhythm sticks or rhythmic clapping to get a solid tempo going and establish a rhythmic pattern where everyone recognizes when it's their turn to speak. Rhythmically count out 1, 2, 3, 4 and have the children take turns speaking on 4. You can each practice the rhythm a few times and then go around the circle and say your name, your favorite color, your pet's name, or favorite animal when it's your turn.

2

## ACTIVITY

### MATERIALS NEEDED

- Wooden dowels cut in 12 in (30.5 cm) lengths, two per child



### Suggested resources

- Check out the following videos on [YouTube.com](https://www.youtube.com):
  - 4 Square Rhythm Sticks
  - Rhythm Sticks Children's Song – JAMaROO Kids
  - Primary Music Lesson: Rhythmically Speaking 1: The Rhythm Game
- [Funclapping.com](https://www.funclapping.com)





## ACTIVITY

# 3

# Musical Games

# 15

MINUTES

### MATERIALS NEEDED

- Limbo stick
- Limbo music

### WHAT YOU DO

Try out one or more of these activities with your Busy Bees:

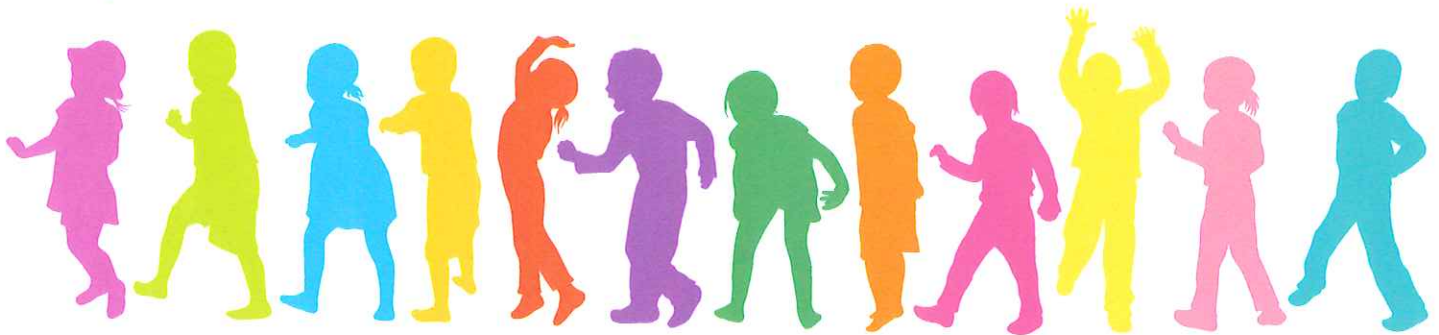
**Action Song For 1st Graders:** [youtube.com/watch?v=aWwNQuf9omM](https://www.youtube.com/watch?v=aWwNQuf9omM)  
1 minute, 24 seconds

During this song, the Busy Bees follow along by sitting, standing, bowing, etc. as the children in the video do the actions.

**Hokey Pokey Dance For Children:** [youtube.com/watch?v=sLqENbb7jLM](https://www.youtube.com/watch?v=sLqENbb7jLM)

During this song, the Busy Bees follow by putting their hands and feet “in” and “out” at the appropriate times.

**Limbo:** The Busy Bees form a line and duck under the stick while the music plays. After the last child has had a turn, the stick is lowered. Children are “out” if they hit the stick while trying to duck under it. The game is over when one child is left who has not hit the stick while ducking under it.

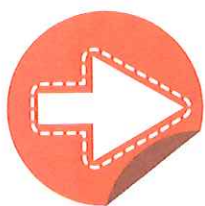


**Award:** Music Maker

To complete this award, check the requirements on p. 133 and add activities as needed.



# Meeting 18 I'm an Artist



Here are three fun ways to guide Busy Bees in exploring the world of art. Adapt them to meet the needs of your Busy Bees or use your own activities.





The following activities partially fulfill the requirements for the Artist award.

## ACTIVITY

# 1

# Fold and Mix Paintings

20  
MINUTES

### MATERIALS NEEDED

- Newspaper
- Smocks
- White construction paper, 14 × 17 in (35.5 × 43 cm)
- Tempera paint: red, yellow, and blue
- Containers for the paint
- Cups with water
- Paper towels
- Paintbrushes, 1 in (2.5 cm) width
- Hair dryer
- A book about artists such as *Artist* by Heather Miller (Heinemann-Raintree, 2003) or *What Is an Artist?* by Barbara Lehn (Millbrook, 2002)

### WHAT YOU DO

Ahead of time: Cover the work area with newspaper.

Begin by reading a book about artists to the Busy Bees. When you are done, ask the children what they learned from the book. Then tell them that sometimes we call God the “Master Artist.” Ask them why they think we call God an artist.

Next have the children put on smocks and get a paintbrush and a sheet of paper, while the parents/guardians get a paper plate with red, yellow, and blue paint and a cup of water.

Now it’s time to paint! Have the children fold the paper in half (from short side to short side). Then have them paint red, yellow, and green spots on one half of the paper. The next step is to fold the unpainted half of the paper onto the painted half. They should gently rub the outside of the paper before opening the paper up to see the design they created.

Now repeat the process all over, except have the children mix the paint to make different colors and then paint dots on another sheet of paper. Let them make as many paintings as you have time and supplies for. It’s a fun way to be creative and learn about color.

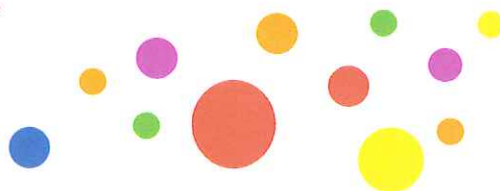
Red + Yellow = Orange  
Red + Blue = Purple  
Yellow + Blue = Green



### TIP

The books mentioned in this guide can be found on [Amazon.com](https://www.amazon.com) or [Amazon.ca](https://www.amazon.ca) or at your local library.

You're doing great!



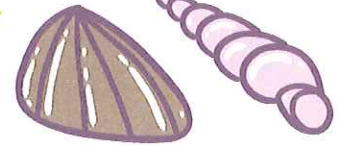
# Shapes and Textures

## WHAT YOU DO

Begin by passing around some objects and asking the Busy Bees to describe how the objects feel. Tell them this is the object's texture. Then lay a piece of paper on one of the textured objects and lightly scribble back and forth with a colored pencil over the object. Hold the paper up and let the children see the texture on the paper. Now have the children try it. Encourage them to fill up the entire sheet of paper, use different colors of pencils, and overlap textures.

On a new sheet of paper, have the children trace around the objects and color them in with different colored pencils. Again encourage them to fill up the entire sheet of paper and let them know it's okay for the shapes to overlap.

This is a fun activity to do outside if you have time and are in the right location. You can let the children find their own objects to trace.



15

MINUTES

2

ACTIVITY

## MATERIALS NEEDED

- Textured objects: tree bark, keys, sandpaper, leaves, shells, etc.
- Objects to trace: leaves, shells, twigs, rocks, keys, etc.
- Paper
- Colored pencils
- Pencil sharpeners





## ACTIVITY

# 3

# Decorative Tiles

10  
MINUTES

## WHAT YOU DO

Ahead of time: Cover the work area with newspaper.

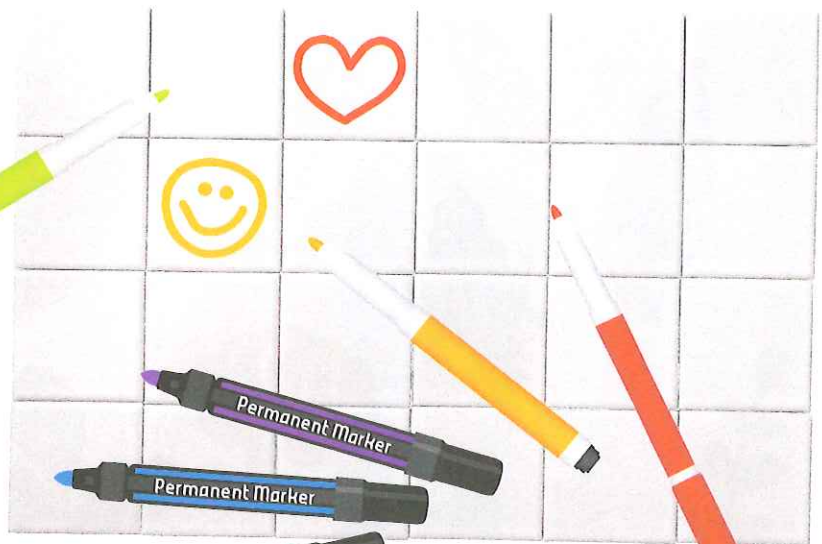
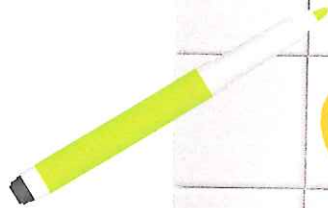
Show the Busy Bees a couple of tiles that you have already decorated. Keep the drawings simple or make designs. Explain to the children that permanent markers don't wash off, so they need to keep it off their clothes, the tables, and each other.

You can let the children draw whatever they want or you can choose a theme and have their decorated tiles go along with the theme. Have the children first draw their picture or design on a piece of scrap paper. Then they can copy the design onto the tile.

Once they have finished decorating the tile, lightly spray each tile with clear acrylic sealer (if done too heavily it will run). Make sure to do this in a well-ventilated area.

## MATERIALS NEEDED

- Glazed white ceramic tiles, 4 × 4 in (10 × 10 cm) or larger
- Smocks
- Newspaper
- Scrap paper cut the same size as the tiles
- Permanent markers in a variety of colors
- Clear acrylic sealer spray (Mod Podge spray)



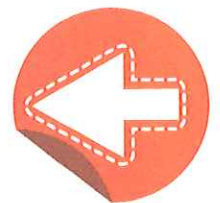
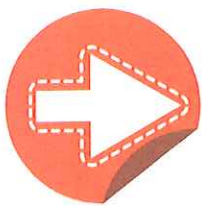
**Award:** Artist

To complete this award, check the requirements on p. 126 and add activities as needed.





Here are three fun ways to teach Busy Bees about the beautiful flowers God made. Adapt these activities for your Busy Bees or use your own activities.





The following activities partially fulfill the requirements for the Flowers award.

## ACTIVITY

# 1

# Paint with Flowers

# 15

MINUTES

## MATERIALS NEEDED

- Flowers, three different kinds per child (daisies, mums, carnations, or flowers common to your area)
- Tempera paint
- Paper, 12 × 18 in (30.5 × 46 cm)
- Containers for paint
- Smocks
- Newspaper

## WHAT YOU DO

Ahead of time: Cover the work area with newspaper.

Talk about the flowers the Busy Bees have seen and show them pictures of flowers that are common to their area. Give each Busy Bee a piece of paper and a set of three different flowers. Place containers of paint within easy reach. Have the Busy Bees dip the flowers in the paint and stamp designs on their paper.





# Bees

20  
MINUTES

## WHAT YOU DO

Begin by reading a book about bees to the children. Answer any questions they may have and ask if they would like to pretend to be bees and practice pollination. Give each child a straw. Place two cups of juice per child on a table and have them use the straw to drink some juice. The straw represents a bee's proboscis, or tongue, and the cups of juice represent flowers filled with nectar. The first cup of juice should have cotton balls around it. While the child is at the first cup, have an adult attach a cotton ball to double-sided tape and place it on the child's arm to represent pollen getting stuck to a bee. When the child moves to the next cup of juice, have the adult remove the cotton ball from the child's arm and place it next to the second cup of juice to represent a pollinated flower. Explain how this illustrates the important work performed by bees.

This activity was adapted from [GardenAtSchool.wordpress.com/2012/06/16/pollination-games](http://GardenAtSchool.wordpress.com/2012/06/16/pollination-games).

# 2

## ACTIVITY

### MATERIALS NEEDED

- Straws
- Double-sided tape
- Cotton balls
- Juice
- A book about bees, such as *Are You a Bee?* by Judy Allen (Kingfisher, 2004) or *Time for Kids: Bees!* (HarperCollins, 2005)



## ACTIVITY

# 3

## Seeds

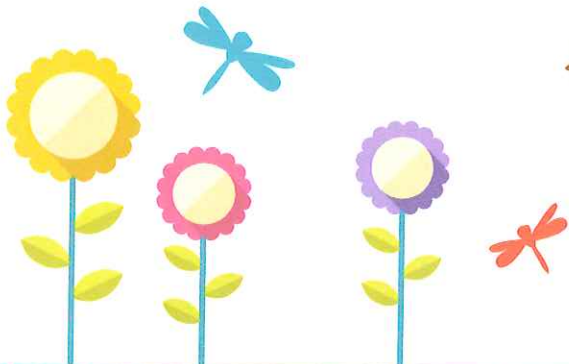
10  
MINUTES

### WHAT YOU DO

Punch a small hole in the bottom of each cup. Then have each Busy Bee place a coffee filter in the cup. Next, place a small amount of gravel in the cup and begin to fill the cup with potting soil. Make sure you read the instructions for the bulb or seed being planted so each seed or bulb is planted at the correct depth. Once the bulb or seed is placed in the soil, finish filling the cup, then water it so it is fairly damp. Let each child take two or three plants home to watch them grow.

### MATERIALS NEEDED

- Photos of flowers or real flowers from your area
- Seeds and bulbs of flowers from your area, two or three per child
- Large clear plastic cups, two or three per child
- Coffee filters, one per cup
- Gravel, small size and amount
- Potting soil, enough to fill each cup

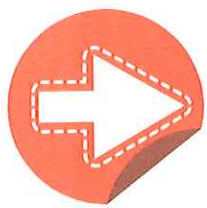


**Award: Flowers**

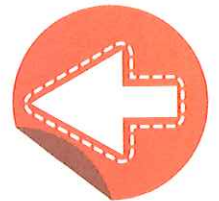
To complete this award, check the requirements on p. 135 and add activities as needed.



# Meeting 20 Mapping



Here are three fun ways to teach Busy Bees about our guide, God. Adapt these activities for your Busy Bees or use your own activities.





The following activities partially fulfill the requirements for the Guide award.

## ACTIVITY

# 1

## Maze

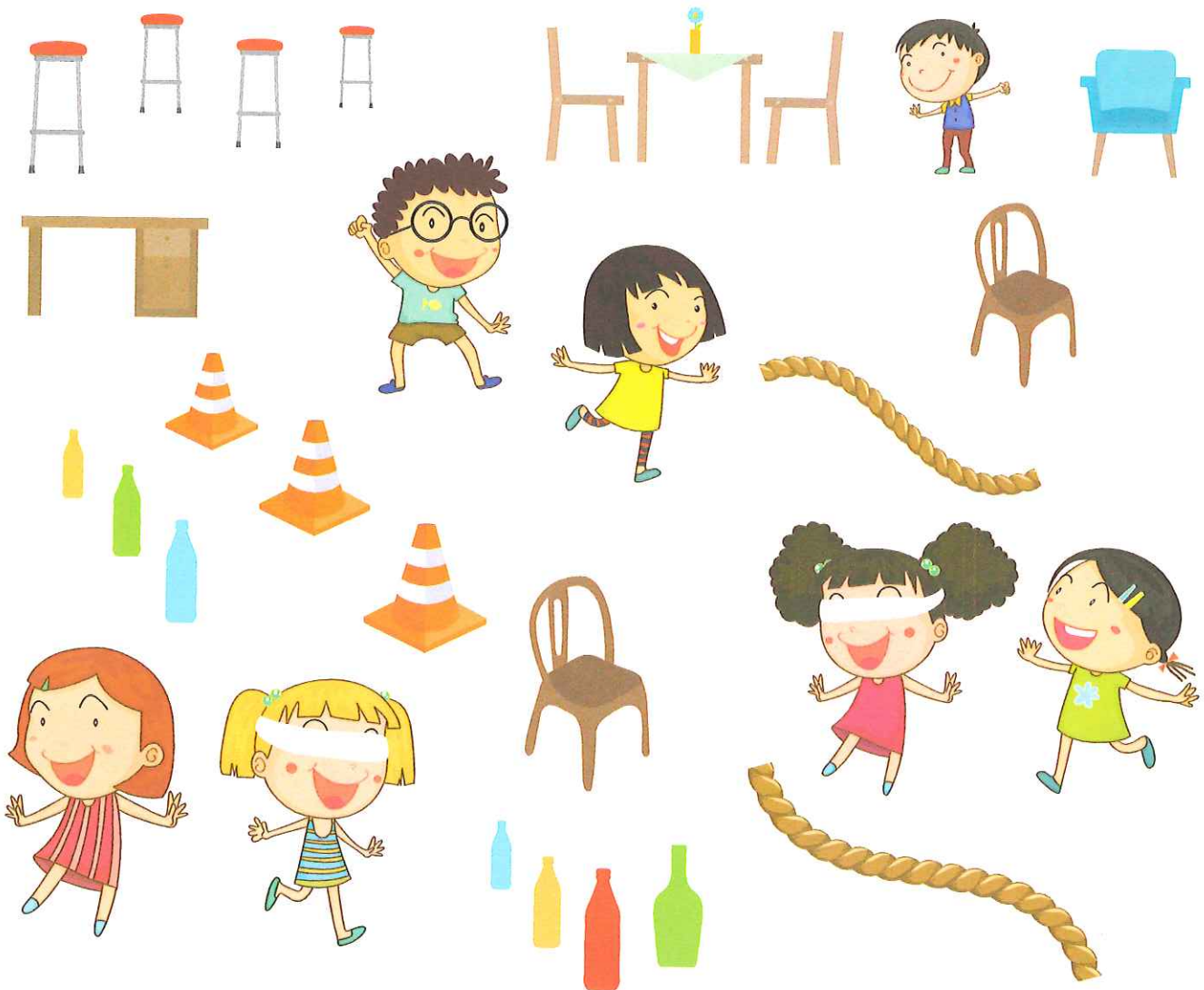
20  
MINUTES

### WHAT YOU DO

#### MATERIALS NEEDED

- Chairs
- Tables
- Cones/empty bottles
- Rope
- Blindfolds (optional)

Begin by discussing what it means to be a guide. Read Psalm 48:14 (NIV): "For this God is our God for ever and ever; he will be our guide even to the end." Talk about how God is our guide and how He left His word, the Bible, to guide us. Set up a maze by arranging tables, chairs, and other objects such as cones and empty bottles. Next, pair your Busy Bees together or with an adult. You can do this activity with or without a blindfold. Have one of the partners lead the other through the maze by giving specific directions on where to go and how many steps to take. Then have the other partner take a turn. During this activity, stress the importance of leading the partner through the maze safely.





# Excuse Me, I Need Directions

15  
MINUTES

2

ACTIVITY

## WHAT YOU DO

Choose two adults to role play this exercise for the kids. Have one adult put on one of the costumes and answer questions while the other adult holds up one of the pictures and asks for directions to the location that is shown. Then have some of your Busy Bees put on the costumes or hats. Have the other Busy Bees hold the pictures and practice asking the Busy Bees in costume for directions to places in their pictures. Talk about who is safe to talk to and who might not be safe to talk to.

## MATERIALS NEEDED

- Hats or costumes for the following characters:
  - Teacher
  - Firefighter
  - Police officer
  - Librarian
  - Pharmacist
  - Any others you wish to include
- Pictures of locations
  - Post office
  - Grocery store
  - Church
  - School
  - Any others you wish to include



## ACTIVITY

# 3

## My Map

# 10

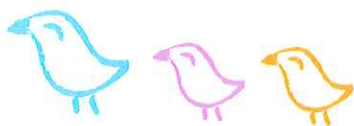
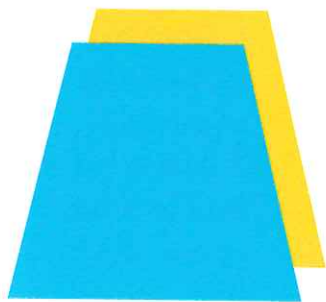
MINUTES

### WHAT YOU DO

Have each Busy Bee draw a picture of his or her neighborhood or street. Have them tell the other Busy Bees how to get to places in their neighborhood such as a park, their yard, etc.

### MATERIALS NEEDED

- Large sheets of paper
- Crayons, markers, or sidewalk chalk



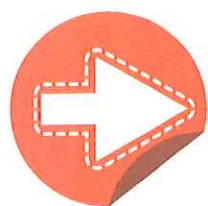
**Award:** Guide

To complete this award, check the requirements on p. 136 and add activities as needed.

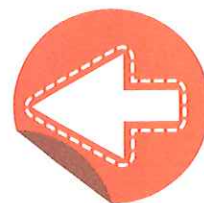




# Meeting 21 Christmas



Here are three fun ways you can celebrate Christmas with your Busy Bees. Adapt these ideas to meet the needs of your Busy Bees or use your own activities.



## ACTIVITY

# 1

# The Star

# 10

MINUTES

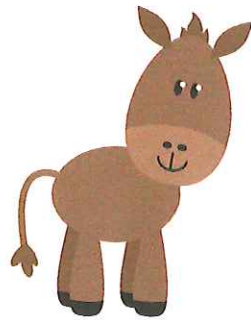
## WHAT YOU DO

Ahead of time: Hide the stuffed animals in locations where the Busy Bees can easily find them.

Have the Busy Bees dress as shepherds, shepherdesses, wisemen/women, and angels. Begin by reading a Christmas story. Then have the children follow an adult who is carrying a star while they search for the animals in the story. End the search at the nativity scene and talk about how the star pointed the way to Jesus.

## MATERIALS NEEDED

- Costumes/robes/ large pieces of fabric
- Nativity scene
- Star
- A Christmas story of your choice, such as *Song of the Stars: A Christmas Story* by Sally Lloyd-James (Zonderkidz, 2011)
- Stuffed animals to illustrate the story you tell





# Gifts with Handmade Wrapping Paper

20  
MINUTES

## WHAT YOU DO

Ahead of time: Find a local non-profit organization that is collecting new gloves, mittens, hats, and scarves to distribute to people who need them. Make a list of what's needed and share it with the Busy Bees and their parents ahead of time. It's a good idea for you as a leader to purchase several extra items for Busy Bees who forgot or are unable to make a donation. Ask the other adults to help cut shapes in the potatoes using cookie cutters as stencils. Cover the work area with newspaper.

Not all organizations are able to accept wrapped gifts. Please check with your selected organization ahead of time. If wrapped gifts are not accepted, the kids could make a Christmas card to accompany each gift. As an alternative, the Busy Bees could donate items for several Operation Christmas Child boxes (visit [samaritanspurse.org](http://samaritanspurse.org) for more information) and each make a card to go with their gift.

Begin by reading the story of the wise men from the Bible (see Matthew 2) and talk about the gifts they brought to Jesus. Discuss why it is important to give gifts especially to those who are in need. Tell the children that first they will make their own wrapping paper and then wrap the gifts.

Have the Busy Bee place the potato, carved side facing down, into a shallow container of paint. Then the Busy Bee presses the potato onto the paper. Repeat until the paper is covered with stamps. Use the hair dryer to dry the paint. When the paint is dry, wrap the gifts with the wrapping paper. Make sure each gift is clearly labeled.

### TIP

How to make a potato stamp: Cut the potato in half. Press a Christmas cookie cutter into the potato (on the side, not the skin). Cut away the potato that is outside the cookie cutter design. The design should be about 0.5 in (1 cm) above the carved area of the potato.

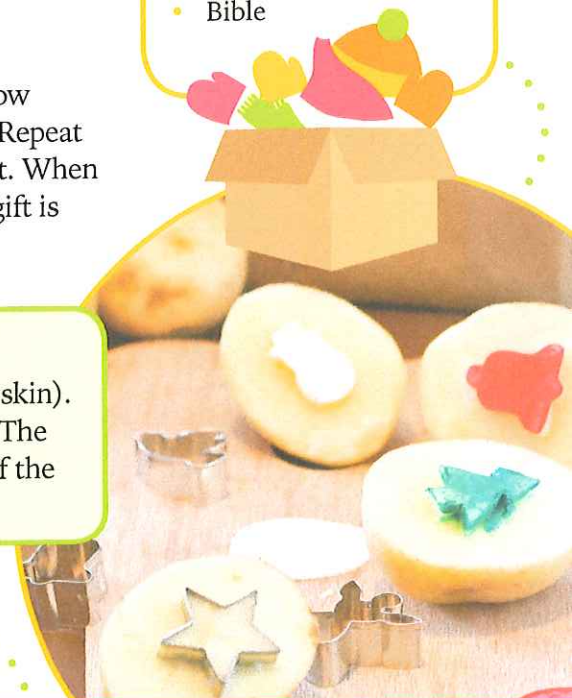


2

ACTIVITY

## MATERIALS NEEDED

- Items donated by Busy Bees
- Potatoes
- Tempera or acrylic paint
- Plates
- Christmas cookie cutters
- X-ACTO knives
- Tape
- Hair dryer
- Markers
- Roll of paper or blank greeting cards
- Smocks
- Newspaper
- Bible



## ACTIVITY

# 3

## Trees

15  
MINUTES

### WHAT YOU DO

Begin by reading a book about Christmas traditions. Talk about Christmas traditions and how different cultures celebrate in different ways. Give each Busy Bee a pre-cut felt tree and have them decorate it by gluing on buttons, beads, and ribbons.

### MATERIALS NEEDED

- Felt Christmas trees
- Buttons
- Beads
- Ribbons
- Fabric glue
- Scissors
- A book about Christmas traditions, such as *A Porcupine in a Pine Tree: A Canadian 12 Days of Christmas* by Helaine Becker (Northwinds, 2010), *A Piñata in a Pine Tree: A Latino 12 Days of Christmas* by Pat Mora (Clarion, 2009), or *The Year of the Perfect Christmas Tree: An Appalachian Story* by Gloria Houston and Barbara Cooney (Puffin, 1996)

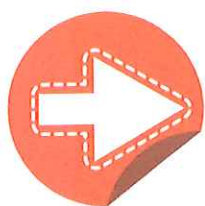


You're almost done!

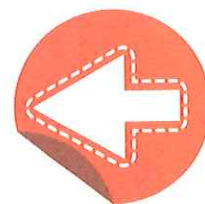




# Meeting 22 Bike Rodeo



Here are instructions for a fun meeting where Busy Bees will learn about bike safety and have a chance to demonstrate their bike skills. Adapt these activities to meet the needs of your Busy Bees or use your own activities.





Make sure all Busy Bees have a way to participate even if they do not ride a bike. They can ride anything on wheels. Also, they can be assigned tasks at stations.

## STATION

# 1

## Bike Safety



One of the most important parts of bike safety is a properly fitted helmet. At this station each Busy Bee will wear his or her helmet and have it checked by an adult for proper fit. Make sure the helmet is sitting level on the head and comes down to just above the eyebrows. The straps should be adjusted so they form a “V” shape under and slightly in front of the child’s ears. Once the straps are adjusted, ask the Busy Bee to open his or her mouth in a big yawn. They should feel their helmet pulling down on their head.

## STATION

# 2

## Bike Mechanic Station

### MATERIALS NEEDED

- Wrenches
- Tire pumps

At this station, Busy Bees should be taught how to do the following:

**Brakes:** Make sure they are working properly and the pads do not need to be replaced.

**Tires:** Make sure they are properly inflated.

**Spokes:** Make sure the spokes are not bent.

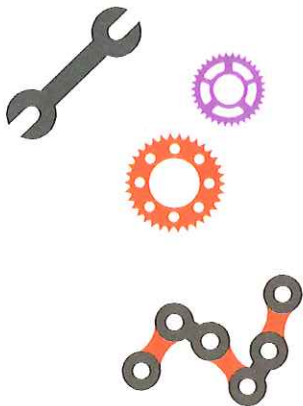
**Reflectors:** Make sure they are not broken or missing.

**Seat:** Make sure it is properly adjusted.

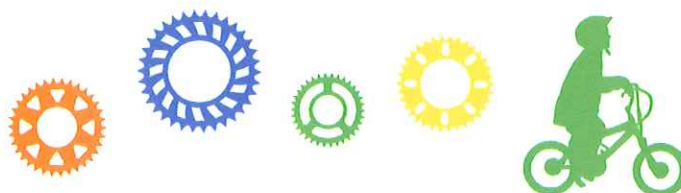
**Chain:** Make sure it is oiled and working properly. Check the crank and gears at the same time.

**Pedals:** Make sure they are secure.

**Quick Release:** Make sure the wheels are securely fastened to the bicycle frame.



If you need help with the bike mechanic station, contact a local bike shop or cycling club and ask if they know of anyone looking for an opportunity to volunteer. You can also check out a book such as *Kids' Easy Bike Care: Tune-Ups, Tools & Quick Fixes* by Steve Cole (Williamson, 2003).





Once the children have completed all of the stations give them a bike-themed gift such as a water bottle, cycling gloves, or a repair kit.

## Bicycle Registration

Contact your local law enforcement agency to assist your club with bicycle registration. Each Busy Bee can register his or her bicycle and will receive a sticker to place on their bicycle. In the event the bicycle is lost or stolen local law enforcement will be able to help trace and locate the bicycle.

## Hand Signals

Busy Bees will need to learn hand signals in order to let other people on the road know where they are going. These hand signals are universal so you can reassure your Busy Bees that drivers and pedestrians will understand what the signals mean.

**Right Turn:** Right arm fully extended to the right or left arm extended with elbow bent up at a 90 degree angle.

**Left Turn:** Left arm fully extended to the left.

**Stop:** Arm extended out with elbow bent down at a 90 degree angle.

## Obstacle Course

You can set up numerous activities for a course; you are only limited by the amount of space available.

**Slalom/Zig Zag:** Set up a line of cones and have your Busy Bees bicycle through them in a zig zag pattern.

**Figure 8:** Have your Busy Bees ride in a figure 8 pattern.

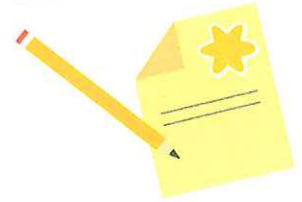
**Balance:** Use chalk to set a distance of 50-100 ft (15-30 m) and see how slowly your Busy Bees can ride to reach the finish line.

**Turns:** Use the cones to set up sweeping turns and sharp turns.

**Stop on a Dime:** Set up a starting line and a finish line about 25 ft (8 m) away. See if your Busy Bees can stop with their tire directly on the finish line.

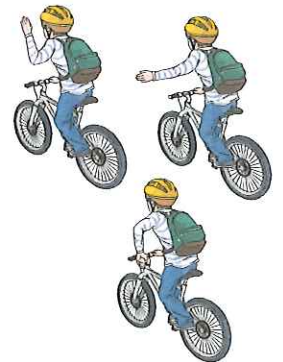
3

STATION



4

STATION



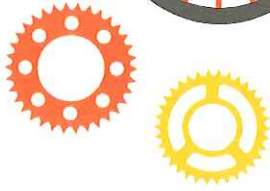
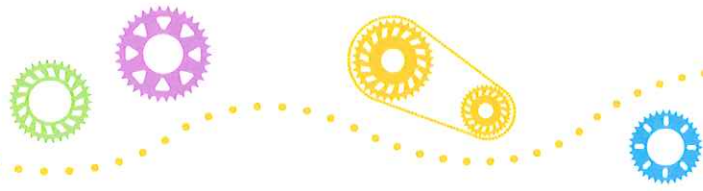
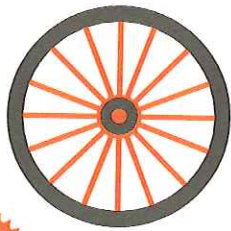
5

STATION

### MATERIALS NEEDED

- Sidewalk chalk
- Cones or empty 2-liter bottles





## Resources

- [helmetsrus.net/school/info\\_pages.php?pages\\_id=8](http://helmetsrus.net/school/info_pages.php?pages_id=8)
- [health.utah.gov/vipp/pdf/BicycleSafety/Bicycle%20Skills%20Rodeo%20Packet.pdf](http://health.utah.gov/vipp/pdf/BicycleSafety/Bicycle%20Skills%20Rodeo%20Packet.pdf)
- [bicycling.about.com/od/organizedbikeevents/a/bikerodeo\\_event.htm](http://bicycling.about.com/od/organizedbikeevents/a/bikerodeo_event.htm)
- [facebook.com/events/324378194360020/?ref=22](https://www.facebook.com/events/324378194360020/?ref=22)
- [bicyclecoalition.org/files/Bike\\_Rodeo\\_Toolkit.pdf](http://bicyclecoalition.org/files/Bike_Rodeo_Toolkit.pdf)

### TIP

The League of Michigan Bicyclists site at [lmb.org](http://lmb.org) has a great tool kit filled with information about running a bicycle rodeo. Click on “Bicycle Rodeos—How to Run an Event” in the Education Toolkit box.





# Section 5

## Resources

This section includes award requirements and photocopy masters for some of the Busy Bee activities. Check [Pinterest.com/AdventSource](https://www.pinterest.com/AdventSource/) to find more resources.





# Creation

God created a beautiful new planet for people to live on. He asked them to care for it for Him.



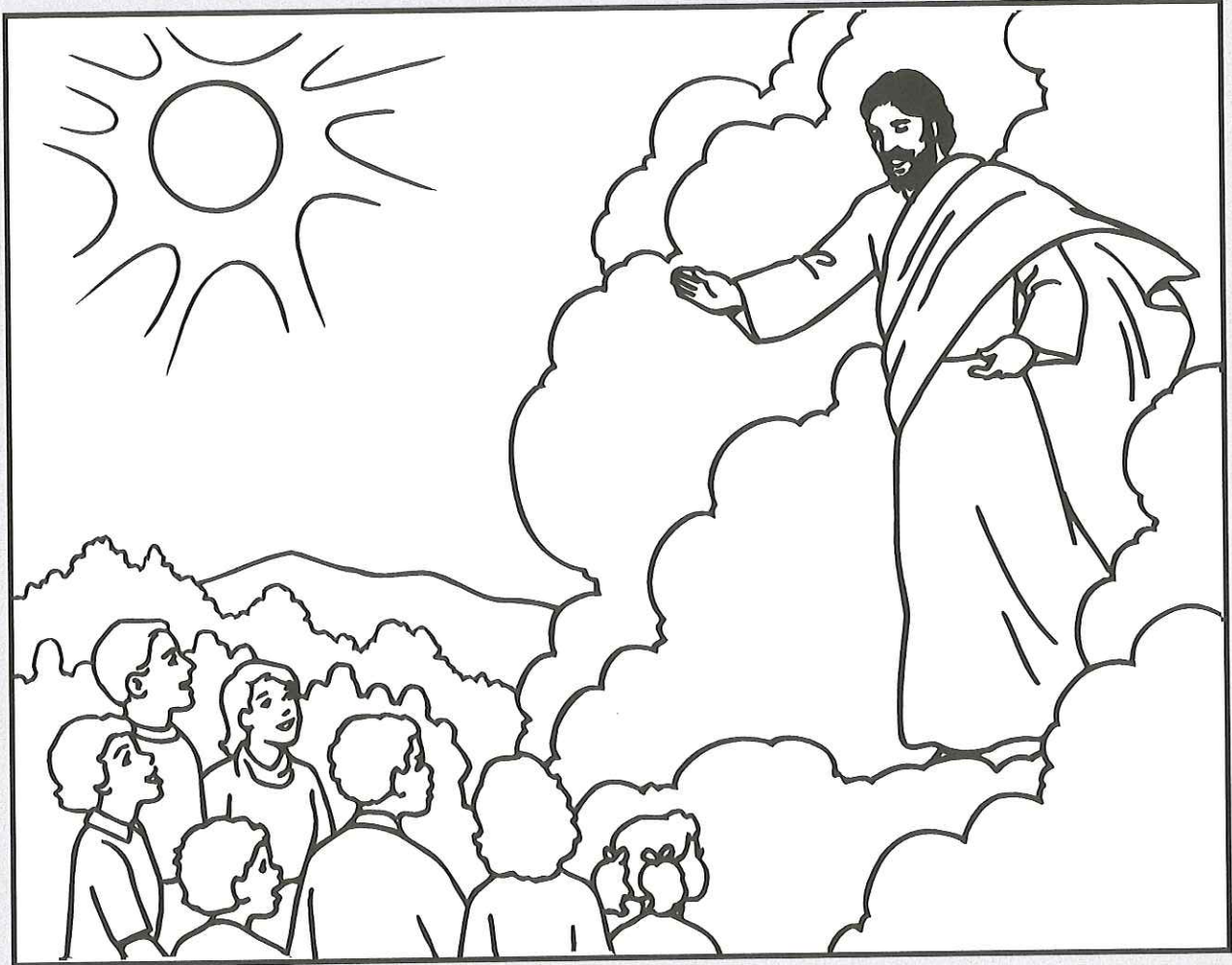
## The First Sin

Adam and Eve chose to disobey God. Sin enters our world; sin brings sadness and death.



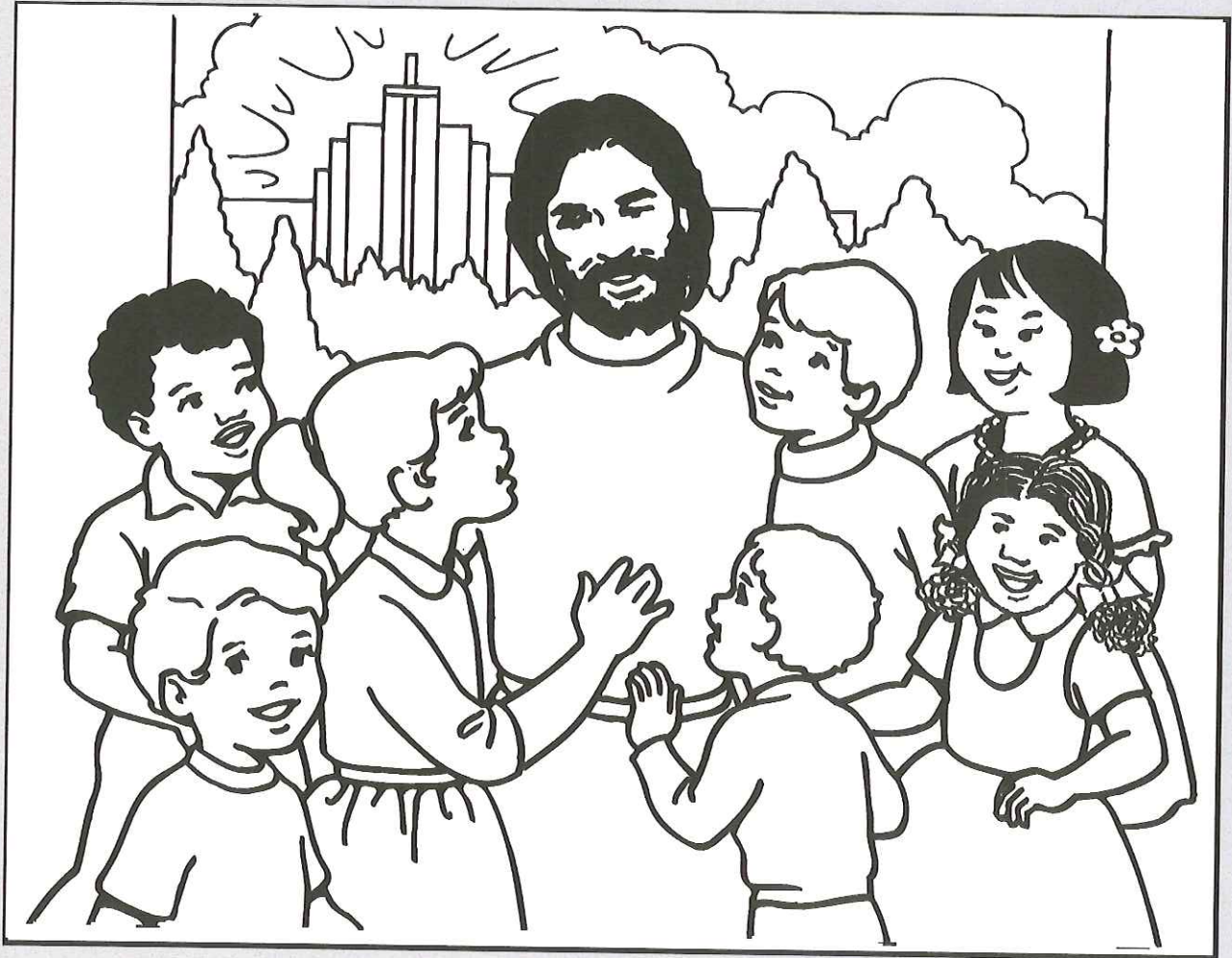
# Jesus Cares for Me Today

Jesus' angels are with \_\_\_\_\_ right now.  
(my name)  
Jesus will help me whenever I ask Him to.



## Jesus Comes Again

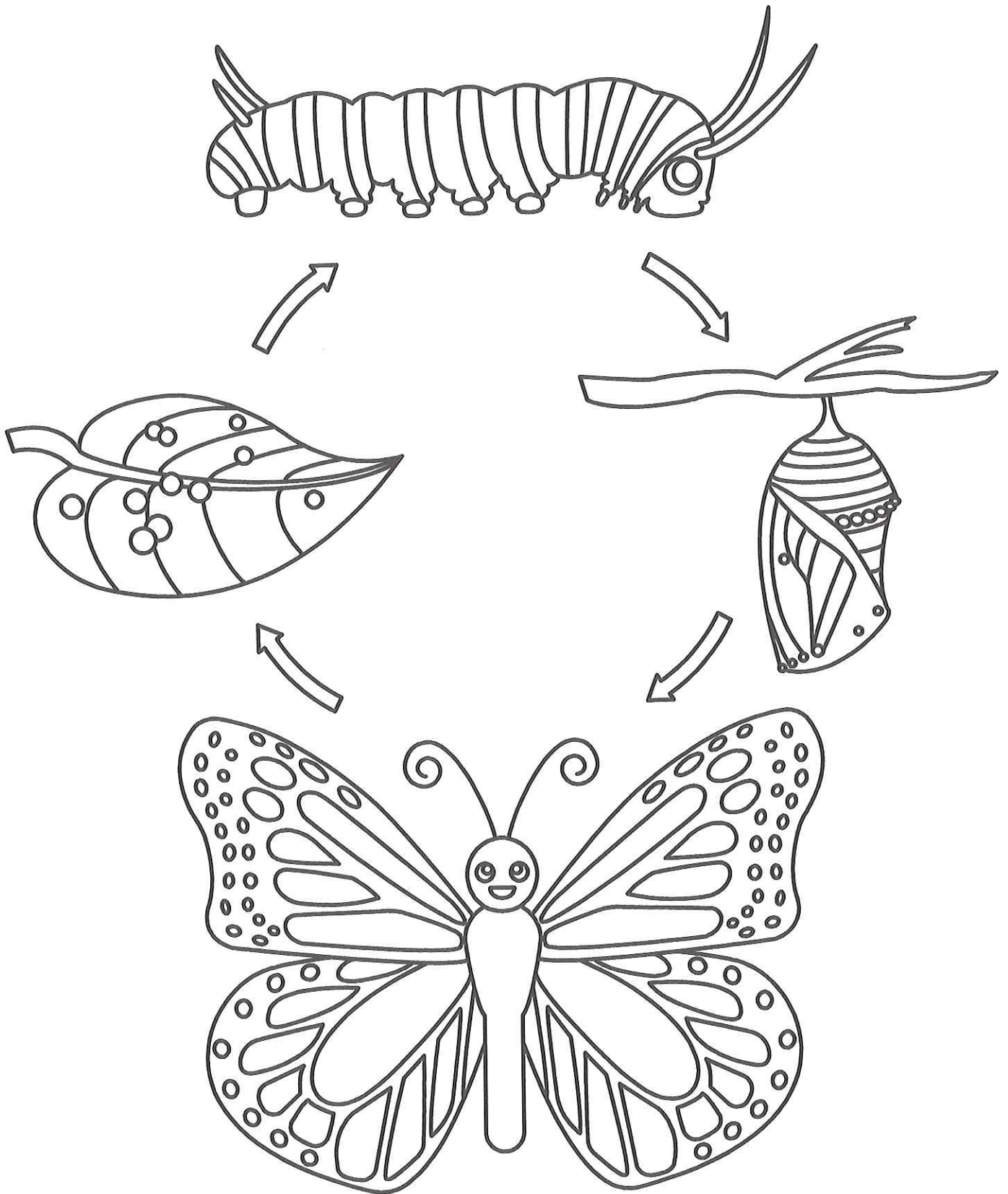
Very soon, we will see Jesus come on a cloud. He will take all His people to be with Him in heaven.



# Heaven

We will live in heaven with Jesus forever.  
There will be many fun things to do.  
We will never be hurt or sad again.

# Butterfly Life Cycle



# Home Safety Plan

Choose one activity to practice with your family each day for one week.

Check when completed	<b>ACTIVITY AND DESCRIPTION</b>
	<p><b>Fire safety</b></p> <ol style="list-style-type: none"> <li>1. Check the batteries in all smoke detectors and change them if needed.</li> <li>2. Make sure all candles, matches, and lighters are stored out of the reach of children.</li> <li>3. Create a fire evacuation plan for your home.</li> <li>4. Practice a fire drill with your family.</li> </ol>
	<p><b>Medication safety</b></p> <ol style="list-style-type: none"> <li>1. Make sure all medication bottles have securely fastened lids.</li> <li>2. Make sure all medications are stored out of reach of children.</li> </ol>
	<p><b>TV and furniture safety</b></p> <ol style="list-style-type: none"> <li>1. Make sure all televisions and tall furniture are secure and cannot tip over. Use brackets or braces to secure furniture if needed.</li> </ol>
	<p><b>Play safety</b></p> <ol style="list-style-type: none"> <li>1. Drink plenty of water when playing, especially when playing outdoors.</li> <li>2. Wear your helmet when biking and helmet and knee pads when skating.</li> <li>3. Make sure a trusted adult is always nearby.</li> </ol>
	<p><b>Fall safety</b></p> <ol style="list-style-type: none"> <li>1. Avoid climbing on structures in your home and climb only on structures built for climbing.</li> <li>2. Make sure all window screens are securely fastened.</li> <li>3. Check all rugs for a non-slip bottom surface. If rugs move easily, find a solution with your family.</li> </ol>
	<p><b>Pedestrian safety</b></p> <ol style="list-style-type: none"> <li>1. Always cross the street with an adult.</li> <li>2. Look both ways before crossing the street and cross at a corner or crosswalk.</li> <li>3. Always use the sidewalk or path.</li> </ol>





## Required

BUSY BEE

1

## Bible I



1. Own a Bible.
2. Explain how to show respect for the Bible and how to care for it.
3. Name the first and last books of the Bible and tell who wrote them.
4. Tell or act out the following stories:
  - a. Creation
  - b. The first sin
  - c. Jesus cares for me today
  - d. Jesus comes again
  - e. Heaven
5. Locate, read, and discuss three of the following Bible verses about Jesus' love for you:
  - a. John 3:16
  - b. Psalm 91:11
  - c. John 14:3
  - d. Psalm 23:1
  - e. Your choice

Memorize and repeat two of them.

6. Make masks to illustrate a Bible story or parable.  
OR  
Create a Bible story in a sandbox or with felts.

---

### Helps

- 1 & 2. If possible, see that each child has his/her own Bible. Teach that nothing is ever set on a Bible and to keep the Bible clean. Show the children how to be careful and handle it reverently.
  3. Help the Adventurers locate the books of Genesis and Revelation. Encourage them to locate each book in their Bible while the child tells the story of the author. Play Bible games, use felts, etc. Make this a fun learning experience.
  4. Have the children pantomime. Adventurers enjoy play acting. Encourage them to make the story come alive. Keep a box of props to help in illustrating the Bible characters, such as bath robes, scarves, and a cane.
  5. Practice finding the texts in the Bible. Explain each part so the children can understand the meanings. Read together.
  6. Use paper plates to make animal or people masks to illustrate stories such as Daniel and the lion's den, creation, and the Garden of Eden. Act out the story of their choice.
-

BUSY BEE

1



## Artist

1. Explain what an artist is. Name creation's Master Artist.
2. Name and know the primary colors.
  - a. Mix these colors to make three new colors.
  - b. Use these six colors to make a picture.
3. Demonstrate how to sharpen pencils and clean brushes.
  - a. Sharpen two pencils.
  - b. Using water, clean your brushes.
4. Make a design with each of the following:
  - a. Fingerpaints
  - b. Colored pencils
  - c. Felt markers
5. Learn an art technique and demonstrate two of the following:
  - a. Potato prints
  - b. Stencil
  - c. Papier-mâché or clay model
  - d. Bread dough art
6. Make two of the following:
  - a. Invitation
  - b. Bookmark
  - c. Greeting card
  - d. Poster

### Helps

1. One who professes and practices an imaginative art. Discuss with the children what type of artist they are. Do they sing, play an instrument, draw, act in plays, do crafts, etc. In different ways we are all artists.
2. Red, yellow, and blue are the primary colors. Mix red and yellow to make orange, yellow and blue to make green, and blue and red to obtain violet.
3. Teach how to sharpen pencils. Stress cleaning brushes thoroughly. Demonstrate safety in handling pencils and brushes.
4. Wear aprons when working with fingerpaints or felt markers. Kids may make designs of things God made and tell the day He made them.
5. Teach children to make fun designs and to clean up after their project is completed. The Internet, craft books, or your local library will have resources that will be helpful.
6. Make an invitation to an Adventurer meeting, church program, etc. Make a card, bookmark, or other item that may be given as a gift to an older person or shut-in.

# Butterfly



1. Learn how butterflies live and eat.
2. Collect pictures, stickers, or photos of butterflies that live in your state.
3. Discuss and draw the life cycle of the butterfly.
4. Memorize John 3:7 and discuss the story of Nicodemus in John 3.
5. Make one of the following crafts:
  - a. A butterfly on the sidewalk with chalk
  - b. A torn construction paper picture of a butterfly
  - c. A butterfly in the sand or snow
  - d. A butterfly mobile
  - e. A butterfly magnet
  - f. A butterfly made with beads
  - g. A butterfly made of colored tissue clipped together with a clothespin
6. Learn a song about butterflies.

## Helps

1. The butterfly is solitary except during migration, gathering on the damp ground to find water or nocturnal roosting. You may see male butterflies circling around each other to defend their territory. Butterflies and moths have a coiled up drinking straw below their heads called a proboscis. It is used to draw up nectar, water, and other liquids. The length of the proboscis helps determine from which flowers they take nectar. Each type of butterfly picks flowers and usually stays on the same level, either low to the ground or higher. Very seldom will butterflies drink from flowers that face down.
2. Check with your library.
3. (A) Egg; (B) Larva or caterpillar; (C) Pupa or chrysalis; (D) Adult.
4. (Put your hands flat together in front of you, as in prayer. Open and close the top of your hands like a butterfly's wings.) When a butterfly sits and opens and closes its wings it warms its muscles and takes energy from the sun and stores it in its body. When we pray to Jesus we feel warm and good inside and we receive energy from Him to be happy and strong, and to do what is right. Continue to move your hands like a butterfly as we pray.
6. Option: "If I were a butterfly, I'd thank the Lord for my mighty fine wings. . ."

## Resources

- [npwrc.usgs.gov/rsource/disr/lepi](http://npwrc.usgs.gov/rsource/disr/lepi)  
Pictures and information on butterflies in United States by state.
- [wildlifewebsite.com/butterflies](http://wildlifewebsite.com/butterflies)  
Pictures and information on butterflies in Canada.
- [enchantedlearning.com](http://enchantedlearning.com)  
Pictures of butterflies.



## Required

BUSY BEE

1



# Health Specialist

1. Memorize I Corinthians 6:19, 20.
2. Describe a healthy diet. List the basic food groups and plan a meal that includes all the food groups.
3. Explain why your body needs exercise.
4. Record the hours you sleep and tell why you need rest.
5. Explain why you need fresh air and sunlight.
6. Explain why water is important for your body. List the number of glasses of water you should drink each day.
7. Describe and illustrate good dental hygiene.
8. Name three things that may harm your health. Record how you improve over time.
9. Participate in an exercise program.

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## Helps

1. Talk together as a group or family about the principles of the text.
  2. Have a tasting party that includes different healthy foods. Blindfold the children and have them guess what food they are smelling, then enjoy tasting it, OR cut out pictures of food, arrange them on paper plates, and discuss what makes a balanced meal. Visit [choosemyplate.gov](http://choosemyplate.gov).
  3. Exercise keeps muscles strong, strengthens your heart, improves your lung capacity, and makes you look and feel better. Do several exercises for fun and health. "Tortoise and Hare" is a running-in-place exercise. First you "run" 50 steps slowly as a tortoise, then 50 steps fast as the hare would run. Repeat three times. Have a wheelbarrow race in which one child holds the ankles of another child. They both walk forward, one on hands, the other on feet. Then they change places.
  4. When you sleep your muscles and your whole body relax, and your heart and breathing slow. Your body uses this time to recover and repair itself.
  5. Without fresh air you cannot live. Breathe deeply and enjoy! Sunlight contains vitamin D, which helps to form strong bones. Sunlight is a disinfectant. Exercise in the sunlight as in "Russian Hop." Get into a squatting position with your arms folded across your chest. Hop up and forward with both your feet. At the end of each hop, you are back in the starting position. Hop around in a circle.
  6. We lose water when we breathe, sweat, or urinate, and it must be replaced. Your body is about two-thirds or 65 percent water. We must drink two and one-half quarts of water daily to remain healthy. Many foods have water; lettuce is nine-tenths water.
  7. Your family dentist has educational materials that are available for children.
  8. Search the Internet or your public library for a video that will make this a fun learning experience.
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## Buttons

1. Create and decorate a clothing button container.
2. Start a collection of clothing buttons. Variety is more important than quantity, though each child should have approximately 50 buttons.
3. Decorate with buttons and/or complete a button craft.
4. Play the “Button, Button, Who Has the Button?” game.
5. Have a Button Trade Night.
6. Read and discuss Hebrews 13:16.



### Helps

1. Choose a container, such as an oatmeal box, tin, shoe box, or cloth bag. Decorate with buttons, paint, paper, etc.
2. Ask family, friends, and church members for buttons.
3. Suggestions are: Sew buttons on clothing, glue buttons onto a frame, punch holes in heavy cardstock and secure buttons on back to create a card to send someone or to display buttons. Sew on small buttons to decorate napkins, placemats, or napkin rings. Stamp a design on cloth and add buttons. See resources for more button crafts.
4. Stand in circle and start passing the button around. When it stops, someone in middle of the circle tries to guess where the button is. If they guess right, the person holding the button goes to the center.
5. It is important to make this a sharing event and avoid competition. Suggestion: Make teams, giving each team a specific amount of buttons and specific designs to make, but they have the option of trading buttons with other teams to complete their projects, which gives them a sense of sharing with others.
6. Talk about how the children can be like Jesus by sharing with others.

### Resources

- Library for button crafts and history.
- [worldcollectorsnet.com/buttons/buttonsarticle.html](http://worldcollectorsnet.com/buttons/buttonsarticle.html)  
History of buttons
- [craftyjan.com/page13.html#Button%20Star](http://craftyjan.com/page13.html#Button%20Star)  
Ideas for crafts

BUSY BEE

1

## Fish



1. Find three of the fish stories in the Bible:
  - a. Loaves and fishes (Mark 6:34-44 and Matthew 14:13-21)
  - b. Father knows best (Luke 11:11-13)
  - c. Jonah (Jonah 1-2)
  - d. Breakfast with Jesus (John 21:8-113)
  - e. Fishers of men (Matthew 4:18-22)
2. Learn how fish served an important part in providing food for the pilgrims.
3. Learn how to care for a pet fish.
4. Learn about two fish that live in a lake or ocean that is closest to you and how to protect them.
5. Play a fish game or complete a fish craft.

### Helps

1. Help the children find the scripture and review the stories.
2. See resources below on Squanto.
3. Ask someone who has a pet fish or works in a pet store to talk to the children, or get general fish care instructions from a pet store or library and discuss these with the children. Learn about care, food (when and what to feed a fish), and aquariums. Remember, our pet fish depend on us to care for them—they cannot care for themselves.
4. Learn about two types of fish that live near you. Discuss how we can help by keeping the water clean. Never put garbage in lakes or the ocean.
5. Fish game: Make a stick fishing pole with a string and magnet on the end. “Go fish” for goodies like little Bibles, stickers, gummie fish, etc.  
Fish crafts: (also see resources below):
  - a. Make a paper plate aquarium—use two paper plates; cut a round circle in one and put clear or blue-clear plastic wrap on it to make it look like a window into an aquarium. Place fish stickers and draw seaweed/plants on the uncut plate. Glue both plates together, so it is like an aquarium with transparent glass.
  - b. Felt fish. Prepare pre-cut felt fish shapes and have the children decorate them with sequins.

### Resources

- [joyfulheart.com/holiday/squanto/html](http://joyfulheart.com/holiday/squanto/html)  
Squanto’s life
- [gomilpitas.com/homeschooling/explore/pilgrims.html](http://gomilpitas.com/homeschooling/explore/pilgrims.html)  
Squanto helps the pilgrims grow corn with fish
- [enchantedlearning.com/crafts/fish/](http://enchantedlearning.com/crafts/fish/)
- [orientaltrading.com](http://orientaltrading.com)
- [dltk-kids.com/animals/fish/html](http://dltk-kids.com/animals/fish/html)
- Visit a fish hatchery, aquarium, or pet store in your area.
- Give each child a bag of fish crackers.



## Required

BUSY BEE

1



# Safety Specialist

1. Watch a video on home safety and discuss what you learned.
2. With your parents, develop a home fire-safety plan. Describe where the household fire extinguisher(s) is/are kept and how to use it/them.
3. Practice a fire drill at:
  - a. Home
  - b. School
  - c. Church (if possible)
4. As appropriate for your area, practice the following drills:
  - a. Hurricane
  - b. Tornado
  - c. Earthquake
  - d. Flood
  - e. Volcano
  - f. Lightning and thunder
5. Be a “safety detective” for one week.
6. Make a safety poster showing dangerous situations and tell or show what you can do about them.
7. Participate in a safety game.

## Helps

1. Materials are available from your local library or police department. Encourage discussion so you know the children are aware of the need for fire safety.
2. Encourage parents to help the children with a fire safety plan.
3. Make plans for your school, club, and/or church, drawing where and how to get out of the area. Practice these drills.
4. Local police or fire departments or your local library will have information for your particular area and the disasters that may appear so you can inform and prepare the children without frightening them.
5. Make a “safety detective” button or ribbon that the children may wear the week they are recording potential problems at home or school, e.g., a broken latch on a cabinet that has cleaning fluids or medicine in it; frayed wires or broken electrical plugs; a rake lying face up; a broken board in the sidewalk; a broken water faucet; unlabeled containers holding paint thinner, gasoline; broken glass; etc.
6. Ask permission for the posters to be in a public place for adults to see.
7. Give the children safety situations and ask them to answer yes or no, or “I’ll ask Mom and Dad.”

BUSY BEE

1



## Home Helper

1. Assist with two of the following chores:
  - a. Laundry
  - b. Preparing a meal
  - c. Washing the car
  - d. Grocery shopping
2. Set the table and help do the dishes four times in one week.
3. Make your bed and help to clean your room for three weeks.
4. Demonstrate your ability to do two of the following:
  - a. Vacuum the carpet or beat a rug
  - b. Dust furniture
  - c. Sweep or mop
5. Be responsible for emptying the wastebaskets or trash containers for one week. Separate all recyclable materials.
6. Discuss the following and learn to:
  - a. Dust windowsills
  - b. Remove spider webs
  - c. Wash windows
  - d. Clean woodwork
  - e. Separate all recyclable materials
7. Listen to the story of one of these children who helped:
  - a. Samuel
  - b. Namaan's servant girl
  - c. Jesus

### Helps

1. Work is always more fun when shared. Teach the children to be helpful at home by assisting a parent or sibling.
2. Teach the children to properly set a table: fork to left of plate, knife and spoon to right, cup or glass on right above knife, napkin folded and set on plate or left of fork. Teach children to do dishes safely and to do their tasks willingly and with a smile.
3. Children may need assistance with bed making and keeping their rooms clean, but they definitely need to be taught these important responsibilities and good habits.
4. Household chores can be fun and are encouraged as ways a child can do his/her part around the home. Learning to dust, sweep, and vacuum safely and without causing more dust is important.
5. Teach the children to help with emptying wastebaskets and placing contents in larger trash containers. Talk about how trash that isn't cared for properly makes a messy world.
6. You may set up a "house" during Adventurer time. Encourage the children to work together to make the house spic and span, and show them how to perform necessary tasks neatly. Woodwork and windowsills need to be dusted with a clean cloth or, if they are washable, a damp cloth. Place a clean rag or pillow slip over a broom to clean away spider webs. Use water or window cleaner with a clean cloth or paper towels to clean windows.
7. The story may be told by a parent, Busy Bee, or grandparent.



## Music Maker

1. Discuss guidelines for Christians to follow in choosing music.
2. Name and identify six different musical instruments.
3. Make a poster or collage showing the above instruments.
4. Name three musical instruments mentioned in the Bible.
5. Demonstrate how to play a musical instrument.
6. Learn two songs and play or sing them.

OR

Play in a rhythm band or participate in making music with family or friends.



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### Helps

1. Would Jesus listen to this music? Does the music glorify God in Heaven? (Leader should read *Messages to Young People*, pp. 292-296, and share concepts with Adventurers.)
  2. Piano, trumpet, clarinet, cymbals, flute, saxophone, etc.
  3. Make a poster or collage including favorite instruments drawn or cut from magazines.
  4. Exodus 28:33, 34: bells  
I Kings 10:12: harp  
Isaiah 30:29: flute  
I Chronicles 15:16: cymbals  
Isaiah 5:12: clarinet  
Numbers 10:1-10: trumpet
  5. Practice and play a recorder, kazoo, harmonica, etc., OR piano, violin, or other instruments the children are learning to play. Make this fun, using simple instruments for those who may be less musical and yet can enjoy a joyful noise.
  6. Learn two new songs together and sing or play them for others.  
Use rhythm instruments or kitchen utensils to make music. Play together and practice to play for others.
-



## Required

BUSY BEE

1

# Friend of Animals



1. Take care of a pet for four weeks.
  - a. Feed it and be certain it has fresh water.
  - b. Brush your pet and give it a bath or clean its resting place.OR  
Put out scraps or seeds for birds or animals in your neighborhood.
  - a. Identify creatures that eat these scraps.
  - b. Draw and color pictures of them.
2. List creatures that live in your neighborhood.
3. Match 10 animals with their houses.
4. Make an animal mask.
5. Play an animal game.
6. Visit one of the following:
  - a. Zoo
  - b. Kennel
  - c. Museum
  - d. Farmyard
  - e. Aviary
  - f. Pet shop
7. On what day of creation did God create the animal you cared for?

## Helps

1. Help each child to learn responsibility and care of a pet. (You may purchase a group pet and take turns caring for it.) Talk about what is good for their pet and what foods, toys, etc. are not.
2. Teach the children to be observant of nature and where to obtain help in identifying animals, such as a library or museum.
3. Play games matching animals and their homes. Use a felt animals and homes set, pictures, etc. Explain an interesting fact about each animal, such as when a crab grows, it needs to find a new and larger home; the turtle's home grows with the turtle; etc.
4. Let the children choose an animal they enjoy learning about. Using a paper plate, draw and color this animal, cutting eyes so they can see out. You may want to tell a story about animals so the children may take part as the animal they made. As an alternative or additional activity, you can play the animal sounds game: Someone makes the sound and the animal answers and tells what it is, or everyone guesses.
5. Choose from different animal games, such as animal lotto, animal dominoes, and birds and animals games available at the Adventist Book Center.
6. Talk about what you saw and learned.
7. See Genesis 1:20-2:1.



## Flowers

1. List five flowers mentioned in the Bible.
2. Identify 10 of the following:
  - a. Daffodil
  - b. Daisy
  - c. Geranium
  - d. Tulip
  - e. Pansy
  - f. Chrysanthemum
  - g. Rose
  - h. Carnation
  - i. Gladiolus
  - j. Lily
  - k. Iris
  - l. Petunia
3. Tell what attracts bees and insects to flowers and what it is they get from flowers.
4. Describe three ways in which flower seeds are scattered.
5. Play a pollen game.
6. Make a bookmark using dried flower petals.
7. Take a bouquet of garden flowers to share with someone.

### Helps

1. Use a Bible dictionary or concordance to look up texts: Song of Solomon 2:1-2, 5:13, and 6:2; Matthew 6:28, 29; etc.
2. You may substitute garden flowers common to your area. Show live flowers whenever possible, although flashcards, magazines, or seed catalog pictures may be used.
3. Colors, smell, and motion attract insects to flowers. Nectar, pollen, and water is taken from the flowers.
4. Flower seeds are scattered by birds, wind, insects, and animals. Check with your state agricultural department for educational materials.
5. Using butcher paper or newspaper, cut a flower shape that is at least four feet in width and lay it flat on the floor. In the center of the flower place a cup of sugar water. Sprinkle powder on the rest of the flower. Give each child a straw and let them one at a time try to get the "nectar" from the cup without touching the "pollen" powder. Most flowers are pollinated successfully when an insect drinks the nectar, though sometimes insects are able to bypass the pollen.
6. Pick and dry petals from several different flowers. Cut white paper 2 × 7 in and arrange petals on it. Cover with clear contact paper and trim excess material. Your bookmark may be given as a gift for Mother's Day, a birthday, etc.
7. Pick a bouquet of garden flowers, arrange them nicely, and take them to someone to make him/her happy, OR make a silk flower arrangement and share it (could be taken to Sabbath School).

BUSY BEE

1



## Guide

1. Describe what a guide does.
2. Draw a map or give your group directions to your house.
3. Be able to lead someone to the following locations:
  - a. Post office
  - b. Grocery store
  - c. Phone booth
  - d. Police station
  - e. Church
  - f. School
4. Demonstrate how to ask for directions, and list people whom you can safely ask.
5. As a group, organize a trip to and visit one of the following:
  - a. Museum
  - b. Fire station
  - c. Art festival
  - d. Water-treatment plant
  - e. Monument
  - f. Police station
  - g. Factory
6. You have been a guide to different places, but who is our Guide according to Psalm 48:14?

## Helps

1. A guide is a person who shows the way.
2. Learning to give simple directions is the goal. Children at times have to give directions to emergency personnel as well as to visiting family. Have a map of your area to help them understand north and south or left and right.
3. Using butcher paper, draw a large map of your town that shows the places listed. Show street names necessary to reach the different places.
4. Practice asking courteously and listening carefully to directions. Play a directions game. Divide the group into teams. Teacher will hide an object in the room and one person on each team will know where the object is. These people will give oral directions only once to the first member of their team. These team members will try to find the object without further instructions. Give each child a chance to find the object or give instructions.
5. Explain how you make arrangements to visit one of the places listed. Before the trip, give the children information as to expected behavior and what to be looking for.
6. Help the youngsters understand that God is with us and is our Guide throughout our lives. He really knows and cares about each one of us.

# We are Adventurers!

Music and Words by Joann M. Herrington

Chords: F, Bb, F, C7

Voice: We are Ad-ven-tur-ers; at home, at school, at play; We are Ad-ven-tur-

Piano

Chords: F, F7, Bb, C7, F, A7

Voice: ers, We're learn-ing ev'ry day to be hon-est, kind, and true, to be like Je-sus through and

Pno.

Chords: Dmin, Gmin, F, C7, F

Voice: through - - - We are Ad-ven-tur-ers!

Pno.

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Name \_\_\_\_\_



**Basic**

- I. Recite and accept the Adventurer Pledge.
- II. Complete the Busy Bee Reading award.

**My God**

- I. A. Create a story chart or lapbook.
- B. Use your story chart or lapbook to show someone how much Jesus cares for you.
- II. Complete the Bible I award.
- III. A. Spend regular quiet time with Jesus.
- B. Ask three people why they pray.

**My Self**

- I. Participate in an activity or make a craft showing different people who care for you.
- II. Name four feelings. Participate in an activity or make a craft showing different feelings.
- III. Complete the Health Specialist award.

**My Family**

- I. Show or explain what you like about each family member.
- II. A. Discover what the fifth commandment (Exodus 20:12) tells you about families.
- B. Act out three ways you can honor your family.
- III. Complete the Safety Specialist award.

**My World**

- I. Tell how you can be a good friend.
- II. A. Discuss the work people do for your church.
- B. Learn about one job by helping the person do it.
- III. Complete the Friend of Animals award.

**Other Awards Completed**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.



# Contacts

## **YOUTH MINISTRIES DEPARTMENT** **NORTH AMERICAN DIVISION OF THE SEVENTH-DAY ADVENTIST CHURCH**

Email: [info@adventistyouthministries.org](mailto:info@adventistyouthministries.org)

Web: [AdventistYouthMinistries.org](http://AdventistYouthMinistries.org)

Local conference contact information can be obtained  
from your pastor or the Adventurer Club director.

### **Adventist Book Center**

(resources for children's ministries)

800.765.6955

Web: [AdventistBookCenter.com](http://AdventistBookCenter.com)

### **AdventSource**

(for additional Adventurer Club resources and uniform supplies)

5120 Prescott Avenue

Lincoln, NE 68506

Toll-free in Canada and United States: 800.328.0525

Phone: 402.486.8800

Fax: 402.486.8819

Web: [AdventSource.org](http://AdventSource.org)

## WELCOME TO THE EXCITING WORLD OF BUSY BEES!



The *Busy Bee Leader's Guide* is packed with resources to help you teach first graders Christian principles and life skills while engaging them in fun, creative play. In this step-by-step guide, you'll find helpful answers to the questions:

- Who are Busy Bees?
- Why do Busy Bees act the way they do?
- How should leaders prepare for success and safety?
- How can I include Busy Bees with disabilities?
- What is included in the Busy Bee program?

This leader's guide also includes complete instructions for 22 themed meetings that fulfill Busy Bee program and award requirements. Each meeting includes a list of materials and resources, along with crafts, games, songs, and educational activities that support the theme.

